

**The Perfect
Layover**

HOW TO BEAT THE
AIRPORT BLUES

 **NATIONAL
GEOGRAPHIC**

TRAVELER

NOBODY KNOWS THIS WORLD BETTER | November 2013

MEXICAN MYSTERY

A JOURNEY TO THE PAST

TRAVELERS OF THE YEAR

ORDINARY PEOPLE,
EXTRAORDINARY
STORIES

THE SWEET DANISH LIFE

COPENHAGEN: COOL,
CREATIVE, CAREFREE



ARIZONA'S OUTLAW COUNTRY

PLUS: PICO IYER'S SANTA BARBARA / GETTYSBURG
ST. CROIX / CHARLESTON / KYRGYZSTAN / HARLEM

ALSO AVAILABLE ON THE IPAD, NOOK, KINDLE, AND ONLINE

VISIT...

LANZAROTE
Caliente.COM



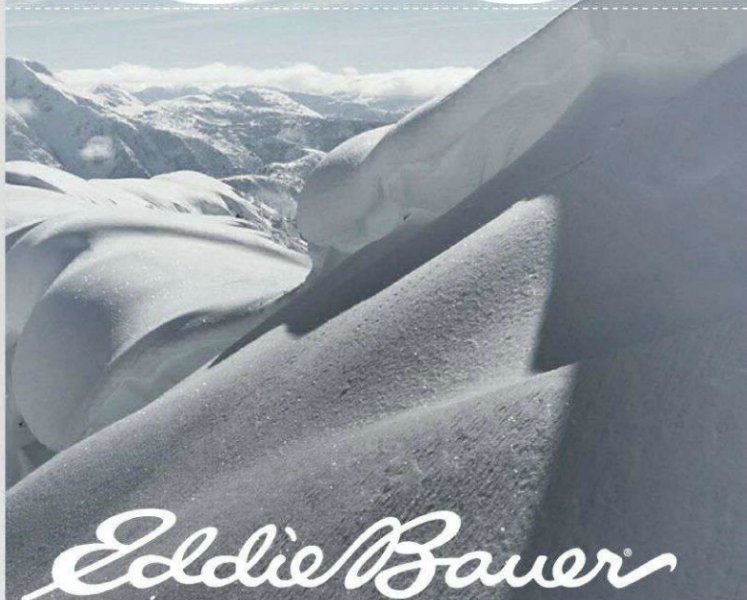
EDDIE.



SET



GO.™



Eddie Bauer

THE FIRST ASCENT® PROPELLANT JACKET

The most breathable insulated soft shell ever built by Eddie Bauer. Constructed with stretch-woven, weather-shedding material and high-loft Polartec® Alpha® insulation for enhanced airflow and award-winning performance during elevated aerobic activities. Guide built and trusted by Eddie Bauer snowboarder Wyatt Caldwell.

LIVE YOUR ADVENTURE

TRAVEL TIPS + TOOLS



From left: Torre Monumental, in Buenos Aires, Argentina; Azure Window, famous stone arch on Gozo island, Malta.

What does it take to become a better traveler, someone who gets the most from a trip? Smart travelers know that great travel tips can make for wonderfully memorable trips, and a seemingly simple idea can go a long way. Here are a few suggestions to add to your travel toolbox. **Remember, with Chase Sapphire Preferred®, you earn 2X the points on travel and dining at restaurants.**

BEFORE YOU GO

Planning matters, of course, but to overplan is to shortchange the travel experience. Serendipity, seasoned travelers know, is the genie of travel. Where to go, when to go, and where to stay are the nuts and bolts of planning. If you have only a few days, think about heading to a destination in—or close to—your time zone to cut down on jet lag. For instance, Buenos Aires is only one hour ahead of New York City. Off-season travel is worth considering. By September, for example, the island of Malta is no longer packed with summer travelers, but the Mediterranean is still warm enough for swimming. Accommodations can make or break a trip. Research the options, but remember that nothing gets you closer to that just right room than a conversation with someone at the

hotel. Traveling with kids? A hotel swimming pool—outdoors or in—makes for happy campers.

BEING THERE

Tablets and smartphones are terrific travel aids, with transportation and information apps, location-aware guides, quick-and-easy translations, and maps that take up no real travel space. That said, there is great enjoyment to be had by powering down and lingering in a café over a cup of coffee and a local newspaper. Follow up with a half hour or so at a museum; plan in advance and hit the highlights. Always ask your hotel concierge where the locals eat, shop, and play. At-your-service allies, they can provide great restaurant leads and more, from where to shop for designer clothes at a discount to the right-now spot for late-night music.

And no matter where you find yourself—town, country, or in the wild—take in the small details (the songs of birds, the aroma wafting from a bakery).

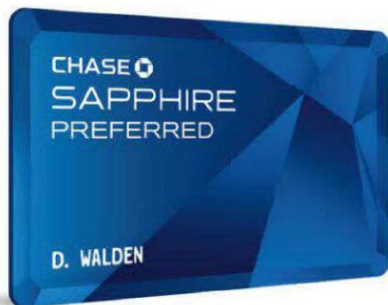
WINDING DOWN

Make notes while the memories are fresh. If you were impressed and inspired by a restaurant, hotel, tour guide, or outfitter, a short thank-you note should pave the way for fine treatment if and when you return. The plane ride home is a good time to go through the brochures, business cards, and receipts (from hotels, restaurants, and shops) gathered during your trip. Getting 2X the points on travel and dining purchases with **Chase Sapphire Preferred®** gets you closer to your next journey. Learn more at chase.com/sapphire.



SO YOU CAN

SEE FRESH IN A NEW WAY.



2X POINTS ON TRAVEL AND DINING AT RESTAURANTS.

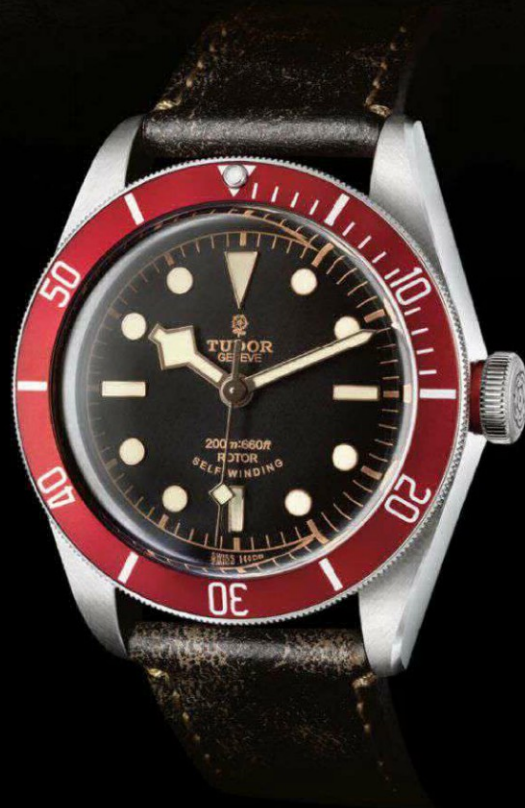
Chase Sapphire Preferred® | chase.com/sapphire



CHASE

INTRO ANNUAL FEE OF \$0 THE FIRST YEAR, THEN \$95

Purchase and balance transfer APR is 15.24% variable. Cash advances and overdraft advances APR is 19.24% variable. Penalty APR of 29.99% variable. Variable APRs change with the market based on the Prime Rate, which was 3.25% on 08/15/13. Annual fee: \$0 introductory fee the first year. After that, \$95. Minimum Interest Charge: None. Balance Transfer Fee: 3% of the amount of each transaction, but not less than \$5. Note: This account may not be eligible for balance transfers. Cash Advance Fee: 5% of the amount of each advance, but not less than \$10. Foreign Transaction Fee: None. Credit cards are issued by Chase Bank USA, N.A. Subject to credit approval. To obtain additional information on the current terms and information on any changes to these terms after the date above, please visit chase.com/sapphire. You must have a valid permanent home address within the 50 United States or the District of Columbia. Restrictions and limitations apply. Offer subject to change. See chase.com/sapphire for pricing and rewards details. © 2013 JPMorgan Chase & Co.



1954 59 YEARS OF CONTINUOUS INSPIRATION
IN THE PURSUIT OF TECHNICAL PERFECTION

Heritage Black Bay is the direct descendant of Tudor's technical success in Greenland on the wrists of Royal Navy sailors. 59 years later, the Black Bay is ready to stand as its own legend.

TUDOR HERITAGE BLACK BAY®

Self-winding mechanical movement, waterproof to 200 m, 41 mm steel case.
Visit tudorwatch.com and explore more.



TUDOR
WATCH YOUR STYLE®

NATIONAL GEOGRAPHIC TRAVELER

CONTENTS

DEPARTMENTS

- 8 EDITOR'S NOTE
- 10 CONTRIBUTORS
- 14 TRAVEL TALK
- 16 INSIDE NAT GEO TRAVEL

19 BEST OF THE WORLD

- 20 GETTYSBURG
- 22 NANTES, FRANCE
- 24 KYRGYZSTAN
- 26 ST. CROIX
- 27 HARLEM

31 SMART TRAVELER

- 32 MY CITY
- 34 TRENDING
- 34 CHECKING IN
- 36 EXPLORER
- 39 ADVENTURE 101
- 40 FAMILY TIME
- 42 PROBLEM SOLVED
- 42 DIGITAL NOMAD
- 44 WORLD CALENDAR
- 46 LOCAL FLAVOR
- 46 STRANGE PLANET

116 TRAVEL QUIZ

52 Danish Modern

Life is easy, breezy, cool in Copenhagen, where design is within reach and even the chocolate transcends

BY BRUCE SCHOENFELD | PHOTOGRAPHS BY SISSE BRIMBERG & COTTON COULSON

66 The Granny Diaries

Tracing family bloodlines to colonial Mexico reveals rich culture—and a revolutionary surprise

STORY AND PHOTOGRAPHS BY PETER McBRIDE

78 The Perfect Layover

Never feel stuck again: Find terminal bliss—or head into town—at these top airports around the world

BY MARGARET LOFTUS

90 Range Rover

Playing hide-and-seek in Arizona's Cochise County, long a haven for outlaws, renegades, and rare wildlife

BY APRIL ORCUTT | PHOTOGRAPHS BY KRIS DAVIDSON

ON THE COVER: NYHAVN, COPENHAGEN'S 17TH-CENTURY HARBOR, BY YOANN JEZEQUEL PHOTOGRAPHY/GETTY IMAGES

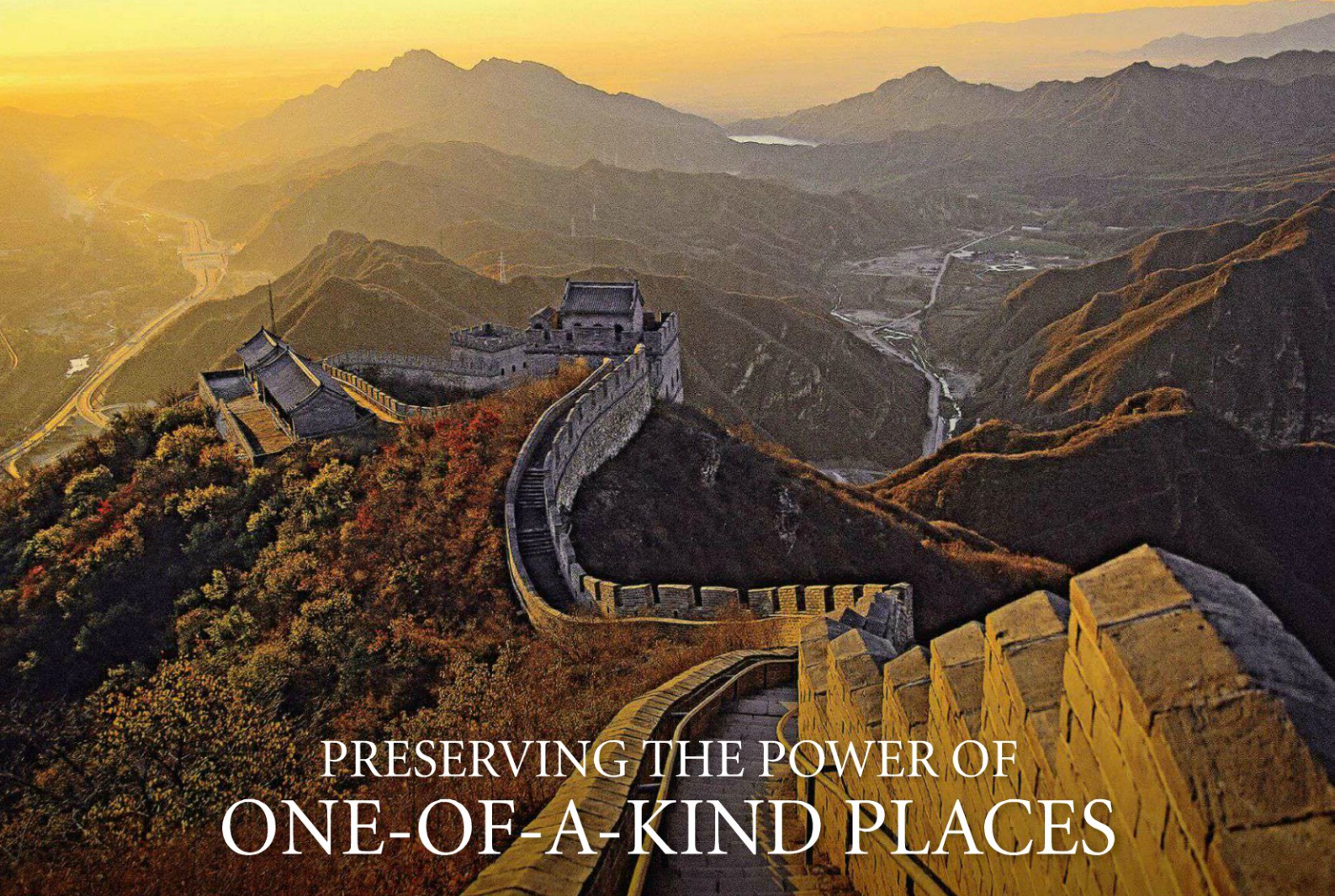
97

TRAVELERS OF THE YEAR 2013

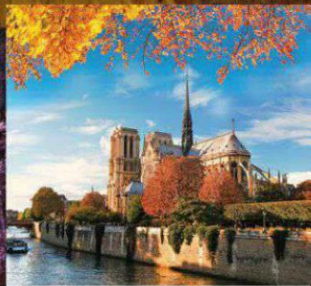
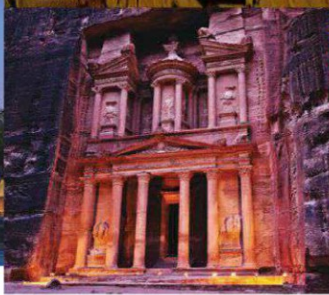
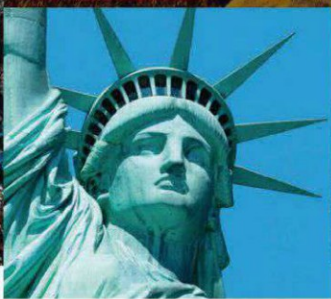
Passion, purpose, and more than a little bit of moxie turned these ordinary people into extraordinary examples for us all—from a quadriplegic cycling 10,000 miles to a blogger helping girls get passports

BY GEORGE W. STONE

Happy trails
in Arizona,
page 90



PRESERVING THE POWER OF ONE-OF-A-KIND PLACES



How will the world's most incredible places be preserved? InterContinental® Hotels & Resorts and National Geographic join in supporting UNESCO World Heritage Sites. The global initiative, **People Protecting Places**, will safeguard these places of outstanding universal value.

You can share in this vision by understanding the importance of traveling responsibly and embracing the need for sustainable tourism. InterContinental Hotels & Resorts helps by encouraging our guests to experience

life-enriching travel. We treasure and work to preserve the special character of local communities, authentic cultural heritage, and spectacular natural sites that make each destination unique.

Together, we can ensure that the world's remarkable cultures and landscapes endure. Discover, be inspired, and be transformed. We're here to guide you.

Learn more about World Heritage, and see how you can help at whc.unesco.org



World Heritage Convention



'It's always worth exploring the
cobble streets of Beacon Hill,
known locally as Antiques Row.'

Marc Simoneau
Chief Concierge
InterContinental
Boston

Find it now via
our iPad App.



The InterContinental Concierge
Service will inspire and assist
your perfect experience,
wherever you choose to go.



"Explore the area" online



Concierge iPad App



"Insider knowledge" guides



Concierge Lounge



Over 150 destination videos

Do you live an InterContinental life?



INTERCONTINENTAL.
HOTELS & RESORTS

visit intercontinental.com



Travel made fun:
Dubai's airport

The Layover Makeover

IN MORE THAN 50 YEARS of airplane travel I've logged hundreds of hours in airports, many during unanticipated layovers. I note this as I sit, delayed by thunderclouds and lightning, in Atlanta's Hartsfield-Jackson International Airport. My instinct is to spend as little time as possible here, yet these days I'm conflicted. This no longer is the drab place that 20 years ago offered travelers a handful of newsstands and fast-food joints. Atlanta's airport now is a little city with a broad range of diversions. It became the first airport in the United States to offer Minute Suites—small private rooms on Concourse B that include daybeds, workstations, free Wi-Fi, and a noise-neutralizing system. The restaurant One Flew South, which bills itself as “the first upscale dining experience at the world's busiest airport,” serves prime sushi and sources many of its provisions from around the area. Other hunger busters include the regionally

themed Atlanta Hawks Bar and Grill, Atlanta Bread Company, and Savannah's Candy Kitchen. Shoppers can find everything from Brooks Brothers to Brookstone to Bulgari.

My delay looks to be a trivial two hours. If it were longer, I'd weigh my options. Stay here—or venture into town (about 20 minutes on Atlanta's rapid transit, MARTA), where I might catch Monets, Rodins, Renoirs, and works by Southern folk artists at the High Museum of Art? The increasingly rich offerings at airports in Atlanta, Hong Kong, Dubai, and other cities, along with new high-speed access to many downtowns, have created a conundrum—and opportunity—for passengers with found time. On page 78, we present the best stay-or-go options at 12 major airports around the world, and with them, some peace of mind: Whatever you decide, you won't be bored.

— KEITH BELLOWS

The increasingly rich offerings at airports, along with high-speed access to many cities, have created a conundrum—and opportunity—for passengers with found time.

OUR
MISSION

National Geographic Traveler reports on destinations of distinction and character, and supports efforts to keep them that way—believing that to enhance an authentic sense of place will benefit both travelers and the locations they visit. For more information, visit travel.nationalgeographic.com/travel/sustainable.

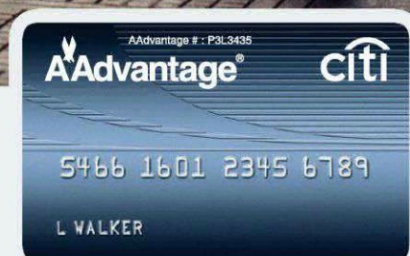
THE CITI® / AADVANTAGE® CARD

THE JOURNEY IS JUST BEGINNING. ✈



The Citi® Platinum Select® / AAdvantage® World MasterCard®.
FREE CHECKED BAG * GROUP 1 BOARDING * DOUBLE MILES OPPORTUNITY

Learn about enhanced benefits at citi.com/journey or see an American Airlines agent.



LOVE THE JOURNEY.



Free Checked Bag: Baggage fee waiver is for domestic travel and does not apply to oversized or overweight bags.

Double Miles: Earn 2 AAdvantage® miles for every \$1 you spend on eligible American Airlines purchases.

American Airlines reserves the right to change the AAdvantage® program and its terms and conditions at any time without notice, and to end the AAdvantage® program with six months' notice. American Airlines is not responsible for products or services offered by other participating companies. For complete AAdvantage® program details, visit aa.com/aadvantage. American Airlines, AAdvantage, AAdvantage with Scissor Eagle design and Scissor Eagle design are trademarks of American Airlines, Inc. Citibank is not responsible for products or services offered by other companies. Cardmember benefits are subject to change.

© 2013 Citibank, N.A. Citi, Citibank, Citi with Arc Design and Citi Platinum Select are registered service marks of Citigroup Inc.

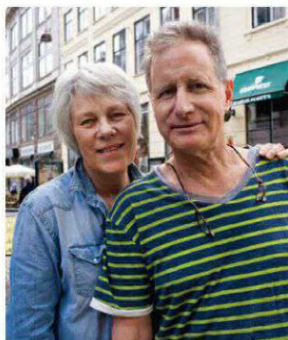
SISSE BRIMBERG & COTTON COULSON

PHOTOGRAPHERS,
"DANISH MODERN"

HOME: Glasgow, after a decade in Copenhagen. Scotland's natural beauty helps ease the transition.

NORDIC TRACK: When we lived in Copenhagen, our favorite way to wind down was to walk, run, and bird-watch around the moat and ramparts of Kastellet, the old bastion of the harbor.

CITY LENS: What makes Copenhagen unique is its design—how the new and old traditions coexist, how it manifests itself in people's daily lives. Even the airport has world-class furniture to experience. Some of the chairs are worth \$10,000.



DANISH CHIC: Copenhagen's fashion scene has changed a lot. Back in the 1970s, everyone dressed the same, in blue jeans and olive green jackets. Strøget today is like a runway for all that's hip and colorful.

GO GLOW: We dream of March in Svalbard, Norway, when the light returns to the far north archipelago, and the sun hangs just above the horizon. The mountains glow pink, blue, and purple.



PETER McBRIDE

WRITER & PHOTOGRAPHER,
"THE GRANNY DIARIES"

HOME: The quiet Rockies town of Basalt, Colorado.

TRIP OF A LIFETIME: Years ago, I rode in a WWI replica, open-cockpit biplane on a reenactment of the first African air passage of 1920, from London to Cape Town, up the Nile and down eastern Africa. It took 58 days; two French Mirage jets intercepted us over the Red Sea.

OUT OF AFRICA: While I was working on a story about the legal drug trade of qat in Djibouti, officials confiscated my photo memory cards and deported—or as I like to say, "Djibouted"—me.

LA VIDA LOCAL: Streets and plazas are the living room of Latin culture. That's where to find the best food and drinks—and maybe even dance with some elderly ladies and belt out mariachi songs.

BOOKMARKED: *The Emerald Mile*, by Kevin Fedarko, is a wild adventure on the Colorado River, rich in history with Spanish explorers and a crazy boatman in the Grand Canyon.

PICO IYER

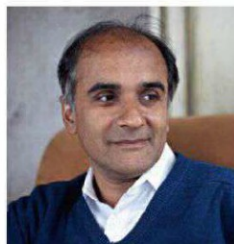
WRITER, MY CITY: SANTA BARBARA

HOME: I spend a few months a year in Japan on a tourist visa, but Santa Barbara has been my base since I arrived in the U.S. in 1965, when I was 8.

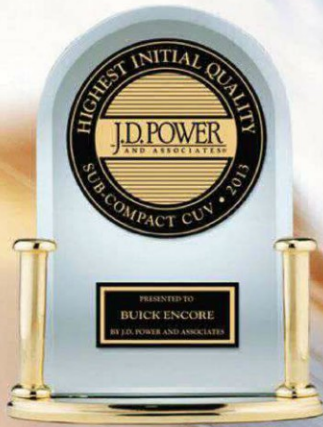
URBAN RENEWAL: Even one's hometown can be a grand adventure and discovery, if only one can look at it with the right—fresh—eyes.

TRANSFERRING TITLES: The mystery stories of Ross Macdonald and Sue Grafton are fine evocations of the secrets and hidden treasure of Santa Barbara. On the other end of the spectrum, I'm currently rereading *Behind the Beautiful Forevers*, by Katherine Boo. It's the best nonfiction account of a very foreign place (a slum next to the Mumbai airport) that I've read in years. Anyone interested in our new global order—or humanity itself—would be moved and humbled to read it.

WANDERLUST: I've always been haunted by Mali—just the sight and the thought of those mud-wall mosques draw me magnetically. I may have missed my chance for a bit, though, as new troubles seem to have descended.



SOUVENIRS: I'm fortunate to have enough travel memories and images to keep me going for decades.



THE 2013 BUICK ENCORE IS THE
"HIGHEST RANKED SUB-COMPACT
CUV IN INITIAL QUALITY IN A TIE."*

SO NIMBLE, IT EVEN HANDLES
HIGH PRAISE WITH EASE.



BUICK ENCORE

*The Buick Encore received the lowest number of problems per 100 vehicles among sub-compact CUVs in a tie in the proprietary J.D. Power 2013 Initial Quality Study.SM Study based on responses from 83,442 new-vehicle owners, measuring 230 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed in February-May 2013. Your experiences may vary. Visit jdpower.com. ©2013 General Motors. All rights reserved. Buick® Buick emblem® Encore®

**NATIONAL
GEOGRAPHIC**
TRAVELER

PUBLISHED IN 15 COUNTRIES AND 12 LANGUAGES

OFFICES IN WASHINGTON, D.C. • LONDON • AMSTERDAM • BARCELONA • MILAN • MOSCOW • PRAGUE • WARSAW • BUCHAREST • TEL AVIV • BEIJING • JAKARTA • MUMBAI • ULAANBAATAR • MEXICO CITY

EDITOR & SENIOR VICE PRESIDENT, TRAVEL MEDIA Keith Bellows

EXECUTIVE EDITOR Norie Quintos **CREATIVE DIRECTOR** Jerry Sealy **DIRECTOR OF PHOTOGRAPHY** Daniel R. Westergren
SENIOR EDITOR Jayne Wise **ASSOCIATE EDITORS** Amy Alipio, Katie Knorovsky, Susan O'Keefe **COPY EDITOR** Judy Burke
DEPUTY ART DIRECTOR Leigh V. Borghesani **ASSOCIATE ART DIRECTOR** Michele Chu **SENIOR PHOTO EDITOR** Carol Enquist
PHOTO EDITOR Krista Rossow **DESIGN & PHOTO ASSISTANT** Kathryn Naumiec **CHIEF RESEARCHER** Marilyn Terrell **SENIOR RESEARCHER** Meg Weaver
MANAGING EDITOR, E-PUBLISHING Kathie Gartrell **PRODUCTION MANAGER** David M. Burneston **EDITORIAL BUSINESS MANAGER** Jeannette Kimmel
ASSISTANT TO THE EDITOR Devon Maresco **ASSISTANT RESEARCHERS** Christine Bednarz, Monika Joshi **INTERNS** Madeleine Delurey, Kristin Lucey

DIGITAL MEDIA VICE PRESIDENT, TRAVEL Andy Coleman **MANAGER OF TRAVEL CONTENT** Carolyn Fox
ASSOCIATE PRODUCER Andrea Leitch **SENIOR PHOTO EDITOR** Sarah Polger **BLOG EDITOR** Leslie Magraw

DIGITAL NOMAD Andrew Evans **ADVENTURE EDITOR** Mary Anne Potts **GEOTOURISM EDITOR** Jonathan B. Tourtellot
EDITORS AT LARGE Sheila F. Buckmaster, Costas Christ, Patrick Dowd, Christopher Elliott, Don George, Andrew McCarthy, George W. Stone
CONTRIBUTING EDITORS Elizabeth Berg, Carl Hoffman, Raphael Kadushin, P. F. Kluge, Charles Kulander, Barton Lewis, Margaret Loftus,
 Boyd Matson, Rudy Maxa, Joyce Maynard, Peter McBride, Daisann McLane, Andrew Nelson, Edward Readicker-Henderson
CONTRIBUTING PHOTOGRAPHERS Massimo Bassano, Sisse Brimberg, Cotton Coulson, Macduff Everton, Justin Guariglia, Aaron Huey,
 Catherine Karnow, Bob Krist, Michael Melford, Palani Mohan, Chris Rainier, Jim Richardson, Susan Seubert, Dave Yoder

PUBLICIST Heather Wyatt ntraveler@hwyattpr.com; 212-610-5535 **MARKET RESEARCH MANAGER** Tracy Hamilton Stone

PRODUCTION & MANUFACTURING SENIOR VICE PRESIDENT Phillip L. Schlosser **DIRECTOR** Gregory Storer
MANUFACTURING MANAGER Robert L. Barr **PRODUCTION MANAGER** Callie Norton

PUBLISHER & VICE PRESIDENT, GLOBAL MEDIA Kimberly Connaghan

NATIONAL TRAVEL BRAND DIRECTOR John Campbell jbcampbel@ngs.org
ADVERTISING North America Sales Offices 161 Sixth Ave., New York, N.Y. 10013; 212-610-5500, Fax: 212-741-0463
NEW YORK | BRAND MANAGERS Tammy Abraham tabraham@ngs.org; Hilary Halstead hhalstea@ngs.org; Doug Harrison dobarris@ngs.org;
 Kathleen Kertesz Fernandez fkfernand@ngs.org; Danielle Nagy dnagy@ngs.org **TRAVEL DIRECTORY MANAGER** Laura Robertson larobert@ngs.org
SOUTHEAST | RANGER MEDIA GROUP, INC. Kenneth M. Farber ken@rangergroup.com; 770-391-9905
MIDWEST | BRAND MANAGER Bill Graff bgraff@ngs.org **DETROIT | BRAND MANAGER** Karen Sarris ksarris@ngs.org; 248-358-4360
ROCKY MOUNTAIN STATES | FOUR CORNERS MARKETING Layne Middleton fourcrns@aol.com; 928-443-8540
WEST COAST | BRAND MANAGER/TRAVEL Kevin Carr kcarr@ngs.org; **BRAND MANAGER** Eric Josten ejosten@ngs.org
HAWAII | DESTINATION MARKETING HAWAII Debbie Anderson debbieanderson@dmbhawaii.com; 808-739-2200
CANADA | PUBLICITAS APR Françoise Chalifour francoise.chalifour@publicitas.com; 416-363-1388, Fax: 416-363-2889
MEXICO & CENTRAL AMERICA Adelina Carpenter acarpent@prodigy.net.mx; 011-52-555-543-7677, Fax: 011-52-555-543-7580

MAGAZINE PUBLISHING ADMINISTRATION 1145 17th St. N.W., Washington, D.C. 20036-4688
BUSINESS & FINANCE MAGAZINE PUBLISHING VICE PRESIDENT Margaret Schmidt mschmidt@ngs.org **BUSINESS MANAGER**
 John Paternmaster jpaterma@ngs.org; **ASSOCIATE FINANCIAL ANALYST** Erica Ellis cellis@ngs.org **ADVERTISING RESEARCH**
DIRECTOR Jeffrey Johnson jjohnson@ngs.org **CONTRACTS MANAGER** Cindy Ramroop cramroop@ngs.org; 202-775-6781
CONSUMER MARKETING VICE PRESIDENT, GROUP CIRCULATION Elizabeth M. Safford lsafford@ngs.org
MARKETING & EVENTS MARKETING DIRECTOR Pandora Todd ptodd@ngs.org; 202-775-6795
INTERNATIONAL MAGAZINE PUBLISHING VICE PRESIDENT Yulia P. Boyle yboyle@ngs.org **ACCOUNTS MANAGER** Ariel Deiacol-Loehr adeiacol@ngs.org

EDITORIAL OFFICE 1145 17th St. N.W., Washington, D.C. 20036-4688

SUBMISSIONS Submission of photographs, articles, or other materials is done at the risk of the sender; *Traveler* cannot accept liability for loss or damage.

SUBSCRIPTIONS Published eight times a year. U.S., \$19.95 a year; Canada, \$24.95 (U.S. funds); elsewhere, \$25.50 (U.S. funds). For subscription questions, please call 1-800-NGS-LINE (647-5463). To subscribe online, visit www.nationalgeographic.com.

 Not saving this issue? Then please recycle.



NATIONAL GEOGRAPHIC SOCIETY

CHAIRMAN AND CHIEF EXECUTIVE OFFICER John M. Fahey, Jr. **EXECUTIVE VICE PRESIDENT AND CHIEF FINANCIAL OFFICER** Tracie A. Winbigger
EXECUTIVE VICE PRESIDENT AND PRESIDENT, PUBLISHING AND DIGITAL MEDIA Declan Moore **EXECUTIVE VICE PRESIDENT AND WORLDWIDE PUBLISHER,**
GLOBAL MEDIA Claudia Malley **EXECUTIVE VICE PRESIDENT, TRAVEL** Lynn Cutter **CHAIRMAN EMERITUS** Gilbert M. Grosvenor
EXPLORERS-IN-RESIDENCE Robert Ballard, Lee Berger, James Cameron, Wade Davis, Jared Diamond, Sylvia Earle, J. Michael Fay, Beverly Joubert,
 Dereck Joubert, Louise Leakey, Meave Leakey, Johan Reinhard, Enric Sala, Paul Sereno, Spencer Wells

COPYRIGHT © 2013 NATIONAL GEOGRAPHIC SOCIETY. ALL RIGHTS RESERVED. NATIONAL GEOGRAPHIC TRAVELER: REGISTERED TRADEMARK © MARCA REGISTRADA. PRINTED IN THE U.S.A.



Europe's
Best Airline

Globally Yours

**TURKISH
AIRLINES**



FLY WITH THE BEST

The world's best players enjoy our Business Class with the comfort of 180° flatbed seats, culinary delights prepared by flying chefs,* and our signature Turkish hospitality. If you feel you deserve the best, fly aboard Europe's best airline, Turkish Airlines.



Voted Europe's Best Airline at the 2013 Skytrax Passengers Choice Awards

*The flying chef service is available on flights which take 8 hours or more.

www.turkishairlines.com | 1 800 874 8875

A STAR ALLIANCE MEMBER



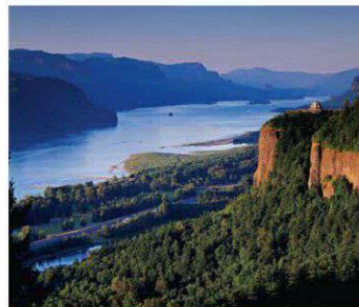


“Thanks for writing about Ibiza’s quieter side. It’s great to know that there is more than nightlife there, with charm and beautiful places to visit.”

—RICHARD E. VELEZ ON AN INTELLIGENT TRAVEL BLOG POST

policy forbids photography inside the chapel, but the rule seems to not always be enforced, says *Traveler* photography director Dan Westergren, as thousands of ceiling shots exist online.

MATTER OF STYLE Bill Curnow of **Port Charlotte, Fla.**, offered his kudos for “Much Ado About Cornwall” (August/September 2013), with one quibble: “The plural of pasty is pastys. Pasties are an article of minimal apparel seen in ‘gentlemen’s clubs’ and places of that ilk.” The savory pie’s spelling always generates discussion, but when in doubt *Traveler* follows Merriam-Webster.



FLIPPING OUT

We hoped the amazing drives shown in “License to Thrill” (August/September 2013) would drop jaws. But observant readers did a double take when they saw a photo along Oregon’s Historic Columbia River Highway inadvertently transposed (corrected above).

Treasures of the Caribbean

TALK TO US

E-mail: travel_talk@ngs.org

Twitter: @NatGeoTravel

Instagram: @NatGeoTravel

Facebook: National Geographic Travel

Letters:
Travel Talk Editor, *National Geographic Traveler*, 1145 17th St. N.W., Washington, DC 20036

Include address and daytime telephone number. Letters we publish may be excerpted or edited.

Subscriber Services:
ngtservice.com
1-800-NGS-LINE (647-5463)

CHARLES KULANDER danced the Cayman Islands three-step in our August/September 2013 issue (“On Cayman Time”), finding abundant riches on the trio of islands—Cayman Brac, Grand Cayman, and Little Cayman—to the delight of reader Lia Kaufman of **Carmel, N.Y.** “I have been going to Grand Cayman for over 40 years,” she wrote. “When I was a little kid, the airport had chickens running through it. More recently, I have been enjoying Little Cayman’s peace and simplicity, with its incredible starlit nights. I lie on my chaise longue on our second-floor deck and watch shooting stars and every constellation you could wish for.”

WARSAW UPRISING Three decades after Cold War complications ejected him from Poland’s capital, Thomas Swick returned to find a city transformed (“Warsaw, Liberated,” August/September 2013). Swick drew on his personal Communist-era experiences, but several readers expressed

disappointment that more coverage wasn’t given to the city’s tragic Holocaust history. “I spent a few days in Warsaw several years ago,” wrote George Stern of **Philadelphia, Pa.** “Though I saw the exciting changes, I felt that at every step I was walking on a grave—often a Jewish one. How surprising that Swick doesn’t reference the Warsaw Ghetto, which housed 400,000 Jews.” Another reader mentioned Warsaw’s new Museum of the History of the Polish Jews. Note: Our iPad and online versions of Swick’s story further explored World War II losses.

PHOTO FAUX PAS An image of a tourist taking a snapshot in the Sistine Chapel provoked chatter (The Icon, August/September 2013). “We were at the Vatican last June and were told very strictly that there was no photography allowed, even without flash,” wrote Mike Maitre of **Rochester, Mich.** “Did we catch our hosts on a bad day, or were the people in your photo cheating?” The official

Perfect for Getaways

PROLOGUE

*T*hough I often looked for one, I finally had to admit that there could be no cure for Paris. Part of it was the war. The world had ended once already and could again at any moment. The war had come and changed us by happening when everyone said it couldn't. No one knew how many had died, but when you heard the numbers—nine million or fourteen million—you thought, *Impossible*. Paris was full of ghosts and the walking wounded. Many came back to Rouen or Oak Park, Illinois, shot through and carrying little pieces of what they'd seen behind their

kindle

Kindle Paperwhite

Patented built-in light • Books in 60 seconds • Holds over 1,000 books

amazon

ONLINE EXCLUSIVE

O Canada: 50 Amazing Places

Our launch of a digital hub for all things Canadian lets travelers in on North America's massive secret: the wonderland of experiences greeting visitors in the Great White North. Our 50 editor-selected "Places of a Lifetime" span the country and feature photo galleries and insider tips, whether your dream is to soak up the kaleidoscopic lakes of the Canadian Rockies, kayak the reefs of Salt Spring Island (right), navigate the ethnic enclaves of Toronto, or stroll the cobblestones and ramparts of Quebec City.

NATIONALGEOGRAPHIC.COM/
50PLACESCANADA

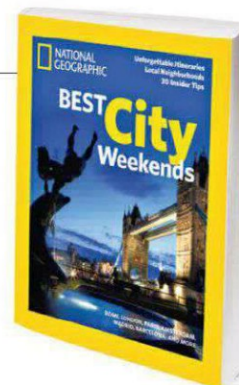


READ IT, DO IT

DEEP IN THE HEART OF JAPAN

In "Japan's Past Perfect" (January/February 2012), contributing editor Don George fell for the pastoral side of the country. His article inspired National Geographic Expeditions' new "Inside Japan" journey, which brings travelers to the vine bridges of Iya Valley, the temples and Zen gardens (below) of Kyoto, the samurai tombs of Mount Koya, and more. Bonus: George will join the October 2014 departure of the trip.

NATIONALGEOGRAPHICEXPEDITIONS.COM/JAPAN

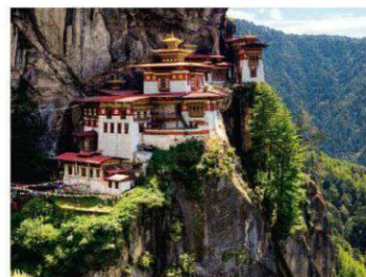


ON NEWSSTANDS

ALL THE CITY NEWS THAT'S FIT TO PRINT

Attention, urbanites: A new *National Geographic* special issue gives weekend itineraries in 30 top cities, from Amsterdam to Washington, D.C., plus our picks for the world's best urban beaches, museums, foods, and more.

ON SALE NOVEMBER 19



EXPEDITIONS

Leaving on a (Private) Jet Plane

Around the world with National Geographic explorers? That fantasy comes true October 23 to November 15 for a group of lucky travelers, including our own Digital Nomad Andrew Evans. Follow his adventures virtually as he meets experts in the field, from marine biologist Sylvia Earle in Palau to anthropologist Wade Davis in Bhutan (above).

NATIONALGEOGRAPHICEXPEDITIONS.COM/
DIGITALNOMAD



MAGAZINE | TRIPS | BOOKS | DIGITAL | PHOTO WORKSHOPS | MAPS

National Geographic Travel draws on a rich heritage of exploration to offer travel content, experiences, and trips that are authentic, engaging, and transformative, while reinforcing the Society's mission to inspire people to care about the planet. nationalgeographic.com/travel



WE BELIEVE A VOYAGE
SHOULD TAKE

YOU **FURTHER
THAN**

YOUR DESTINATION.

EUROPE

NEW ENGLAND
& CANADA

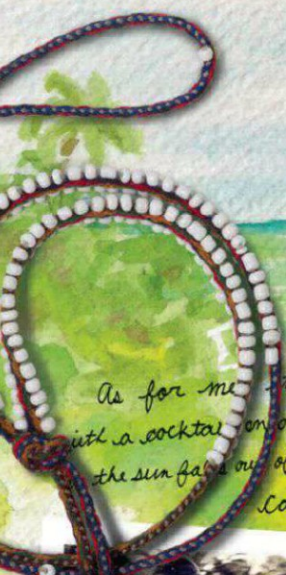
AUSTRALIA
& NEW ZEALAND

PANAMA CANAL

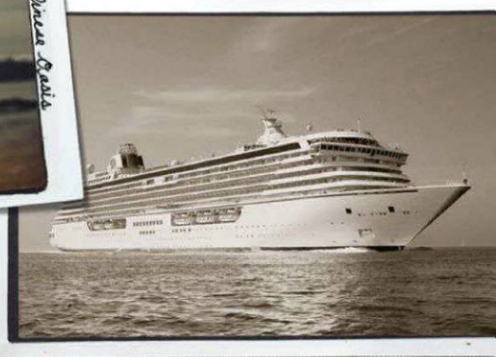
SOUTH PACIFIC
& ASIA

SOUTH AMERICA

WORLD CRUISE



*As for me, today will end
with a cocktail on our veranda,
the sun far out of reach.
Can't wait.*



THE ALL INCLUSIVE



CRYSTAL
CRUISES

BEGIN A NEW STORY™

1.888.755.8353

CALL FOR A FREE BROCHURE
CRYSTALCRUISES.COM/BROCHURE

Watch this ad come alive with the Aurasma app 

©2013 Crystal Cruises, Inc., Ships' registry: The Bahamas.



Tamron has garnered international acclaim for its lenses, including seven consecutive EISA awards, one of the industry's most prestigious awards.



Focal length: 18mm Exposure: F/8 1/1000 sec ISO200 Aperture priority mode

Focal length: 270mm
Exposure: F/8 1/800 sec ISO200
Aperture priority mode

Just one lens for every moment.

18-270mm all-in-one™ ZOOM LENS

You're not just taking pictures — you're creating memories. The versatile Tamron 15X all-in-one 18-270mm lens effortlessly zooms from wide to telephoto so you're able to capture all of your favorite people, places, and things without changing lenses. Just 3.8 inches long and weighing an ultra light 15.9 ounces, the compact lens is as easy to carry as it is to use. Vibration Compensation (VC) technology eliminates camera shake, while the Piezo Drive ensures faster, quieter precision autofocus. Don't get frustrated with a basic kit lens when you're trying to get closer to the important subjects in your life. Just one lens. For all life's moments.

NOW AT A NEW LOW PRICE! Just \$449

(Model B008) For Canon, Nikon and Sony* DSLRs.

*Sony mount does not include VC as stabilization is built into the Sony camera body.



www.tamron-usa.com

TAMRON
New eyes for industry

WHERE TO GO NOW

BEST OF THE WORLD

"The green palmettoes mingle, tall and fair, that ever murmur, and forever move, fanning with wavy bough the ambient air."

—PHILIP FRENEAU

Inside

Gettysburg, Pa. 20

Nantes, France 22

Kyrgyzstan 24

St. Croix 26

Harlem, N.Y. 27

St. Croix, which poet Philip Freneau wrote about in 1776, page 26



Each November, 3,500 candles illuminate Gettysburg's graves.

Seven Score and Ten Years Later

"THAT GOVERNMENT OF THE PEOPLE, by the people, and for the people, shall not perish from the Earth." In the 150 years since Abraham Lincoln gave the "Gettysburg Address," his 273 words have become a hallowed text, "a North Star for the country," as historian D. Scott Hartwig says. Soldiers' National Cemetery hosts an official commemoration ceremony on November 19, including a graveside salute to the U.S. Colored Troops, followed by a parade on November 23. Visitors can also tour the battlefield by podcast, car, bus, or foot, such as on a guided walk interpreting the myriad pressures facing Lincoln in 1863. New this year is the Gettysburg Seminary Ridge Museum,

in a former field hospital that treated 600 soldiers from both sides. On the hill where the first day's battle raged, museumgoers walk on wooden floors that held the wounded, look at pocket Bibles of the fallen, and take in the wide view from the cupola where Union Gen. John Buford saw Confederate brigades stream his way. On and off the battlefield, contemplation comes naturally—whether on a stroll through this antebellum Pennsylvania burg or on a visit to the downtown Wills House, where Lincoln polished his prose. —**LESLIE TREW MAGRAW**

■ **TIP:** TO DELVE INTO THE 1863 LANDSCAPE, DOWNLOAD GETTYSBURG COLLEGE'S FREE WALKING TOUR APP, A WITNESS TO HISTORY.

ATLAS

Gettysburg, Pa.



Before Lincoln's two-minute talk was a two-hour speech intended as the Gettysburg address.

Just one of the thousands of discoveries that make South Africa so unique

South Africa is famous for BIG 5 wildlife, but there are countless other experiences to make your visit even more memorable.

Come and find *Your BIG 5* experiences – unbelievable packages from \$1,999*.

Visit www.southafrica.net



Visit us online and share **Your BIG 5** experiences. Let us inspire you with all that South Africa has to offer.



www.southafrica.net

 VisitSouthAfrica

 @SouthAfrica #MyBig5

Gansbaai, Western Cape

*Terms and conditions apply, rates subject to change.



Inspiring new ways

Parading on a 50-ton pachyderm along the Loire River in Nantes



Popular Mechanics in Western France

ON A SMALL ISLAND in the Loire River in the city of Nantes, a trumpeting mechanical elephant sprays water from its trunk. The curious creature carries 50 passengers at a time, who survey former shipyards from balconies four stories up as well as the internal gears that keep its giant legs lumbering. It's the star attraction of Nantes's Les Machines de L'Île theme park, which has commandeered the once industrial Île de Nantes with a fantasyland of inventions inspired by native son Jules Verne. This year the sci-fi hero's futuristic legacy is also a factor in his hometown's reign as European Green Capital. To spread goodwill for plant-powered energy, an eight-ton

mechanized sculpture called "Aéroflorale II" has spent 2013 traversing the Continent with its creators at the helm. Outfitted with pinwheeling gadgets to suggest a flying greenhouse, the contraption equally shares the good news of Nantes, a tapestry of parks, gardens, wetlands, and bicycle lanes. Pervaded by a spirit of creativity, the city has dreamed up a range of resourceful ideas—from audio tours and art walks to a 15th-century castle turned history museum and a warehouse converted into a hammam. —AMY M. THOMAS

■ **TIP:** EXPLORE ON TWO WHEELS BY RENTING A BIKE FROM ONE OF 103 BICLOO STATIONS SCATTERED AROUND TOWN.

ATLAS

Nantes, France



A scrap of a manuscript by Leonardo da Vinci was discovered in a public library here in 2010.



When you're ready
TO GO GLOBAL, SO ARE WE.

With coverage in more than 200 countries and Global Ready 4G LTE devices, you can use your smartphone abroad like you do at home. Plus, get a global data package for just \$25/100MB.

Doing what you do at home while abroad. That's Powerful.

verizon.com/global

Data package must be added to domestic plan. 100MB allowance works in 120 countries. Coverage limitations, maps & rates at verizonwireless.com/goglobal.
© 2013 Verizon Wireless.



Early morning at a yurt camp in the highlands

Kyrgyzstan—Best Served Raw

LANDLOCKED, HIDDEN BEHIND the empty steppes of Kazakhstan and western China, and guarded by the dizzying peaks of the Tien Shan and Pamir ranges, Kyrgyzstan backs up its enigmatic reputation with formidable geography. But lately the nation's veil has begun to lift. With visa restrictions eased and stability restored after a president-toppling revolution in 2010, tourism is growing by some 20 percent a year. The allure here is Silk Road heritage, not urban grandeur: Seventy-two years of Soviet rule left its mark, from the decaying capital of Bishkek to the gauche beach resorts of Ysyk-Köl. That's OK—Kyrgyzstan's heart beats beyond the brutalist

architecture, out in the backcountry where nomadic life perseveres. Nascent tourism projects offer the chance to stay in a herder's yurt on a golden *jailoo* (pasture), hike through Arslanbob's ancient walnut forest, or sip fermented mare's milk at the caravansaries of centuries-old Tash-Rabat. In the trekking gateway of Karakol, a coffee shop with Wi-Fi has opened—a rare Western amenity. "Locals can't understand," says Aikerim Oskonbaeva, owner of the traveler hangout, "why we don't serve stewed sheep's head." —HENRY WISMAYER

■ **TIP:** ARRANGE HOME STAYS AND LOCAL GUIDES THROUGH A COMMUNITY-BASED TOURISM GROUP (WWW.CBTKYRGYZSTAN.KG).

ATLAS

Kyrgyzstan



The reputed grave of St. Matthew is here along Ysyk-Köl, among the deepest lakes in the world.

NORWEGIANS SKIP MORE HEARTBEATS.

If you get a little giddy on Miami's newest ship, it's perfectly natural. Norwegian Getaway's Free Fall waterslide has been known to produce goosebumps. And the rest of our Aqua Park has tons of thrills for family members big and small. Book your Caribbean vacation today and discover how exhilarating it feels to Cruise Like a Norwegian.®



CRUISE
LIKE A
NORWEGIAN

NCL NORWEGIAN
CRUISE LINE®

CALL YOUR TRAVEL PROFESSIONAL OR 1.888.NCL.CRUISE OR VISIT GETAWAY.NCL.COM

©2013 NCL CORPORATION LTD. SHIPS' REGISTRY: BAHAMAS AND USA.



Coastal Christiansted, former capital of the Danish West Indies

A Virgin Island Returns to Its Organic Roots

DEEP IN THE ST. CROIX rain forest, farmhands pack boxes with Malabar spinach, West Indian gherkins, passion fruit. The bounty is bound for members of a farm-share program that's among the first in the U.S. Virgin Islands. Once the breadbasket of the Lesser Antilles—its arable land is a rarity in this corner of the Caribbean—St. Croix turned industrial in the 1960s and now relies almost entirely on imports. Last year's closing of a large oil refinery here coincided with a back-to-the-land trend. “The new movement isn’t just about growing local food; it’s about the whole island’s health,” explains Nate Olive, owner of Ridge to Reef, which draws agritourists to

explore the organic-certified farm and sleep in rustic cabanas under mango trees. It’s the sort of place where goats amble among trumpet flowers, reggae wafts through a hammock hut, and homemade hot sauce is laced with dried moringa leaves. Elsewhere on the island: Sejah Farm raises Boer goats and runs a market near the old Bethlehem Sugar Factory, and Artfarm’s tidy plot cultivates figs and greens for restaurants such as Savant, with its romantic patio in the shadow of the 18th-century Fort Christiansvaern. —**DIANE DANIEL**

■ **TIP: EAT LOCAL AT VIRGIN ISLAND AGRIFEST (FEBRUARY 15-17) AND ST. CROIX FOOD & WINE EXPERIENCE (APRIL 14-20).**

ATLAS

St. Croix, U.S.V.I.



Since Columbus landed here in 1493, seven flags have flown over this extreme east point of the U.S.



Nostalgia tops the menu at Harlem Shake.

The Next Harlem Renaissance

NEARLY A CENTURY after Langston Hughes and Billie Holiday turned Manhattan's cultural landscape upside down, Harlem is again seeing rebirth. "You can smell the creative edge in the air," says Helena Greene, whose Swing boutique sells European fashions alongside locally crafted jewelry and art. Rather than obscure the neighborhood's history, newcomers appear dedicated to reviving its past. A few blocks from the famed Apollo Theater—the stage that launched Ella Fitzgerald and James Brown—MIST Harlem pulses with film and live performances, ranging from jazz and comedy to documentaries set on the streets of New York. Throwback

hangouts offer 21st-century interpretations of basement clubs and soda shops, such as the vinyl-and-tile Harlem Shake burger spot and 67 Orange Street, inspired by an 1840s dance hall that was one of the city's first black-owned bars. Harlem's premier beer garden, Bier International, serves Sugar Hill golden ale, a riff on an old recipe brewed here during the Harlem Renaissance. With new condos rising, some locals fear the loss of the neighborhood's "heart and soul," Greene says—but for now, its heritage is proving strong. —**JACKIE CARADONIO**

■ **TIP: SKIP THE BUS TOURS AND INSTEAD TAKE THE NUMBER 2 OR 3 SUBWAY LINE TO THE 125TH STREET STATION; THEN EXPLORE ON FOOT.**

ATLAS

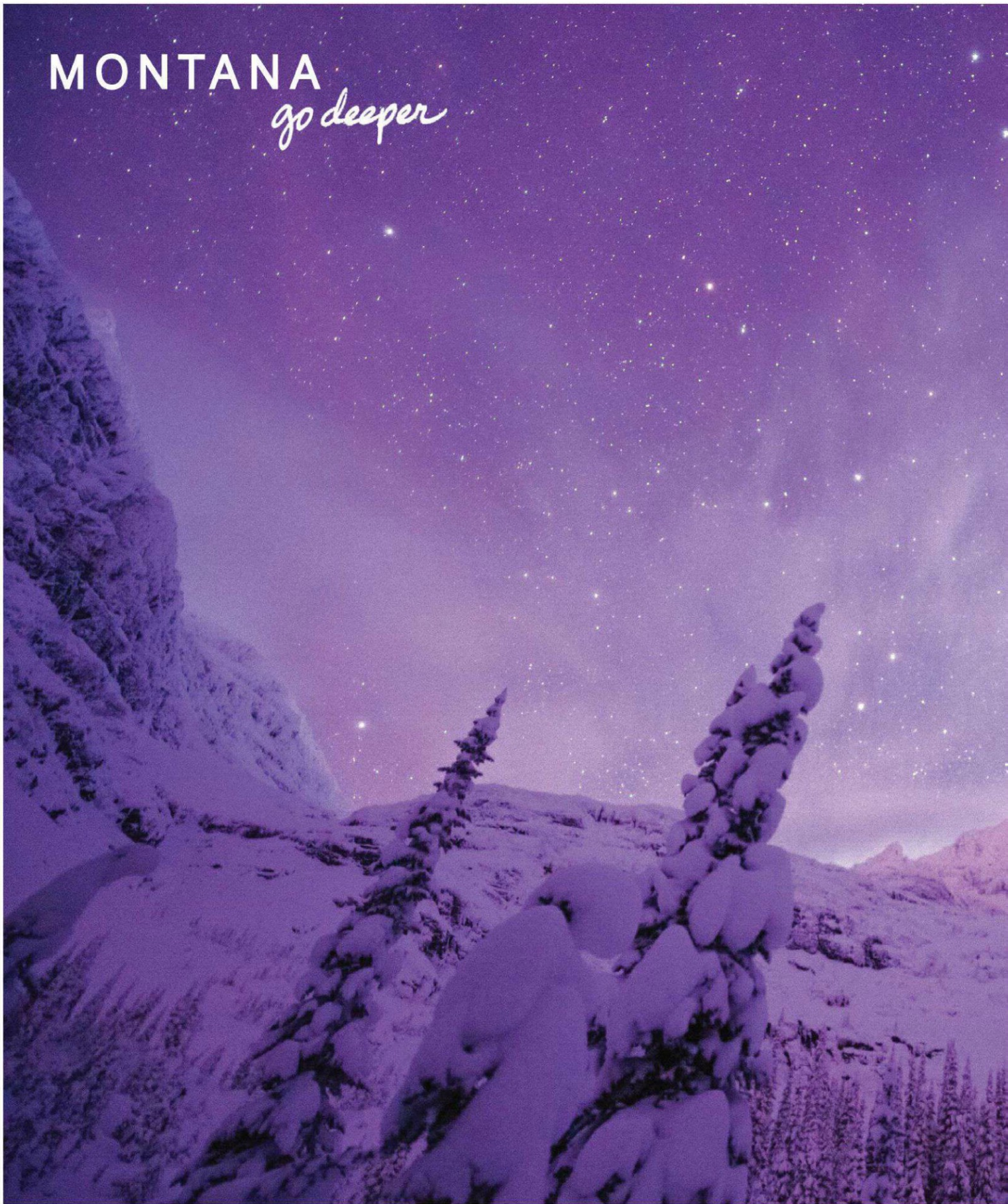
Harlem, N.Y.



In 1981, Harlemite "Al B" pepped up basketball crowds at Rucker Park with a frenetic dance—the Harlem Shake.

MONTANA

go deeper



For several minutes, I just watched the mountains, in awe that they had been there all this time—my entire lifetime—without me ever having witnessed them.
ANDREW E., GLACIER BASIN IN GLACIER NATIONAL PARK | **#MontanaMoment**





Capture it.

Innovative Cuisine. After-Hours Adventure. Served Daily.

Come for our renowned chefs and restaurants. Stay for a full menu of nightlife options – evening ArtWalks, night-vision Hummer tours, high-energy dance clubs, live music under the stars. Discover a whole new Scottsdale after dark.



Scottsdale

DineInScottsdale.com 800.419.3601

NAVIGATING THE GLOBE

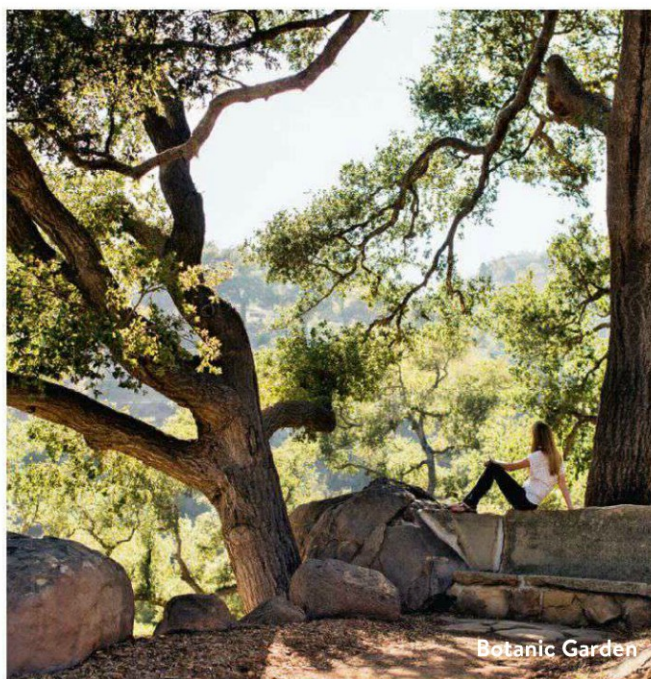
SMART TRAVELER

"Life itself is the
proper binge."
—JULIA CHILD

La Super-Rica,
a favorite of the
late Julia Child
in Santa Barbara,
page 32

Inside

My City: Santa Barbara 32
Bottle Revolution 34
South California Hotels 34
Queen of the Jungle 36
Minnesota Dogsledding 39
Charleston for Families 40
Christopher Elliott 42
Swiss Cheese 42
World Calendar 44
Louisiana Dirty Rice 46
Strange Planet 46



Botanic Garden



Our Lady of Mount Carmel

MY CITY

Santa Barbara's Star Power

THE SEASIDE OASIS IS MORE THAN JUST GOOD LOOKS By PICO IYER

"DON'T EVEN THINK about the beach!" That's the counterintuitive advice I foist on every visitor to the idyllic, Mediterranean-style resort town where I've been officially based for 50 years. The water's cold, the sand is speckled with tar, and the harbor—or pelican-haunted Stearns Wharf—is much more colorful. What gives our town distinction is everything you don't expect—the thickly wooded canyons around Schofield Park, a serene Our Lady of Mount Carmel church amid the gated mansions of Montecito, the abundant vineyards of the Santa Ynez Valley barely an hour away.

So turn your back on the sea and ramble along the pathways of the Botanic Garden. Follow that up with a drink at sunset at the recently restored El Encanto Hotel, which daydreams over the white walls and red roofs

■ GO TO INTELLIGENTTRAVEL.NATIONALGEOGRAPHIC.COM FOR "I HEART MY CITY" POSTS.

ATLAS

Santa Barbara, Calif.



Montecito Inn, still receiving guests, was built by Charlie Chaplin and other movie stars in 1928.

below. Take in a concert at the stately Music Academy of the West and browse for hours at Chaucer's, one of the finest independent bookstores in the West, even though it's tucked into a mini-mall.

Santa Barbara is a place that keeps its treasures out of view. You need resourcefulness to catch the sushi at Arigato, a tiny place so fashionable it doesn't accept reservations, or the meditative spaces of Alice Keck Park, a short walk from the Museum of Art downtown. And you need enterprise to seek out a visiting lecturer or performer at our University of California campus, home to five Nobel laureates.

Of late, inevitably, our somewhat sleepy town of surfers and bohemians has been rather taken over by Hollywood, about a hundred miles to the south. Valet parking suddenly appeared outside overpriced restaurants,

and our quaint, two-lane stretch of freeway was unhelpfully widened. Oprah Winfrey took a place in ritzy Montecito, not far from Jeff Bridges and Kenny Loggins. Some of us worry that our town will soon disappear within the ravenous maw of L.A.

But for now our modest pleasures are still intact: the family-run taqueria La Super-Rica, which the late Julia Child pronounced one of her favorite restaurants in the country (though its owners still didn't raise their prices); the contemplative views at the Sarada Convent, a Vedanta temple run by some (American) Hindu nuns; the cozy Upham Hotel near downtown, where Aldous Huxley used to stay.

If you still want the beach, Carpinteria and Ventura, 15 and 30 minutes to the south, offer exactly the relatively unvisited sands you may have dreamed of in Santa Barbara. But my city is about discretion, and ignoring pretty faces for the depths that lie within.

PICO IYER's most recent book is *The Man Within My Head*.



*In few places do LAND+SEA
meet so magnificently*

For you it starts on page one.



Begin your exploration with our free vacation guide. Our Alaska and Yukon Land+Sea Journeys have been carefully curated to show you both must-see highlights and seldom-seen treasures. Witness glaciers calving and whales breaching while cruising aboard one of our spacious, elegant ships. Journey inland for 1, 2 or 3 nights at Denali National Park, and continue your adventure to the Yukon's historic Klondike Gold Rush country. There is no better way to experience the wonders of the Great Land than with Holland America Line.

Visit HalAlaskaJourneys.com, return the attached card or call 1-877-SAIL HAL to enter to win an Alaska Land+Sea Journey and receive your FREE guide.



Holland America Line

A Signature of Excellence

Sweepstakes Rules: No purchase necessary to enter or win. To enter, return the attached card by mail, or visit HalAlaskaJourneys.com and follow the instructions for entry. You may also enter with your name, mailing address, telephone number, email address and date of birth handwritten on a 3" x 5" card. Deposit the card in a standard business-sized envelope with sufficient postage affixed and mail to: 10-Day Alaska Land+Sea Journey for Two 2013-2014 Sweepstakes Entry, Holland America Line N.V., 300 Elliott Avenue West, Seattle, WA 98119. One entry per person or email address, regardless of method of entry. Mailed entries must be postmarked by 11:59 p.m. Pacific Time, April 30, 2014. Open to legal residents of the fifty United States (excluding Colorado), D.C. and Canada (excluding Québec), age 18 or over. Void where prohibited. For complete Official Sweepstakes Rules, visit HalAlaskaJourneys.com. Ships' Registry: The Netherlands



TRENDING MESSAGE IN A BOTTLE

By COSTAS CHRIST

If you're like me, you drink water from a glass or a reusable container when you're home or about town. But when you travel it's a different story. Throwaway plastic bottles remain the most convenient way for hotels to distribute water, generating trash that often ends up in our oceans. Now the Whole World Water campaign wants to fix the problem, and also bring clean water to nearly one billion people without it.

"The idea is for every hotel to filter its own water in **REUSABLE GLASS BOTTLES**, sell it to guests, and donate 10 percent of the proceeds to support clean water projects," explains Sonu Shivdasani, co-founder of Whole World Water and chairman of Soneva Resorts. Benefits are far-reaching: no pollution generated from shipping crates of Evian and S. Pellegrino to luxury hotels; no toxins created from manufacturing plastic; and funds going to solve a problem plaguing the world's poor. Among hotels and hotel groups that have signed on: Ritz-Carlton, Virgin, Six Senses, and Banyan Tree.

■ FOLLOW EDITOR AT LARGE COSTAS CHRIST ON TWITTER @COSTASCHRIST.

CHECKING IN

SoCal's Mid-Century Pads

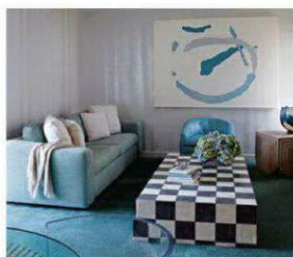


Built in 1952 by architect William F. Cody, one of the founding fathers of Palm Springs' modern style, the Horizon Hotel features rooms with sliding-door access to a saline pool.

■ AVALON HOTEL

Originally constructed in 1949 as the Beverly Carlton, this refurbished gem features geometric patterns and furniture by mid-century masters such as Charles Eames. Visitors come not only for the distinct style but also for its storied past—Lucille Ball and Desi Arnaz were frequent guests. Spend downtime at the cabana-lined, hourglass pool, where complimentary yoga is offered on Saturday mornings.

■ BEVERLY HILLS; FROM \$240



■ THE PEARL HOTEL

With its shag rugs, bubble lamps, and vintage furnishings, this retro motel turned stylish boutique is a mid-century time capsule, two blocks from the San Diego Harbor. A jelly-bean-shaped swimming pool surrounded by butterfly lounge chairs is the setting for weekly "dive-in" movie screenings, while in the 23 guest rooms, platform beds and mirrored ceilings are cheeky references to the swinging '60s.

■ SAN DIEGO; FROM \$129



■ THE HORIZON HOTEL

This two-and-a-half-acre compound surrounded by palms and the San Jacinto Mountains was built in 1952 as a private getaway for a Hollywood mogul. Distinguished by the era's trademark sharp angles, floor-to-ceiling windows, and low-slung walls, the property abounds with nods to its past (check out the black-and-white photos in the lobby). A complimentary breakfast is delivered to your room or patio.

■ PALM SPRINGS; FROM \$109



RIOU/GETTY IMAGES (BOTTLES), STEVE KING (BOTH HORIZON PHOTOS), J.P. GREENWOOD (SIGN), VICEROY HOTEL GROUP (LOUNGE)



VICTORINOX
SWISS ARMY

COMPANION FOR LIFE

MAINE (USA), 2012

THE SNOW

When I graduated from nursing school, my fiancé marked the occasion by giving me a Victorinox Swiss Army watch as a present. For 18 wonderful years it was part of my life. I took patients' pulses with it at the hospital, it made sure I was on time to catch flights for unforgettable holidays, and it reminded me and my children to do homework or play games. It even recorded the precise seconds my children came into the world. And then one fall day it simply vanished! I looked for it everywhere and in every corner for days on end. Eventually, in frustration, I gave up the search. A long, snowy winter followed. It took four months for the several feet of snow to melt. And then, one spring day, there it was, my beloved watch – in the middle of the garden. I carefully wiped it clean, fitted it with a new battery, and held my breath – and it began to tick, just as it always had.

Anita Kelloway, 2012

Victorinox products are a companion for life. What experiences have you had with Victorinox products? Share your story at swissarmy.com





EXPLORER

Queen of the Jungle

A NATIVE DAUGHTER REMIXES INDIA'S TIGER BEAT By KATIE KNOROVSKY

THE ROAR OF Krithi Karanth is diminutive but mighty. Last year the Supreme Court of India cited findings by the 34-year-old conservation biologist in a landmark case that overturned a ban on visiting tiger sanctuaries in favor of smart regulations promoting responsible tourism. Consider it the moment Karanth earned her stripes. Make that *more* stripes: As a young girl in Karnataka, Karanth spent her summers tracking tigers, leopards, and other predators with her father and other esteemed scientists. Later she earned advanced degrees from Yale, Duke, and Columbia; two years ago, Karanth

won National Geographic's 10,000th research grant. Based in Bangalore, she probes boundaries—between humans and animals as well as those around this male-dominated field. Here she talks wildlife travel:

WILD CHILD My most vivid early memories are sitting quietly with my dad in a park watchtower at Nagarhole National Park, for five or six hours at a time with only binoculars. At the end of the day—if I behaved—he'd drive me through the jungle. That's what I looked forward to all day. I saw my first leopard when I was around one and a half. I don't go

Wildlife conservationist and National Geographic Emerging Explorer Krithi Karanth in the field in India

looking for tigers and leopards, but it's a rush to see one.

STRESS LEVELS Three million Indians now have disposable incomes for wildlife holidays. That puts a lot of pressure on our parks. Tadoba National Park in central India and Nagarhole and Bandipur in the Western Ghats of the south provide good chances of seeing a tiger, in a way that doesn't harass it.

EYE OF THE TIGER People need to be willing to say, "If I see a tiger, I'm lucky"—not "my trip is successful only if I see one." India also has leopards, elephants, the incredible Asiatic wild dog, critically endangered frogs, a huge diversity of birds.

GREATEST SHOW Around a hundred years ago, India was like Africa in terms of large mammals, but our population boom and economic growth have pushed a lot of wildlife into smaller pockets. Yet India still has charismatic animals as well as millions of people. No other place on Earth supports all these fantastic species and also this many people tolerating them.

MOUNTAIN TIME I could hike the Western Ghats mountain range for days. The views go on endlessly, in extraordinary shades of blue and green. It's one of India's biodiversity hotspots, with 20 percent of the country's tigers, the largest number of Asian elephants, three bear species, leopards. Most people come to India between October and March, but it's phenomenal to experience summer monsoons in the Ghats. It's not for people who can't handle leeches or muddy boots, though.

CAPTURING PREDATORS So many tourists walk around with their fancy cameras, obsessed with getting the perfect photograph. They forget to watch, and to see other wildlife. They forget to live the experience.



**Best Airline in
North America
four years in a row**

180-degree reclining fully flat beds
for your restful flights.

Fly the difference

AIR CANADA 

A STAR ALLIANCE MEMBER



More ways to experience the difference

- Fully flat beds in Executive First®
- Power outlets
- Air Canada Concierge service
- Award-winning Maple Leaf™ Lounges
- Air Canada Altitude™ recognition

Executive First Suites are available on overseas flights on all Air Canada-operated wide-body aircraft, except on certain Boeing 767s. ®Executive First is a registered trademark of Air Canada. ™Maple Leaf is a trademark of Air Canada. ™Air Canada Altitude is a trademark of Air Canada.



TRAVELER

PHOTOGRAPHY SEMINARS

FALL SERIES

LEARN FROM OUR PROS

National Geographic photographers share their secrets on how to capture great photos. You can improve your skills in just one seminar.

SEATTLE

Creativity with Light

November 3

COLUMBUS

Simply Beautiful Photos

November 3

SAN FRANCISCO

The Art of Nature Photography

November 3

BOSTON

Digital Photography Basics

November 10

SAN DIEGO

Storytelling Photography

November 10

ATLANTA

The Travel Assignment

November 10

PORTLAND

Storytelling Photography

November 24

FORT LAUDERDALE

The Art of Nature Photography

November 24

WASHINGTON, DC

People & Places

December 8

Register Now:
[nationalgeographic.com/
ngtseminars](http://nationalgeographic.com/ngtseminars)

PROMOTION

STORY BEHIND THE SHOT



Cochin, India

“Many people come to photograph the Chinese fishing nets at this iconic spot in southern India. So there’s a real risk of creating the same image that’s been made many times before. To make it my own, I went out on the water looking for something unexpected. When I saw the blue boat approaching I knew it was the punctuation my image needed. But there were only a few crucial seconds when the moving boat, setting sun, and nets all magically merged in exactly the right position. It’s a challenge, but adding that little extra element is what makes a picture sing, sets it apart, and gives it staying power.”

National Geographic
photographer
Nevada Wier



Award-winning photographer Nevada Wier explores the most remote corners of the world on assignment for National Geographic and dozens of other publications.

You can learn about photography from Nevada and from many National Geographic experts. Register for a photography seminar today at nationalgeographic.com/ngtseminars

ADVENTURE 101

Dashing Through the Snow

DOGSLEDDING IN MINNESOTA By MARY ANNE POTTS

MARCO POLO OBSERVED early versions of dogsledding during his travels through Asia in the 13th century. Today, the activity endures as an ideal way to experience untouched winter landscapes. "The dogs can go into areas machines can't," says National Geographic Young Explorer Sarah McNair-Landry, who grew up on Canada's Baffin Island and made her first solo trip when she was eight years old.

GETTING STARTED

Ely, Minnesota, is perhaps ground zero for the activity. With more dogsledding tour operators than anywhere else in the country, there are trips for most ages and experience levels. And with 2,000 frozen lakes in winter within 50 miles of town, it's a good training ground for beginners, who can choose simply to sit on the sled for an afternoon, or actually learn to drive the dogs on their own over several days. "A pack of sociable Siberian huskies and Alaskan malamutes is not the easiest to control," says McNair-Landry. "Mushers will demonstrate how to steer the dogs by barking out commands such as 'gee' (turn right), 'haw' (turn left), and 'whoa' (stop)."

HOW LONG?

Families with young kids should opt for a trip of just a few hours. Adults and families with older children can book longer lodge- or camping-based trips. The 34-year veterans at Wintergreen Dogsled Lodge in Ely offer guided day-trips and overnight expeditions based at their lakeshore lodge with feather-bed comforters and fine cuisine.

WEATHER AND GEAR

Unlike skiing, dogsledding doesn't require deep or even recent snow.



Cool dogs

In fact, the runs are faster and easier when the snow is compacted. Extreme winter weather may actually cause trips to be delayed. Even in milder weather, however, dress warmly to ensure blood flows to your fingers and toes. In addition to a base layer, a fleece layer, and a wind layer, McNair-Landry says "mitts, boots, goggles, and a neck warmer are essential."

THE NEXT LEVEL

Ready for something a little different? Try running (or perhaps cross-country skiing or snowshoeing) alongside the sled. Experienced skiers can attempt skijoring, or dog-propelled skiing. "Start with one dog tethered to you, and hold on tight."

ATLAS

Ely, Minn.



In 1925, sled dog Balto led his team through a raging blizzard in a desperate race to carry lifesaving diphtheria serum to Nome, Alaska.



A musher on the go

OTHER TRIPS

1) **Baffin Island, Canada** NorthWinds leads multiday trips; 2) **Fairbanks, Alaska** Paws for Adventure guides one-hour tours and overnight trips; 3) **Lapland, Sweden** National Geographic Adventures offers nine-day trips with an ice hotel overnight.

The road less traveled isn't always a road.



Over 1,000 distinctive small group adventures. So you'll be able to wander like a local, just about anywhere.

800 970 7299
IntrepidTravel.com

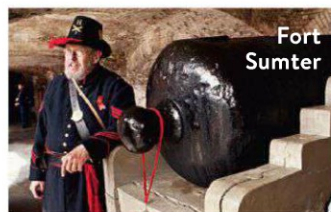




Nothing could be finer: a stroll along Meeting Street

CAROLINA IN THE MORNING

THE BATTERY is the cherry on the Charleston sundae of history and architecture, and it's best experienced early, before the arrival of heat, tourists, and children's tantrums. Imposing antebellum mansions line the palm- and oleander-fringed promenade, named for its 18th-century artillery stores. It's a real neighborhood, as you'll see when the dogs of southern ladies and gentlemen pull on their leashes and come up for a sniff. While adults check out the gables and pastel hues of the houses, kids can scan Charleston Harbor for dolphins. Then, make



FAMILY TIME

Doing the Charleston

A KID-PLEASING COMBO OF HISTORY AND FUN By MARGARET LOFTUS

PLACE	THE SCOOP	DON'T MISS
Farmers Market at Marion Square	Is it Saturday? Then you'll find the locals here for their weekly supplies of shrimp, grits, and other Low Country bounty. (From April to December)	Hit Mike's for a bag of boiled peanuts, and Roti Rolls for sandwiches stuffed with mac and cheese or braised pig's head. Grown-ups, head to Barbara's for a basket made out of sweetgrass.
Old Exchange Building and Provost Dungeon	A historical twofer: The Constitution was ratified in this 18th-century building, and the Declaration of Independence was read from the balcony. (Tragic irony: Slaves were also sold nearby.)	Enter the actual dungeon where American patriot Isaac Hayne languished during the Revolutionary War. (The British later hanged him.)
St. Philip's Church Cemetery	Really, you'll see dead people (or at least their tombstones), including notable Charlestonians such as DuBose Heyward, whose novel inspired the 1935 opera <i>Porgy and Bess</i> .	Look for the grave of Sue Howard Hardy, whose ghost was allegedly captured on film in 1987. Walk to neighboring Circular Congregational Church, a hot spot for creepy funerary art.

ATLAS

Charleston, S.C.



The cobblestones that pave the city streets came from the ballast in the holds of colonial sailing ships.

history real: Remind the kids that the Civil War began here. Enter the Edmondston-Alston House (\$12 for adults; \$8 for kids) on the East Battery to stand in the spot on its piazza—one of the city's most commanding views of the harbor—where Confederate Gen. P. G. T. Beauregard watched the bombardment of **FORT SUMTER**. Then, get on the ferry to the fort. (Buy tickets beforehand online; tours leave from the maritime center; bring water and hats; \$18 for adults; \$11 for kids.)

FIRST PERSON

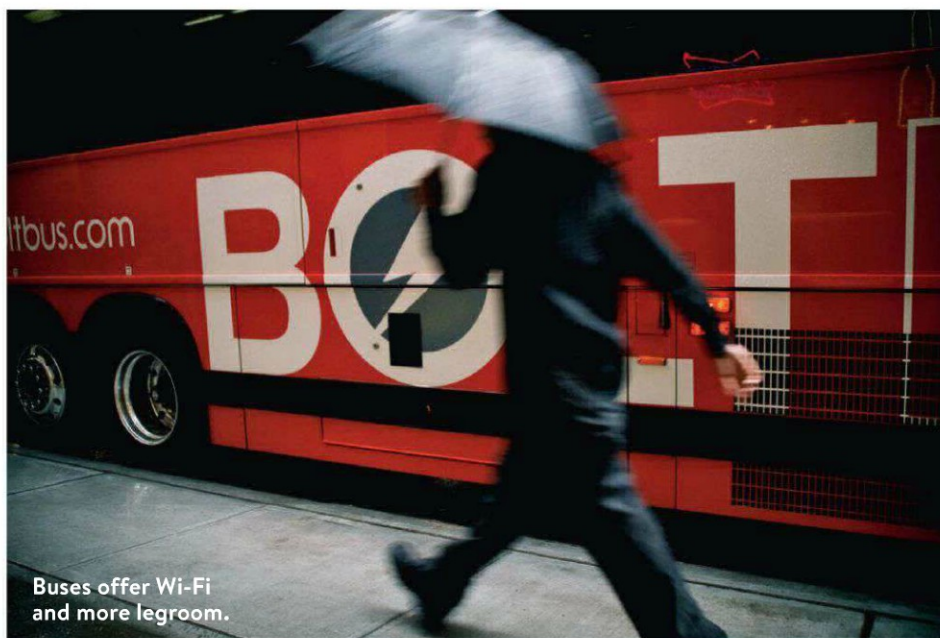
"Less touristy Sullivan's Island has little or no waves to scare small kids and packed-down sand for biking. Bring a cooler and stay all day."—KERRY SOLOMON, CHARLESTON RESIDENT

A woman with long dark hair, wearing a long white sleeveless dress, stands with her back to the camera, looking out over a herd of elephants. The elephants are silhouetted against a bright, hazy sunset sky. The scene is set on a dirt path near a body of water.

YOUR MOMENT *is* WAITING


kerala
God's Own Country

www.keralatourism.org



Buses offer Wi-Fi and more legroom.

PROBLEM SOLVED

Go Ahead, Hop on the Bus

By CHRISTOPHER ELLIOTT

Q: Airfares are expensive, so I'm thinking of taking the bus. Am I going to regret it? You're watching too many movies. The only thing true about the cliché—of the fugitive on the lam or the plucky protagonist boarding a cheap, smelly interstate bus—is the cheap part. If you haven't been on one lately, check out Greyhound's new Blue service between Dallas and Houston (soon to be expanding to the Pacific Northwest on sister company BoltBus)—it's a full Wi-Fi entertainment system incorporated into stylish and spacious new buses. Indeed, these buses live up to the name the industry prefers to use—motor coaches. The distinctive, double-decker Megabus offers similar amenities, and its route map covers eastern and central states and the West Coast. BoltBus, which operates between major metropolitan areas in the Northeast and on the West Coast, even removed some of its seats to make the journey more comfortable. When's

NEED HELP?

Editor at Large Christopher Elliott is the magazine's consumer advocate and ombudsman. Over the past 15 years he has helped countless readers fix their trips.

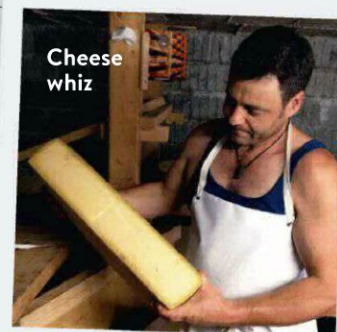
REACH CHRIS:

Email: celliott@ngs.org

Twitter: [@elliottdotorg](https://twitter.com/elliottdotorg)

the last time you saw an airline do that? Buses can make you feel virtuous: They generate significantly less carbon dioxide per passenger-mile than driving a car.

Q: Will a taxi alternative get me to the airport on time? Probably, but you're right to be cautious, and not just because the taxi industry is in a lather about its new competitors. Mobile apps such as Uber and Lyft have made car services and ride-sharing available at the tap of a button, making them often cheaper options because they use private car companies or individuals. Regulations vary, with some municipalities banning or restricting them. Sidecar, which lets you hitch a ride in another person's car, requires drivers to submit to a background check and insures them. The driver's performance is rated, using the app. GroundLink connects you to a car service. Prefer to use an actual taxi? There's an app for that: Taxi Magic.



Cheese whiz

DIGITAL NOMAD

SAY CHEESE IN SWITZERLAND

By ANDREW EVANS

"A pro can sniff out at least 45 distinct aromas," says Dominique Yersin (above), a Swiss cheese-maker who resembles a champion wrestler in an apron, as he holds a ripened hunk of his L'Etivaz cheese to my nose. "The higher the altitude, the more aromas are captured in the milk." The odors of hay and milk hit me first. I wait for other promised scents: purple clover, oregano, cumin, violets.

We are in the mountains of **SWITZERLAND**, outside the French-speaking community of L'Etivaz. Cowbells clang and a subtle breeze carries bees from one flowery pit stop to the next in the summer pasture of Yersin's cows.

L'Etivaz is only 18 miles south of the better-known village of Gruyères, but that's far enough for it to merit its own cheese—similar to yet distinct from the globally known Gruyère.

In a barn, 29 red Holsteins laze in straw, their work done for the morning. Nearby, 70 gallons of hot milk curdle inside a huge copper cauldron hung over a fire. Yersin offers me a taste of the finished product. As I nibble it, aromas unfurl—first of grass, then of herbs and flowers, then of the cows, until, miraculously, the whole story of this one Swiss meadow rolls out on my tongue.

■ FOR MORE: DIGITALNOMAD.NATIONALGEOGRAPHIC.COM AND [@WHERESANDREW](https://twitter.com/WHERESANDREW)

RAMUNÉ RASTONIS (BUS), ANDREW EVANS (CHEESEMAKER)

Incredible places. Engaging experts. Unforgettable trips.

NATIONAL GEOGRAPHIC
EXPEDITIONS



Travel the world with National Geographic and explore with our experts: Antarctica • Galápagos • Alaska • Cuba • Tanzania • and many more!

Call toll-free 1-888-966-8687 or visit ngexpeditions.com/ngc

A Zodiac provides travelers with an up-close view of Antarctica's dramatic landscape.

WORLD CALENDAR

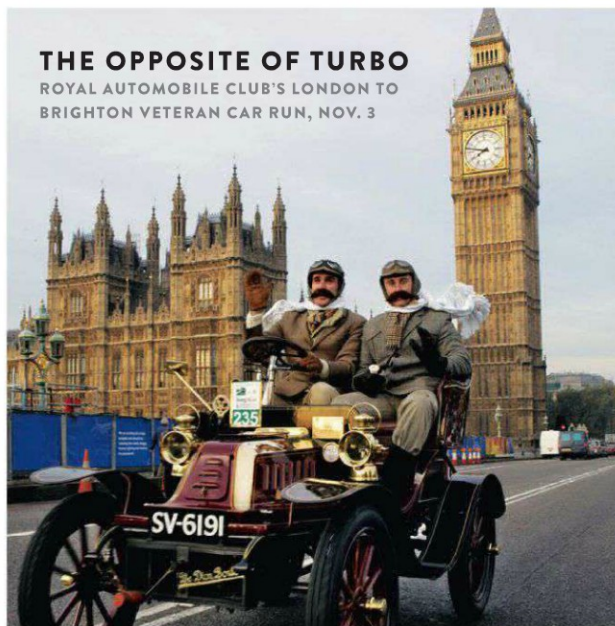
Rev Up for Fall Events



A FAIR TO REMEMBER

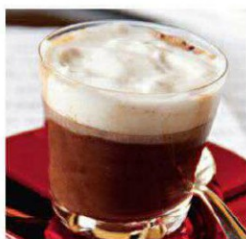
"OPENING THE VAULTS: WONDERS OF THE 1893 WORLD'S FAIR," FIELD MUSEUM, CHICAGO, OCT. 25, 2013-SEPT. 7, 2014

Tipped on its side, Chicago's 110-story Willis (formerly Sears) Tower could have fit inside the 1,687-foot-long main exhibition hall of the 1893 World's Fair. While the new Field exhibit is compact by comparison, most of its 100-plus wonders—from a 3/8-inch-high meteorite to an Indonesian mask (above)—have been tucked away from public view for 120 years.



THE OPPOSITE OF TURBO
ROYAL AUTOMOBILE CLUB'S LONDON TO BRIGHTON VETERAN CAR RUN, NOV. 3

At the world's oldest motoring event, about 500 dapper drivers cajole, steer, and strong-arm their pre-1905 vehicles along the 60-mile route, first run in 1896. New this year: an optional "regularity trial" rewarding drivers who maintain a selected average speed (no higher than 20 mph).



THE SWEETEST THING

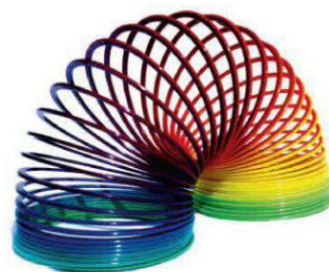
CIOCCOLATÓ, TURIN, ITALY, NOV. 22-DEC. 1

Chocoholics owe a debt to the House of Savoy. In 1678, the queen issued Turin's first patent to sell chocolate. Ever since, the city's chocolatiers have been masterfully crafting every imaginable cacao confection, especially *bicerin* (Turin's decadent espresso-chocolate-cream concoction, left). It's all here at the city's annual chocolate fest.

BREAKING THE WAVES

VANS TRIPLE CROWN OF SURFING, NORTH SHORE, OAHU, HAWAII, NOV. 12-DEC. 20

Catching the perfect wave takes patience. When monster swells hit, the Super Bowl of surfing is on. No waves? No worries. Elite surfers simply hang loose with locals and spectators until conditions are right. Plant a chair in the sand, slurp a shaved ice, and catch any stretch of the three-event series. No tickets—or shoes—required.

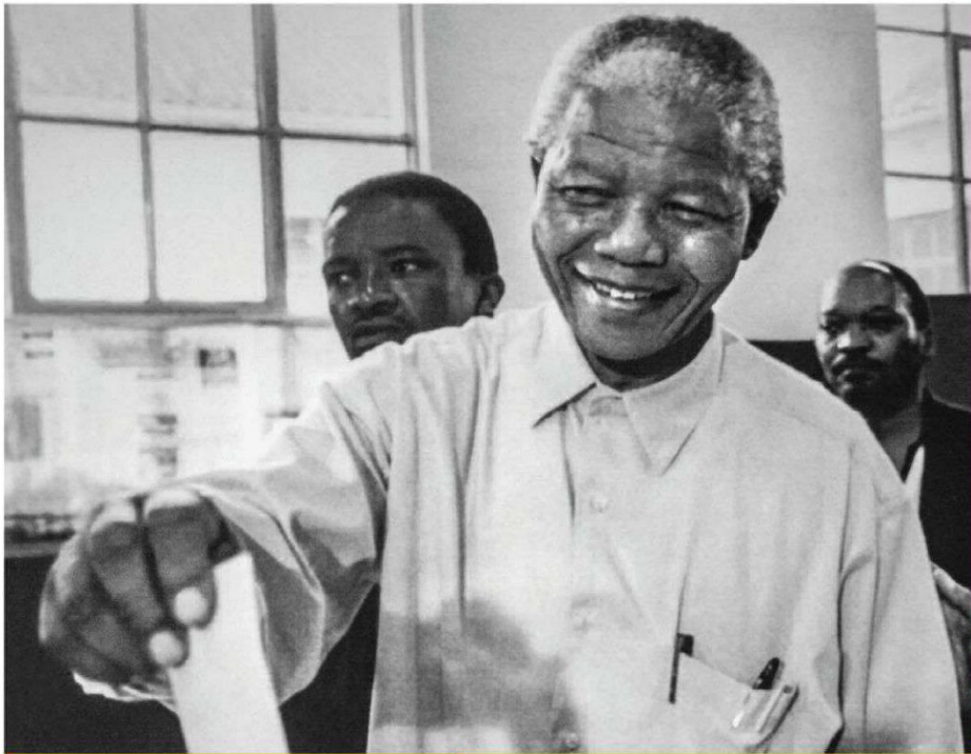


VOTE FOR SLINKY

NATIONAL TOY HALL OF FAME CELEBRATION WEEKEND, NATIONAL MUSEUM OF PLAY, ROCHESTER, NEW YORK, NOV. 9-10

Will Ken finally make it? Not even the Magic 8 Ball (which missed the cut in 2012) knows for sure. The newest National Toy Hall of Fame inductees are revealed November 7. The real fun begins two days later when the 51 current Hall of Famers, including Etch A Sketch, R2-D2, Mr. Potato Head, and the cardboard box, come out to play at the public celebration.

FIELD MUSEUM, A14988D.076A (MASK); DAVID LONG/CAMERA PRESS/REXUS (ANTIQUE CAR); LEE PETTIT/GETTY IMAGES (SLINKY); WWW.KITCHENINTECHNITY.IT (DRINK); ASP/KIRSTIN SCHOLTZ (SURFER)



DURBAN: CRADLE OF DEMOCRACY



DURBAN
THE WARMEST PLACE TO BE

At South Africa's historic 1994 election Nelson Mandela chose to cast his first democratic vote in what was then a seemingly obscure suburb of Durban called Inanda. He had good reason: Inanda is arguably the country's cradle of democracy. Exploring the rich history and culture along the Inanda Heritage Route offers fascinating insights into Durban's crucial role in realizing the dream of a Rainbow Nation.

As the Inanda Heritage Route meanders through the Inanda Valley, the spectacular scenery forms a suitably dramatic backdrop to the region's liberty legacy. A visit to the Ohlange Institute immediately encompasses both the origins and the realization of South Africa's quest for equality. In 1901 Dr. John Dube founded the institute as the country's first school built by Africans for Africans. And it was here that Mr. Mandela cast his historic vote, recognizing Dr. Dube's seminal role as the first president of the African National Congress.

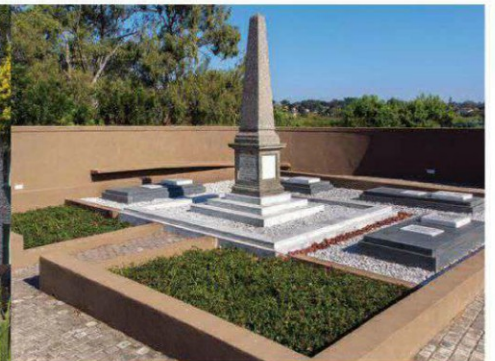
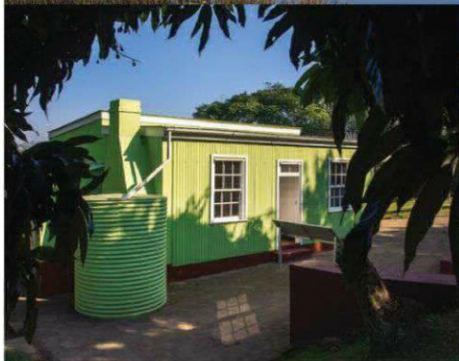
Another site imbued with the atmosphere of the early struggle is the Phoenix Settlement. Mahatma Gandhi established this egalitarian community in response to the racial prejudice he'd suffered in South Africa. It was here that he formed his famous philosophy of passive resistance and published his outspoken international newspaper *Indian Opinion*. Visiting his home and the newly developed museum reveals Gandhi's great contribution to South African politics.

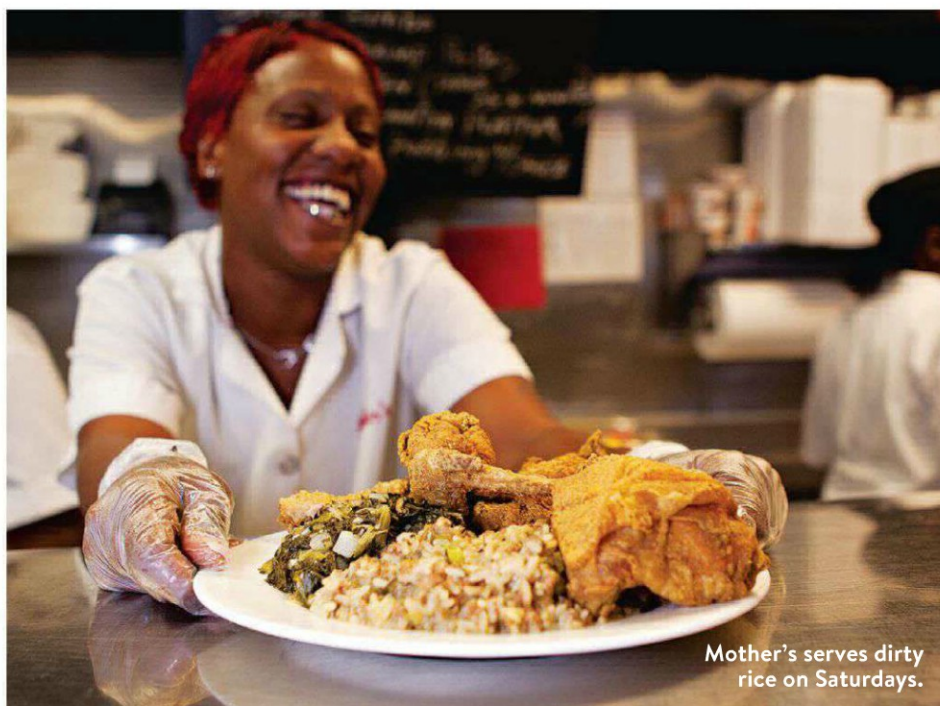
Predating this is the Inanda Seminary, the country's first secondary school for African girls. Since 1869 its buildings and gardens, now immaculately restored, have been the setting for the education of young African women, including top politicians and businesswomen. The nearby settlements of Ebuhleni and Ekuphakameni form the spiritual home of the popular Shembe Church. Fusing Christianity with indigenous Zulu traditions, Shembe baptisms are held at the magnificent Mzinyathi Falls—a powerful reminder of how Inanda's impressive landscape reflects the dynamic heritage of its people.

To explore these and many more historic sites along the Inanda Heritage route, visit www.durbanexperience.co.za

  Like us on Facebook:
Durban the warmest place to be

Images counterclockwise from top left: Mandela casts his historic vote; the Inanda Dam; Gandhi's house, Phoenix Settlement; the Inanda Seminary; Dr. John Dube's grave, Ohlange.





Mother's serves dirty rice on Saturdays.

LOCAL FLAVOR

Louisiana's Classic Cajun Dish

DIRTY RICE COMES CLEAN By GIGI RAGLAND

LOOKS CAN BE deceiving. Take the case of dirty rice, the lumpy, scruffy one-pot dish eaten throughout Cajun country as a side or, occasionally, a main course. "The dirty part comes from the livers, hearts, and gizzards that are ground up, seared into the pan, and then baked with white rice," says Donald Link, a James Beard Award-winning local chef who was raised on his family's farm. The long-grain rice is farmed in or foraged from the bayous, lakes, and marshes of southern Louisiana. Cooks mix into the rice a sautéed medley of onion, celery, and bell pepper—the "holy trinity" of Louisiana seasoning.

"Cajuns eat rice with just about every meal," says Link. A casserole of dirty rice turns up at most family events, and no two recipes are the same. Some cooks add extra heat with a dash of

homemade hot sauce, while others add vegetables. Link recalls that there were eight different versions of the dish at one family reunion he attended.

If you can't score an invite to a potluck for the down-home version, head to **Mother's Restaurant** in New Orleans. This beloved redbrick, cafeteria-style eatery has been cooking Cajun since 1938. Dirty rice is dished up on Saturdays only, and served à la carte or as a side with fried chicken. Celebrity chef Emeril Lagasse, who got his start in New Orleans, kicks it up a notch with crispy pork cheek and scallions at **Delmonico** restaurant in the Lower Garden District. And, for a gourmet twist, reserve a spot at **Herbsaint** on historic St. Charles Avenue. Order the Muscovy duck confit with dirty rice accented with a zesty citrus "gastrique." It's been a menu fixture for 13 years.

ATLAS

New Orleans, La.



Zatarain's, the 124-year-old New Orleans-based company, sells 33 rice products, including, naturally, a dirty rice mix.



STRANGE PLANET

SHELL SEEKERS A New Zealand couple, Fred and Myrtle Flutey, decorated nearly every square inch of their living room—including telephones and picture frames—with colorful paua shells. When they died their grandson donated the interior to the Canterbury Museum in Christchurch, leaving the curators, no doubt, shell-shocked.

MARBLE CITY Americans know Washington, D.C., is a city cloaked in white marble, but the burg with the snowiest stone cladding is Ashgabat, Turkmenistan. The capital boasts 543 buildings, including government offices and apartments, covered in marble. Why? The natural-gas-rich Turkmenistan government has a penchant for excess and record-breaking.

CHECKMATE The world's largest chessboard is located on the side of an office building at 767 Third Ave. in Manhattan. The board re-creates famous chess matches, albeit slowly, when a building employee riding in a cherry picker moves one piece every week.

LUCKY PATCHES Medieval travelers wore pilgrimage badges to fend off disease and other bad luck. Badges of piety? Not necessarily. One dug up recently in the Netherlands featured X-rated scenes. —Andrew Nelson

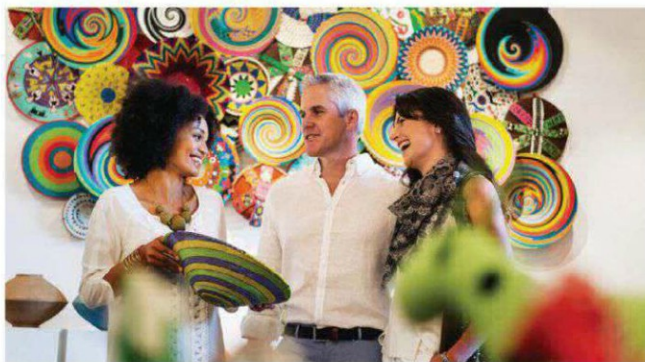
KRIS DAVIDSON (WOMAN); ROBERT NEUBECKER (ILLUSTRATION)



SPECIAL ADVERTISING SECTION

NEXT STOP

SIGNATURE EVENTS AND PROMOTIONS



Irresistible Experiences in South Africa.

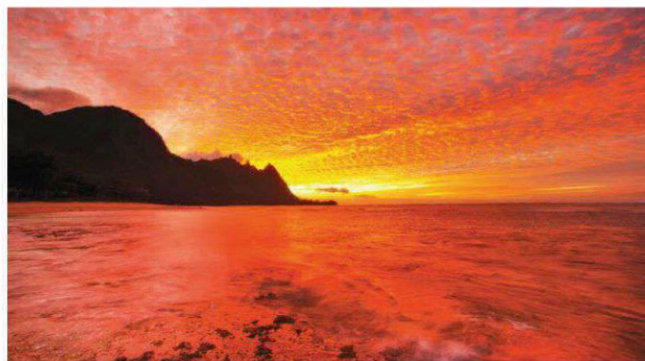
South Africa is the ultimate combination of nature, wildlife, culture, adventure, heritage, and luxury. In addition to our signature wildlife parks and reserves, South Africa offers just about everything you could want in a vacation, including natural landscapes, outdoor adventures, a rich cultural heritage, and much more. You will not find a more affordable destination with so much to offer. Log on to southafrica.net



Enter Our Photo Contest Today!

At Frei Brothers Reserve winery, we believe that when we care for the Earth, our responsible stewardship will enable us to make award-winning wines for generations to come. Frei Ranch is our place worth preserving. What's yours?

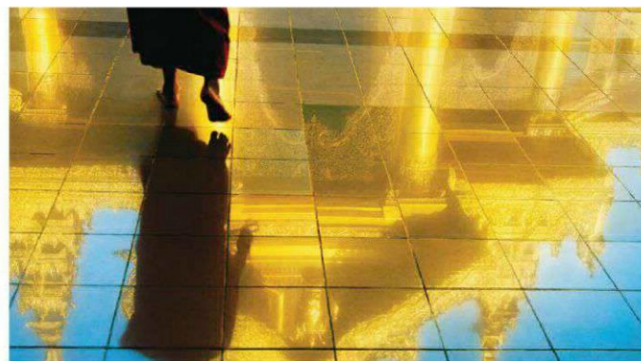
Enter the Places Worth Preserving Photo Contest today for a chance to win an all-expense paid trip to Frei Ranch, plus a five-star stay in Yosemite National Park. nationalgeographic.com/freibrothers



Refresh. Rejuvenate. Renew. On the Island of Kaua'i.

Reconnect with nature and delight your senses with the beauty of our island. Kayak on the Wailua River, hike the Napali Coast, zipline over jungle canopies, or simply relax and watch the sun set with a tropical cocktail.

Visit kauaidiscovery.com for more information and for specials from our partners. Kaua'i—Hawaii's Island of Discovery.



Improve Your Photography Skills in Just One Day.

Register now for our one-day **National Geographic Traveler Photography Seminars**. Get insider tips from some of the most talented photographers in the industry with exciting new seminars. All skill levels are welcome.

Register now, space is limited! Now in 14 cities across the U.S. nationalgeographic.com/ngtseminars



Get Ready for a Winter Adventure

Winter is for playing. Each falling snowflake piles up possibilities for fun. And although the days are short, the prospects are limitless.

Switzerland shines in winter. The Alps, quaint villages, chic resorts, and a rich legacy of winter sports make it the premier destination to enjoy the snow.

Enjoy the Pioneering Spirit of Engadin St. Moritz

Winter vacationing in the Alps started here 150 years ago and has colorfully evolved with events like the Gourmet Festival; WinterRAID vintage car rally; and White Turf St. Moritz, an international horse race—on snow. Bobsled on the world's only natural ice track, go snowkiting over a frozen lake, toboggan along the Albula line of the Rhaetian Railway, a UNESCO World Heritage site, or ski the "White Carpet" slopes.

Find Adventure in Engelberg-Titlis

For powder seekers, Titlis's famous backcountry terrain will delight and excite, but all levels of skiers and riders will find family-friendly slopes at the largest winter resort in Central Switzerland. Ice-skating, horse-and-carriage rides, snowshoeing, snowmobiling—on an electric motocross bike, and après-ski await in Engelberg, the Town of Angels. A quick 20-mile jaunt from there takes you to the heart of Lucerne, Switzerland's most beautiful city.

Explore Mountains in the Jungfrau Region

Home to the Lauberhorn Ski Races—the longest downhill run of the FIS Ski World Cup and one of the highest attended winter sports events in the world—the Jungfrau region makes for an exciting winter vacation. In Interlaken, hike snow-covered trails, rush down toboggan runs, pamper yourself at the Victoria-Jungfrau Spa, or cozy up in a mountain hut set against the magnificent backdrop of the Eiger, Mönch, and Jungfrau.

Embrace Winter in Valais

Receiving some of the most snow in Switzerland, the region is known for its ski resorts—most of which are situated above 5,000 feet—as well as the famed Matterhorn. Come for the skiing with panoramic glacier views and stay for captivating events such as Leukerbad's monthly pool-side champagne breakfast; the Caprices music festival at Crans-Montana; the Saas-Fee Ice Climbing World Cup; and the annual acoustic music festival, Zermatt Unplugged.

Visit MySwitzerland.com to start planning the perfect Switzerland winter holiday.



Top photo: Engelberg-Titlis, Lucerne-Lake Lucerne region

Switzerland.
get natural.



Pure white.

MySwitzerland.com

Stop the clock and take time out to relax in Switzerland: there is plenty of snow, peaceful winter walking trails, breathtaking mountain scenery and a warm welcome at every turn. Let time stand still while you dip into a tasty fondue in a cozy Alpine chalet, whizz down long, immaculate slopes or indulge in a relaxing massage in a dedicated spa hotel. Find out more on MySwitzerland.com/winter.

Book
your winter
vacation now.

[MySwitzerland.com/
winter](http://MySwitzerland.com/winter)

St-Luc, Val d'Anniviers, Valais

Swiss Travel System.





Stunning and unassuming, rejuvenating and thrilling, down-to-earth and sophisticated—**Whistler's** unique energy makes it the ultimate destination for skiers and riders to savor the snow.

Discover a Winter Wonderland

Whistler, British Columbia, is rated as one of North America's top ski and snowboard destinations because of its endless terrain and epic snow, but there is much more. An abundance of trails for thrill seekers and beginners are complemented by a friendly atmosphere, genuine locals, and constant mountain improvements like this season's new Harmony, six-person, high-speed chairlift on Whistler Mountain and the Crystal Ridge Express—the latest way to access the Crystal Zone on Blackcomb Mountain.

Choose a Pleasure Playground

Even nonskiers will feel welcome with the many ways to enjoy the season off the slopes, including sleigh riding, dogsledging, and snow tubing. Go on a great escape at nearby Lost Lake and enjoy its serenity while snowshoeing or snowmobile through Whistler's breathtaking backcountry. For an enlightening experience, gaze over the valley while riding the PEAK 2 PEAK Gondola. The stillness, the altitude, and the view will put you in awe of Mother Nature.

Open your eyes to a winter-world of possibilities. Visit **Whistler.com** or call 1.800.WHISTLER.



Rejuvenate in a Vibrant Village

No matter how you've spent your day, any time is the perfect time to unwind with après-ski, spas, restaurants, an extensive art scene, regular events, and the more than 200 shops in Whistler's quaint, pedestrian village.

Après-Ski

Take your pick from the "Famous Four": The Garibaldi Lift Company, The Longhorn Saloon, Merlins, and Dusty's Bar & BBQ.

Relax

Enjoy a heavenly massage, take a soothing eucalyptus steam bath, cool off in Nordic waterfalls, and sit back by the outdoor fireplace in Whistler's newest and most unique spa—Scandinave Spa.

See

View exhibits from local and international artists at eclectic art galleries, or visit the Squamish Lil'wat Cultural Centre to learn about the local tribe's history and culture.

Eat

Warm up at Alta Bistro with a cocktail concocted with house-made syrups. Then, refuel at Sachi Sushi with a splurge-worthy sushi boat or at one of the many award-winning restaurants featuring organic and locally sourced ingredients.



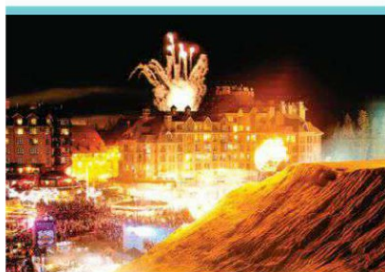
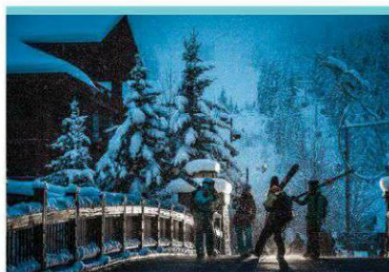


Whistler. Redefining mountain culture.

BLAKE JORGENSEN
DAVID MCCOLM
JORDAN MANLEY
JUSSI GRZNAR
► **MATTIAS FREDRIKSSON**
MIKE HELFRICH
PAUL MORRISON
ROBIN O'NEILL
STEVE SIMON



#WhistlerUnfiltered
BEHIND THE LENS



An exhibit by nine of the world's best outdoor photographers.
Their images, stories, videos and more at

Whistler.com/BehindTheLens





danish modern

FORM, FUNCTION, ESSENCE. LIFE IS *HYGGE* IN COPENHAGEN

BY **BRUCE SCHOENFELD**

PHOTOGRAPHS BY

SISSE BRIMBERG AND COTTON COULSON



THE COPENHAGEN SKY

is spitting rain, so we won't be able to bike to the Opera House. Rasmus Bo Bojesen is disappointed, but I'm not. The wide-angle perspective of the city from behind a car's windshield will help me regain my bearings. I haven't visited Denmark's capital in more than a decade.

I'm with Bojesen, a chocolatier and caterer, in a converted bank building called Axelborg. It's a quirky structure—the old wooden elevators run in a continuous loop, like a ski lift, forcing passengers to step on and off with exquisite timing—that he has transformed into a conference and events venue.

The last time I saw him, Bojesen treated me to chocolates he'd created with curry and saffron. These days everyone is adding bizarre ingredients to chocolate—bacon, bagel chips, quinoa—but this was in the 1990s, long before sweet-and-savory had coalesced into a food group. His chocolates weren't the tastiest,

Danes seem to find imaginative ways to advance the state of the art across disciplines. Copenhagen has plenty of traditional trappings—brick streets, thick-walled buildings, weathered canalboats—and there's a sense of solid, northern European reliability everywhere. Yet its blend of imaginative functionality and playful aesthetics makes it seem a decade ahead of everywhere else, a city of the future.

On this visit I'm staying at the historic Hotel Alexandra. Its retro theme features the work of seven of the most renowned Danish designers of the 20th century, such as Finn Juhl, who made a career of reimagining the chair. My room is number 338, the Juhl Suite. Looking over his sleek furniture, variations of which were as common as Modigliani prints in the 1950s in upper-middle-class American living rooms, it occurs to me that a meal and a chair are not dissimilar delivery systems for

artistic expression. Both have a distinct purpose and an accepted form, yet they're still being tweaked, revamped, improved upon.

The same can be said for chocolate. Bojesen no longer adds flavorings to his—that's so 1995. His current product uses wild cacao plants he discovered growing on Amazonian islands. He offers me a piece. I'm not accustomed to eating sweets midafternoon, but he pops one in his mouth.

"It is time," he says. "It has been since morning." I take a bite.

He then begins to explain to me the fundamental shifts in Copenhagen that have led to the current restaurant boom. Local produce was suffering as consumers increasingly chose to shop in supermarkets; eating out was reserved for special occasions. I can hear him, but my mind is lost to the chocolate, which is deeper, darker, and richer than any I have ever tasted. For the second time, Bojesen has given me the most intellectually satisfying piece

of candy in my life. This time around, it is delicious too.

THE CHANGES IN COPENHAGEN are palpable. A new theater, the Royal Danish Playhouse, opened in 2008 and shimmers along the near bank of the waterfront. Just beyond it rises the hulking modernist Royal Library, nicknamed the Black Diamond for its dark granite walls and cubist shape.

But the most memorable addition is the Copenhagen Opera House. Designed by the acclaimed Danish architect Henning Larsen, whose work has altered skylines from Reykjavík to Riyadh, it sits on an island beside the old docks and reminds me of an ultramodern cruise ship, all curves topped with a flared



Visitors lounge by Copenhagen's waterfront.

but they were the most interesting. I thought of them again a few years ago when the British magazine *Restaurant* anointed Copenhagen's Noma, which was said to serve foraged food atop edible soil and source everything from northern Europe, the world's best restaurant.

With Noma as the pioneer, Copenhagen's dining scene has blossomed. The city now has 13 Michelin-starred restaurants, nearly all pushing some culinary boundary. I plan to visit a few, mostly to confirm my hunch that the mad scientists at work in the city's kitchens are the latest manifestation of a creative streak in the national character.

From culinary innovation to furniture design to high tech,



A French bulldog (above) laps up a two-wheel spin around downtown Copenhagen, where bicycles far outnumber automobiles. Elegantly curated dishes (below) are the fare at chef Rasmus Bo Bojesen's glass-walled restaurant in Copenhagen's Opera House.



This would be a caption
for this photo of the Royal
Danish Opera House, event
when they give out prize
for Reumert (like an Oscar)





Vintage town houses line Copenhagen's Nyhavn, or new harbor. All jewel hues, Hotel Alexandra's Panton Suite (opposite) honors the Danish designer Verner Panton.

metal roof. As Bojesen and I drive up, I can't help thinking that at any moment it may steam out into open water.

We take the elevator to the fifth-floor terrace, where Bojesen runs the catering concession. Standing at the rail, I look down at the airy interior, which is punctuated by an egg-shaped hull that houses the performance space in the theater's center. Right now it's filled with patrons for an opera. Out the windows—the theater's glass skin—I see Copenhagen's compact downtown.

Soon we're seated at the restaurant, which stretches a quarter of the way around the circumference of the Opera House; from the kitchen to the farthest seat is more than half a mile.

Dinner is seven courses. I'm just digging into mine when the doors to the concert space open for intermission and a surge of operagoers streams out below us. The tables around us fill swiftly. Most of the patrons on intermission, I note, have dessert and coffee waiting. If you order dinner before the performance, Bojesen explains, the table is yours for the night. Don't feel like rushing to finish your meal before the first aria? You can eat between acts. I envy the diners returning to their tables to find napkins and silverware replaced, the coffee fresh and hot. It's

buildings that line the streets are outside in force, strolling with baby carriages and chatting at cafés. Many must be strangers to each other—it's a city of more than a million people, after all—but the nods and smiles I see when two groups pass make it seem as if they all know one other, at least by sight.

I arrive at a small street off a cemetery and find a building I'd been told to check out: Birkegade 4-6. I pick a name and ring a buzzer. Not long ago, the residents of this slender, mid-century structure were plagued by a leaky roof. They also wanted a garden space. In a flash of inspiration, someone had the idea to address both situations at once. The building's governing board commissioned the construction of a multilevel park atop the structure, paid for by adding three new units.

Birkegade 4-6 is private. By happenstance I've pressed the doorbell of one of its board members. When I explain I'm eager to see what a park crowning an apartment building might look like, he buzzes me up. I climb the stairs, step out a door, and find myself at the crest of a grass-covered knoll. I notice a table and chairs for an alfresco meal, a play area where kids can let off steam, and an encompassing view of neighborhood rooftops

and steeples—yet another example of resourceful Danish *hygge*.

I return to the street and head west to Manfreds & Vin, a “natural wine bar” that only carries wines produced with natural yeasts and bottled without sulfur. Lost in a reverie of what it would be like to live here, I greet everyone with a smile, as though we'd met at yoga or our kids' preschool. Everyone—man, woman, child—nods back.

AFTER SEVERAL NIGHTS in the Finn Juhl suite, I move over to another, with furnishings by Verner Panton, the bad boy of Danish furniture design. His work, done in tubular steel and molded plastic, began not long after Juhl's but is firmly rooted in the worldwide cultural awakening of the 1960s. Panton crafted legless chairs and cardboard houses and brought avant-garde design to the masses with easily replicable, inexpensively produced furnishings.

Sitting on an original Panton chair (known as the S chair) in my room one

a manifestation of the Danish virtue of *hygge*, which usually is translated as coziness and comfort—the notion of being in good hands.

I feel in good hands the next day when I walk northwest from downtown to Nørrebro. This district isn't the fanciest part of the city, nor the most historic. It's a neighborhood, with the intimacy that implies. Today is one of the first fine days of spring, and residents of the five- and six-story apartment

morning, I come across a magazine article about a Danish Arts Foundation competition to replace furniture designed by Finn Juhl for New York's United Nations building. The winner: the Danish firm of Salto & Sigsgaard. It seems its groundbreaking creations of bendable wood and leather are set to be unveiled.

Panton wouldn't stand on ceremony, and I don't either. I look up the address for Salto & Sigsgaard and set out. I'm expecting to find a multistory building with a receptionist. Instead, the office for this up-and-coming design duo is little more than a storefront with a locked door. Before I turn away, a white car screeches into a parking spot at the curb. Kasper Salto and Thomas Sigsgaard emerge. Local celebrities, they've just come



ON THE
IPAD

View more images of Denmark's capital city by photographers
Sisse Brimberg and Cotton Coulson.



A sculpture of the Norse god Baldur stands on temporary display by one of Copenhagen's lakes. Serpentine Cobra candlesticks (opposite) add luster to a Georg Jensen showroom.



Girl with a fun tattoo bares a leg (above) at the coffee and juice bar Joe & the Juice. Artfully arranged crocuses (right) carpet a garden at 17th-century Rosenborg Castle. The energy is youthful, the food inventive, in the Manfreds & Vin wine bar (below).



from the latest in a series of television interviews, yet their studio is no grander than the ice cream shop on the corner. “We’re not looking to have 50 employees,” Salto says after inviting me in. “We are not ambitious in that way. But we’re ambitious in making things perfect.”

Salto’s partnership with Sigsgaard, who is trained as an architect, started in 2003, when they collaborated on designing the Nosy desk lamp. Seven years later, the lamp was produced. A few years after that, they designed another lamp. Now there’s a chair. You might expect they’d make a table next, or even a series of them. That’s not the way Danes work, Salto explains. Rather, they wait until a design challenge presents itself, then figure out an elegant way to meet it.

“If it was for money,” Salto says, “Thomas and I would be a failure. But I have not had a day since we started when I said, ‘Oh, God, I have to go to work.’ That’s worth more than money.”

Multiply their attitude over an entire population and you get underachievement by any American standard, but a society that seems to understand its place in the cosmos. Even more than bike lanes, a fetish for recycling, and Denmark’s cap on carbon emissions, this rejection of production for production’s sake lies at the heart of the Danish notion of *miljøvenlig*, or environmental friendliness.

“The most sustainable way is to *not* make things,” Sigsgaard explains. “The second most sustainable is to make something very useful, to solve a problem that hasn’t been solved.”

He motions to the chair in front of him, eminently functional yet as aesthetically pleasing as a piece of sculpture. “That,” he says, “is what we try to do.”

I COULD SPEND MY TIME in Copenhagen walking the same streets, returning to the same museums, even eating at the same restaurants. Like all textured cities, rich in history and context, Copenhagen rewards familiarity. But I keep hearing about Brygge, ten minutes by bike south of downtown. It was a wasteland of disused factories and warehouses last time I was here, not an area I ever would have thought to visit. Now I find a neighborhood of young professionals, families, artists, artisans. Old factories have been retrofitted as residences, their window frames painted a dazzling white. New glass boxes that somehow harmonize with older buildings serve as corporate offices.

“It used to be all industry here; now there are advertising agencies, graphic designers, art studios,” says Lars Lyng. He is a pilot I meet at a Brygge coffeehouse. An early resident of the renovated area, he loves its proximity to the city center, its small shops and cafés, and the ribbon of waterfront land.

“That could have been developed, but a local movement convinced the city to set it aside for recreation,” he tells me. “The politicians here listened—crucial for the whole development.”

From Brygge I wander north, ending up in a parking lot beside a canal. There, on land loaned by a Danish corporation, I see a translucent geodesic structure called the Dome of Visions

arching into the sky. Inside sits a small house made of toxin-free pinewood. Built by a company called Tejlgaard & Jepsen and only briefly on exhibit, the dome illustrates how inexpensive Danish houses could be if they didn’t need insulation against cold weather. But more than the project itself, I’m fascinated by Kristoffer Tejlgaard and Benny Jepsen, who are self-described “architects/entrepreneurs.”

“Our model is open-source software,” says Jepsen. “Come up with good ideas, then give them away.” The idealist in me wonders if such cooperatives might fill the city of the future, though how Tejlgaard & Jepsen works as a business model isn’t clear. It doesn’t seem clear to Jepsen, either.

“We were driving around doing projects, like hanging up swings for kids,” he says. “We found that many people wanted to join us. Soon we thought, ‘Hey, it’s a company.’” He shrugs. “So far, it’s working. I’m getting paid. And I’m enjoying myself. If it isn’t fun, it isn’t worth it.”

JEPSEN IS ON MY MIND the next afternoon when I stroll Nansensgade, a handsome old street that winds through a residential neighborhood. It’s Sunday, so all is quiet. The seven-day-a-week economy, you won’t be surprised to learn, hasn’t made it to Copenhagen. Or, rather, it came—and Danes didn’t embrace it.

“I don’t want every place to be New York City,” is how Noma’s René Redzepi put it.

“I don’t want Sunday to be Monday.”

I can see why. Within two blocks on Nansensgade, and on just one side of the street, I notice a shoe shop, a ceramics workshop, a frame-maker, a wine bar. Each has a shingle announcing its presence in a singular typeface; passing these signs is almost like visiting an art gallery. During the week, these businesses are home to artisans working with their hands and their heads. Today, lights are off, doors shut tight. Except, maybe, in one shop.

For years, Brøndum published Danish translations of illustrious writers in collectors’ editions. “We used to do the printing here; now it happens elsewhere,” H. J. Brøndum, the proprietor, tells me. Brøndum is semiretired but likes nothing better than to come to his shop and watch the world go by. Copenhagen has changed—the world has changed—but his small corner hasn’t. He shows me a rare edition of Federico García Lorca’s poem *Llanto por Ignacio Sánchez Mejías*, in Spanish and Danish. Turning the pages, he gets lost in the past.

Back outside, I’m entranced by the present—or is it the future? I see couples with arms linked, families biking together, an idyllic cityscape in which everything is the proper scale. An enticing menu posted outside a New Nordic restaurant makes me reconsider my dinner plans. Any sense of responsibility I have has dissipated into the spring air. I reach into my jacket pocket and find one of Bojesen’s chocolates, a perfect accessory to a Sunday afternoon. I pop it in my mouth.

Why not? It has been since morning.

BRUCE SCHOENFELD writes about food, wine, and design. Contributing photographers **SISSE BRIMBERG** and **COTTON COULSON** have lived in Copenhagen, where Brimberg grew up.

NOT SURPRISINGLY, THE SEVEN-DAY-A- WEEK ECONOMY HASN’T MADE IT TO COPENHAGEN.

THE INSIDER

Copenhagen, Denmark

IN A CITY WHERE more than half the residents commute by bike, cycling is a way to feel like a local. But before joining the estimated 40,000 cyclists who cross Queen Louise's Bridge each day, review a few rules of the road.

WHERE TO RENT

Many hotels offer bike rentals, or visit **Baisikeli Bike Rentals** in Vesterbro/Dybbølsbro or City Centre to select a bike (first come, first served). **Rent a Bike in Copenhagen** requires online reservations, ensuring a bike will be awaiting you at its City Centre shop.

WHERE TO BIKE

Look for the ubiquitous blue-and-white posts or painted lines marking bike lanes. Concrete curbs often separate designated cycle lanes and cars. Blue "Gågade Zone" signs

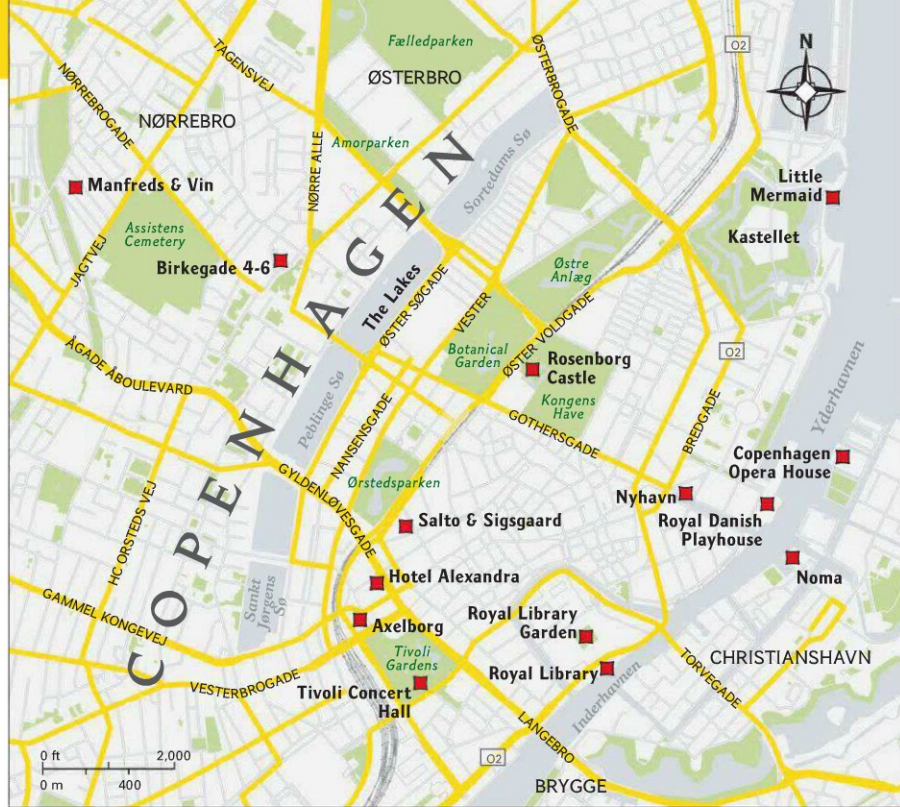
indicate pedestrian-only streets.

SAFETY FIRST

Make sure your bike comes with a handlebar bell to alert riders when passing (always on the left). Use hand signals when stopping or turning (right turns on red are illegal). Stop for bus passengers who are boarding or disembarking. At intersections, follow the cycle-specific traffic signals and blue path.

WHERE TO STAY

Down a cobblestoned lane between Peblinge Lake and Nansensgade's cafés



is **Kong Arthur**, four buildings around an inner courtyard. From \$212. New in June 2013, one-room **Central Hotel & Café** near Værnedamsvej is a microcosm of Danish design: functional, simple, and fun. The hotel is the renovated upper floor of a storybook house built in 1905 as a cobbler's shop. From \$266.

WHERE TO EAT

Geranium head chef Rasmus Kofoed creates innovative 20-course, terroir-based Nordic tasting menus using earthy items such as pine needles, beetroot, berries, and stems. The modern restaurant's perch atop Parken, Denmark's national stadium, seems questionable until you see the city views. Lunch from \$195. Find spirited conversation, tight table space, natural wines, organic coffee, and local small plates at **Manfreds & Vin** in Nørrebro. Lunch from \$31 (closed Mondays).

WHAT TO READ

Kerrigan in Copenhagen: A Love Story, by Thomas E. Kennedy: a bitter-sweet novel disguised as a guidebook to Copenhagen's more than 1,500 drinking establishments.

Noma: Time and Place in Nordic Cuisine, by René Redzepi: a handsome coffee-table book celebrating one of the world's most innovative restaurants and featuring 90 recipes.

ATLAS

Copenhagen, Denmark



Karma Spotters along Copenhagen's bicycle lanes look for considerate cyclists and reward them with a sticker and a chocolate bar.

Tivoli's wood roller coaster, marking its centennial in 2014, is one of a few left with an onboard brakeman.

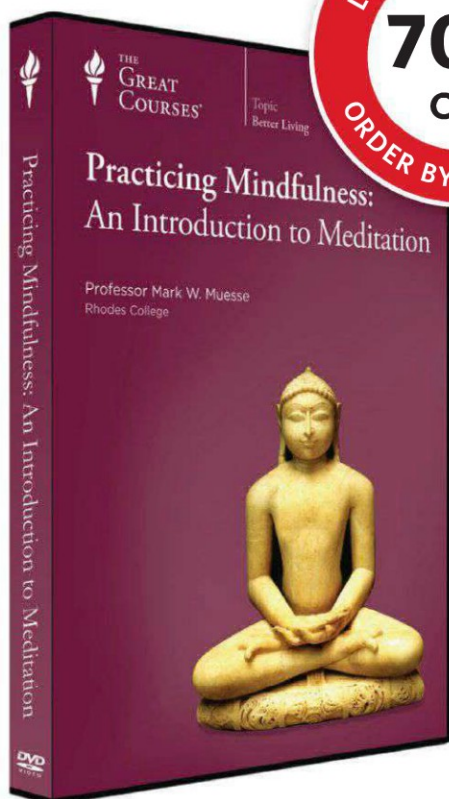
Copenhagen's **Ibsens Hotel** accepts payment in **Artmoney**—original art that is used as an alternative currency.

PHOTO TIP

SHOOTING CITY ARCHITECTURE

"A striking feature of modern Copenhagen is all the new buildings constructed around the harbor," says photographer Sisse Brimberg. "When shooting them, avoid exaggerated perspective and converging verticals (this is when the buildings appear to point backward). Find a shooting platform that allows you to keep your camera level. Make sure your vertical lines in the frame are parallel to the edges of your viewfinder. Shoot at mid-height of the building, and look for an object, or people, in the foreground that fills the empty space."





Discover the Essence of Mindful Meditation

In recent decades, science has confirmed that meditation, when correctly practiced, offers lasting benefits for your physical, mental, and emotional health. Now, in **Practicing Mindfulness: An Introduction to Meditation**, experienced meditator and Professor Mark W. Muesse gives you a clear understanding of the essence of meditation—and how best to practice it.

In 24 detailed lectures filled with guided exercises, he teaches you the principles and techniques of sitting meditation, the related practice of walking meditation, the use of meditative awareness in activities such as eating and driving, and more. Emphasizing clarity and practical understanding, his course will leave you with a solid basis for your own practice and for bringing meditation's empowering benefits into every area of your life.

Offer expires 01/20/14

1-800-832-2412

WWW.THEGREATCOURSES.COM/8NGTR

Practicing Mindfulness: An Introduction to Meditation

Taught by Professor Mark W. Muesse
RHODES COLLEGE

LECTURE TITLES

1. Mindlessness—The Default Setting
2. Mindfulness—The Power of Awareness
3. Expectations—Relinquishing Preconceptions
4. Preparation—Taking Moral Inventory
5. Position—Where to Be for Meditation
6. Breathing—Finding a Focus for Attention
7. Problems—Stepping-Stones to Mindfulness
8. Body—Attending to Our Physical Natures
9. Mind—Working with Thoughts
10. Walking—Mindfulness While Moving
11. Consuming—Watching What You Eat
12. Driving—Staying Awake at the Wheel
13. Insight—Clearing the Mind
14. Wisdom—Seeing the World as It Is
15. Compassion—Expressing Fundamental Kindness
16. Imperfection—Embracing Our Flaws
17. Wishing—May All Beings Be Well and Happy
18. Generosity—The Joy of Giving
19. Speech—Training the Tongue
20. Anger—Cooling the Fires of Irritation
21. Pain—Embracing Physical Discomfort
22. Grief—Learning to Accept Loss
23. Finitude—Living in the Face of Death
24. Life—Putting It All in Perspective

Practicing Mindfulness:

An Introduction to Meditation

Course no. 1933 | 24 lectures (30 minutes/lecture)

SAVE UP TO \$185

DVD ~~\$254.95~~ **NOW \$69.95**
CD ~~\$179.95~~ **NOW \$49.95**

+\$10 Shipping, Processing, and Lifetime Satisfaction Guarantee

Priority Code: 85862

Designed to meet the demand for lifelong learning, The Great Courses is a highly popular series of audio and video lectures led by top professors and experts. Each of our more than 450 courses is an intellectually engaging experience that will change how you think about the world. Since 1990, over 14 million courses have been sold.

WORLD-CLASS LUXURY & OLD-WORLD CHARM IN MEXICO



Enjoy an amazing hacienda vacation in the heart of Maya country and less than an hour from Mérida International Airport.

Famous for its Maya ruins, cenotes, and elegantly restored haciendas, Yucatán offers visitors an authentic travel experience, unlike anything else on Earth.

Yucatán is one of three states that make up southern Mexico's Yucatán Peninsula, an area of flat farmland, tropical forests, and coastline that juts eastward along the Gulf of Mexico and the Caribbean Sea.

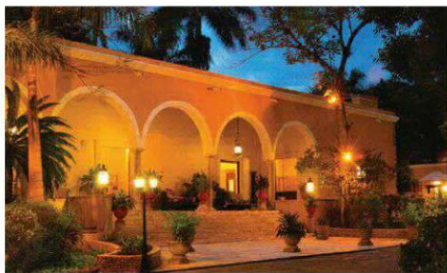
For generations, travelers have been drawn to its archaeological sites and sunny, white sand beaches. Today, visitors can enrich their sense of place by staying at one of Yucatán's more than 50 restored haciendas, located in the Maya countryside just outside the capital city of Mérida.

Haciendas were cattle, corn, sugarcane, and later sisal (henequen) working farms that flourished during the 1800s. When synthetic fibers came into fashion in the 1940s and the henequen boom ended, many haciendas faded to near

ruin. Thankfully, resourceful owners have transformed the finest of these surviving estates beyond their 17th century glory, combining historic, traditional, and modern elements. The result is an array of spectacular hotel properties, each with a style and character all its own.

Modern amenities include swimming pools, spas, fine dining, strolling gardens, and upscale services. Activities include cenote tours, birding and hiking along miles of isolated beaches (the Yucatán Peninsula is home to more than 500 bird species, including the Caribbean flamingo), and excursions to nearby ruins, the most famous of which is Chichén Itzá, a World Heritage site and modern world wonder.

Most haciendas can be rented by the night or by the week, and are a perfect restorative retreat for singles and couples. They also provide a wonderful and homey atmosphere for holidays, weddings, reunions, and family gatherings. Here are five favorites, all of which practice sustainable tourism to preserve and give back to Maya culture.



Hacienda Chichen and Yaxkin Spa

Originally built in 1523, this hacienda is one of the area's oldest and the Maya's rich history is reflected in every corner. Chichen has it all—deluxe accommodations, fine dining, exquisite gardens, a Maya holistic healing center, and cultural, culinary, and ecological activities. A leader in sustainability, in 2011 Chichen was named one of *National Geographic Traveler's* Top 10 Eco-spa Wellness Destinations in North America.

haciendachichen.com



Hacienda Santa Rosa

Formerly a nobleman's private estate, this small, luxury hacienda is an enchanting private escape. It features spectacular architectural details, such as carved columns and hand-carved wood furniture, romantic room décor, and garden suites. Wake up to chirping birds and deluxe poolside breakfasts in an exotic botanical setting. Spa services, evening campfires, and thoughtful attention to service enrich the guest experience.

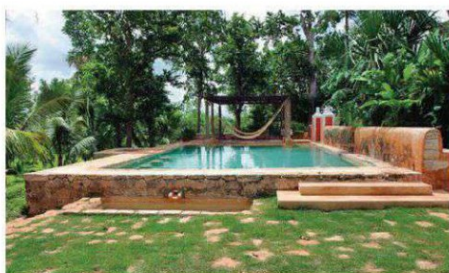
haciendasantarosa.com



Hacienda Xcanatun

Indulge in luxury and Maya charm at this 18-suite luxury property in Mérida, carefully restored in 2000, while preserving the hacienda's original concept of space, ambiance, ornamentation, and materials. It features a gourmet restaurant serving global cuisine, a swimming pool, spa services, and spacious gardens. Read, relax, and recharge in exquisite comfort with outdoor hydrotherapy baths or carved coral stone bathtubs in-room.

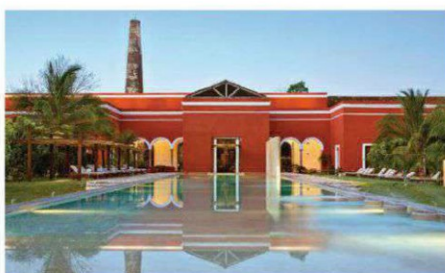
xcanatun.com



Hacienda Petac

Built in the 17th century on the ruins of a Maya site, this five-bedroom hacienda combines luxury, service, and total privacy. This unique vacation experience is customized to your group's interests. Enjoy the spa and pool, outdoor yoga, Yucatecan cooking classes, and live music on the outdoor dining terrace. Guided tours take you birding, archaeological site-seeing, or to the area's several "hidden" underwater caves.

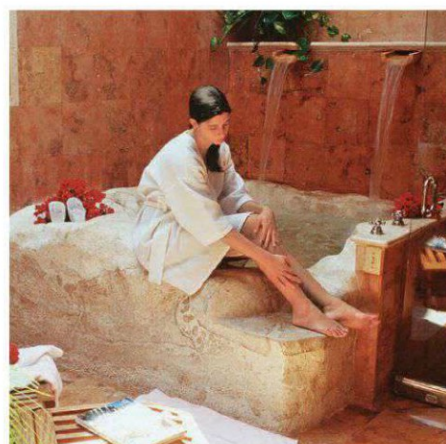
haciendapetac.com



Hacienda Temozon Sur

Discover the magic of the Maya world at this elegant hacienda, located just 25 miles from Mérida. All rooms and suites are named after their original function (the pharmacy, the school, etc.) and the restored architecture recalls its belle époque past. Nap Maya style—hammocks are provided in every room—after a swim or tennis. Enjoy a stone massage and relax in a candlelit cenote at the Hol Be Spa.

haciendatemozon.com



México

LIVE IT TO BELIEVE IT
visitmexico.com

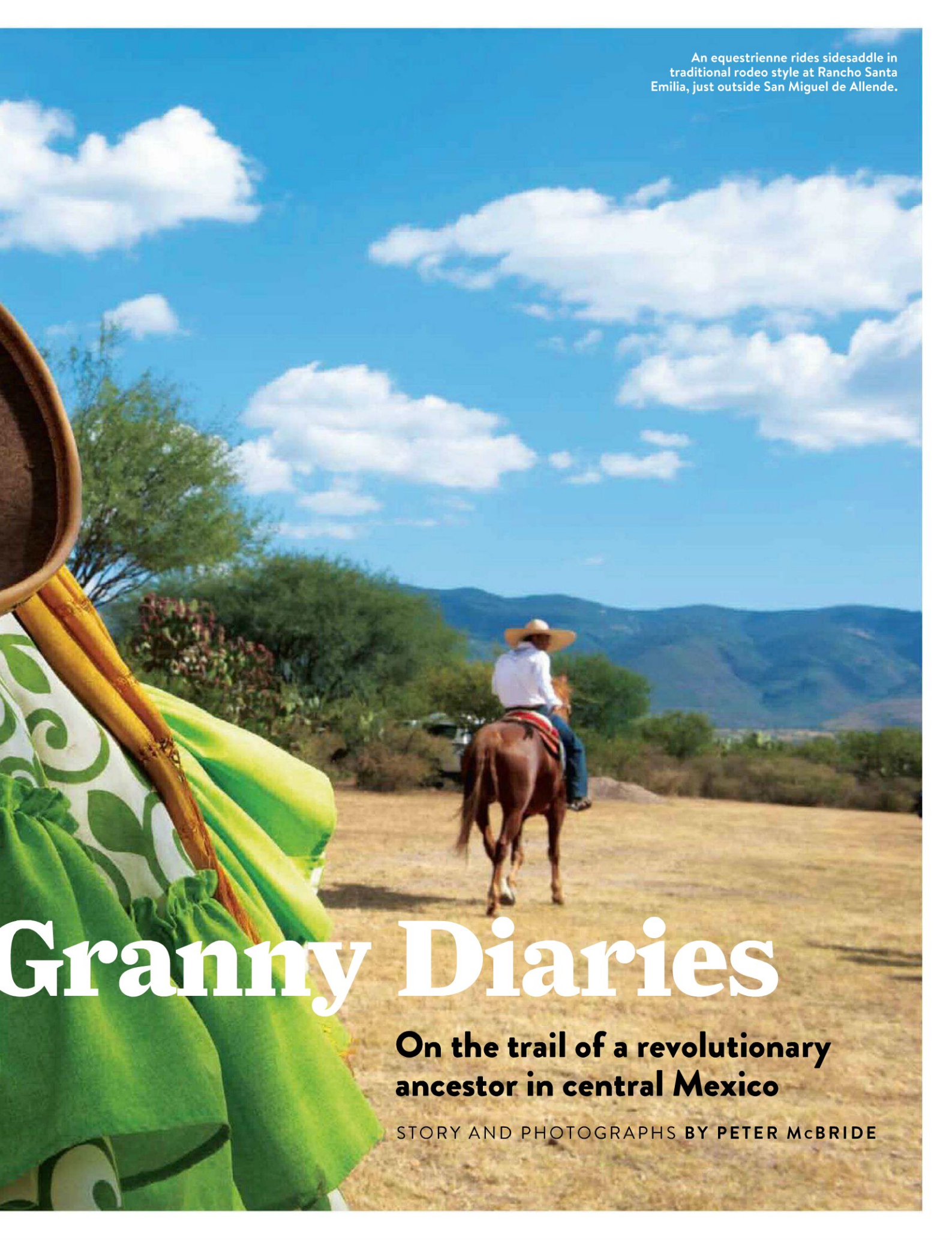
DISCOVER CENOTES, YUCATÁN'S AWESOME NATURAL WONDERS

When you dive into your first cenote, you'll understand why the Maya believed water was sacred. These amazing emerald green pools are sinkholes that form when the limestone shelf cracks and collapses, then fills with rainwater. Cenotes, many of which are swimmable, are part of Yucatán's unique subterranean river and cave system. Don't miss the Sacred Cenote at Chichén Itzá, once the water source around which the great city was built. Learn more about cenotes in "Secrets of the Maya Otherworld" (*National Geographic* magazine, August 2013) at ngm.nationalgeographic.com/cenotes.





The



An equestrienne rides sidesaddle in traditional rodeo style at Rancho Santa Emilia, just outside San Miguel de Allende.

Granny Diaries

On the trail of a revolutionary ancestor in central Mexico

STORY AND PHOTOGRAPHS BY PETER McBRIDE



In Guanajuato's Jardín de la Unión, a young mariachi riffs on the guitar while his grandfather drums up their next gig.



KEN KASHUBA/TYPER SET COIN COLLECTING (COIN)



**MARIMBA MUSIC LILTS OUTSIDE IN THIS
COLONIAL CITY OF QUERÉTARO. IN THE
SUN-SPLASHED LIBRARY ROOM, SHELVES
CRAMMED WITH BOUND PARCHMENT PAPER,**

leather journals, and government letters sit against walls hung with Catholic relics and oil paintings cracked with age. What I don't see are temperature and humidity control devices. Better not cough, I think; centuries of Mexico's written record could be reduced to dust. It's two weeks into my ancestral scavenger hunt through Mexico's central highlands. My quarry, Josefa Ortiz de Domínguez, has thus far eluded me. But now, perhaps, pay dirt?

David Saavedra Vega, the librarian here for 30 years, greets me. Of course he's heard of Josefa: Known as La Corregidora, she remains the heroine of Mexico's 19th-century War of Independence against Spain. She was also the mother of 14 children. Saavedra smiles and says he might be able to help.

Within minutes, he brings me a pile of handwritten letters dated 1806. The G's and Q's swirl flamboyantly. I imagine the arcing feathers that penned them. Stamped on the letters signed "Miguel Domínguez, Corregidor"—Josefa's magistrate husband—are Spanish government seals. Moments later, Saavedra returns to my table and hands me a thick book. It is an account of the family's offspring. The (grand) mother lode.

For generations, my family has boasted about our connection to Mexico's great revolutionary. Without Josefa's courageous involvement, the story goes, Mexico's independence would likely have been delayed. (After 11 years of war, the Spanish overlords had no choice but to hand over the reins to the Mexicans.) My pride in Josefa's role aside, I also credit her for my passion for Latin culture, food, and rhythms. I also suspect she is the root of a rebellious streak that has coursed through my veins since I was born. I want to know her better.



I open the book. I think of my grandfather, who introduced me to our family's famed forebear. Years ago, he gave me a faded Mexican 20-peso bill with Josefa's portrait. I carry it with me now.

MY SEARCH BEGINS in the bustle of Mexico City, where splashy murals, oversize plazas, and a friendly vibe might have distracted me for days. But I am eager to head north to the Ruta de la Independencia, a series of winding mountain roads that connect San Miguel de Allende, Dolores Hidalgo, Guanajuato, and Querétaro—all key to Mexico's history.

Some two hours north of Mexico City, I drive down a cactus-covered hill as the radio crackles to life with the accordion-heavy strains of norteño music. On the road's shoulder ahead, three charros (cowboys) move a herd of loose-skinned Brahman cattle, clouds of dust chasing their horses. Over the next hill, on the outskirts of the prosperous city of Querétaro, I turn into a historic stretch of road. On September 13, 1810, a rider galloped some 40 miles from Querétaro to San Miguel. He carried an urgent message from an activist named Josefa—María Josefa Cresencia de la Natividad Ortiz Téllez-Giron de Domínguez, to be precise.

No one knows the exact words in that note, but history got the message: Begin the revolution. Now. In 1810, fed up with the second-class treatment of Mexico, Josefa and her revolutionary associates hatched a plan from her Querétaro home to liberate Mexico from Spanish rule. But word of the plan leaked, and Spanish officials began rounding up the conspirators. Josefa's husband, Miguel, aware of his wife's activities and wishing to protect her, locked her up in their home. She managed to slip her note through the keyhole to a rider. That simple act toppled the first domino in what would come to be known as Mexico's War of Independence. My plan is far less ambitious: Follow Josefa's footsteps, absorb everything related to the Mexican Revolution—and consume some mole along the way.

In San Miguel, I find a culturally rich town with a dash of arty Santa Fe sensibility, sweeping views, secret alleys, and music-soaked plazas, but I uncover nothing about my ancestor. An invitation to a rodeo at a local ranch offers balm for my frustration. Rancho Santa Emilia is an elegant nod to the 1800s, down to such details as horse stalls crafted with hand-hewn timbers. When the rodeo starts, I watch another century swirl before me.



A ghoulish trio celebrates the Day of the Dead in Guanajuato. Opposite: Crumbling books and manuscripts line the shelves of Querétaro's Museo Regional, a former Franciscan monastery. It is here that the author goes to learn more about his family history.

MY GRANDMOTHER'S
MESSAGE REACHED
FATHER MIGUEL
HIDALGO. HIS SERMON
SERVED AS A RALLYING
CRY: PICK UP ARMS,
MARCH SOUTH, AND
SEND THE SPANISH
HOME.





Guanajuato's many colors glow in late afternoon sunshine.

Sombrero-clad charros gallop through explosions of red earth as *escaramuzas* (horsewomen) ride sidesaddle in swishy Spanish dresses. Bulls snort and mariachis trumpet.

A man in the audience stands, toasts the rodeo, downs a tequila shot, and begins to sing a ballad of the brokenhearted. His deep baritone carries a haunting nostalgia that seeps into my bones. Then, a 12-piece mariachi band jumps in and violins pierce the air. The din captivates the crowd. Dust clings to the sweat on my face, and I am swept back into the 19th century and thoughts of Josefa.

On September 15, 1810, my grandmother's message reached a co-conspirator, Father Miguel Hidalgo. At 6 a.m. on September 16—celebrated as Mexico's Independence Day—Hidalgo rang his church bell and delivered a sermon that would serve as the people's rallying cry. It was time to pick up arms, march south, and send the Spanish home.

By car from San Miguel it takes me 30 minutes (half a day by horse in 1810) to reach the plaza of the blue-collar pueblo of Hidalgo. Children's laughter rings out. Edging the plaza is a school, El Colegio La Corregidora. Metal etchings and bronze busts of La Corregidora surround the building. In the center of town I find statues of Father Hidalgo and Josefa. I visit the small parish church where Hidalgo exhorted his flock—mostly peasants—to become an army. Outside, a young woman, eyes clenched shut and brow furrowed, belts out a heartfelt solo. I ask her what the song means. "It is about love and freedom," she says.

I push on toward Guanajuato. The road—all curves and bright views of La Sierra Gorda—is nearly empty. I encounter few vehicles, mostly weathered trucks. Their drivers wave me on. Within an hour, glimpses of Guanajuato's candy-colored architecture flash past as I head into the city.

In late September 1810, Hidalgo hurried his ragtag wagon train of rebels along the route I now drive. They reached Guanajuato and solidified the revolution in a surprise and successful attack on the Spanish barracks. Less than a year later, in Chihuahua, Hidalgo and his cohorts were captured and executed. To thwart further insurgent activity, the Spanish displayed the heads of Hidalgo and his three lieutenants in cages suspended on the corners of a granary. The gory symbols only strengthened revolutionary resolve. I walk through the granary, now an open-air museum. I come upon a mural of Hidalgo's caged head. His burning eyes follow me.

Back outside, I stroll a maze of alleys and tunnels that create an atmospheric blend of Spain and Mexico. It is November 1, El Día de los Muertos (the Day of the Dead), the first of two days of countrywide celebrations. When I reach Jardín de la Unión, I see skeletons wandering the square. A clown makes people howl as mariachis keep the beat. At Casa Valadez, off the plaza, I sit down to a Caesar salad with a blue cheese ice-cream dressing.

The next day I visit a cemetery blanketed with people and fresh flowers. Miniature skulls made of sugar are sold everywhere. This holiday is all about remembering the departed. I spend the

afternoon wandering the walled pantheon that overlooks hilly Guanajuato and its gravity-defying architecture, thinking about my own departed ancestor. I head back downtown at dusk. Murals of skeletons made from colored sawdust have magically appeared on the pedestrian streets. One looks to be a rendition of Hidalgo with Josefa in the background. But I've seen enough statues and paintings. I want the real Josefa. It is time to visit her home in Querétaro.

This is not my first visit to this colonial city. Twenty years ago, I'd applied for a college semester abroad in Spain. I was turned down—and ended up here instead. En route from Mexico City by train, I opened a package my grandfather had given me. In it were the 20-peso bill with Josefa's portrait, a bundle of letters, a hand-scribbled family tree, and a typed note: "Peto—I am delighted to know you are going to Querétaro. You are headed to the center of your family's history." During my four months of study here, I tried to uncover some family lore, but limited language skills and a young adult's attention span hindered my quest.

Today, Querétaro appears to be twice the size I remember. I quickly find Calle Corregidora and turn toward the *centro histórico*, weaving through vaguely familiar blocks until I reach La Casa de

A MAN STANDS, TOASTS THE RODEO, DOWNS A TEQUILA SHOT, AND BEGINS TO SING A BALLAD OF THE BROKEN-HEARTED. HIS DEEP BARITONE CARRIES A HAUNTING NOSTALGIA THAT SEEPS INTO MY BONES.

la Marquesa. Located a few steps from the central plaza, the hotel is the perfect base for my explorations. My room's name: Doña Josefa. No kidding.

I walk the streets, engulfed in a sense of déjà vu at every corner. The statue of Josefa looming over the Jardín de la Corregidora looks more vibrant than I recall. Busloads of school kids funnel through to pay homage to this woman, who is "more popular than ever, thanks to the Internet," a teacher tells me.

Restaurants and chic bars fill what were ghostly streets when I studied here years before. And just as I'd encountered in every town along La Ruta de la Independencia, live music bubbles from many an open door.

I climb to the city's aqueduct overlook. Just above sits Querétaro's pantheon. Here Josefa, her husband, Miguel, and other important figures in the fight for Mexican independence lie entombed.

I overhear two women discussing the revolution. I ask them about Josefa. The shorter of the two looks at me, cups her right hand low by her waist, moves it up and down, and grins. I understand the gesture perfectly.

"*Huevos*," she says, "*huevos grandes*."

The taller of the two shakes her head. "I don't agree," she says. "She was just doing her duty." Little do they know they're talking about my flesh and blood.

ON THE IPAD

View Peter McBride's photo gallery and a two-minute, time-lapse video of his trip through revolutionary Mexico.



Throughout central Mexico, rodeos celebrate horsemanship. After the charros (cowboys) show off their skills, spectators (top) take to the dance floor.



A bust of La Corregidora, heroine of Mexico's 19th-century War of Independence against Spain, keeps vigil in Dolores Hidalgo.

The next day, I tour Josefa's home, now the town's main government building. Two guides lead me to the stateroom. "Today, this is where anything important happens," one tells me. It is the very room where Josefa's history-changing "start the revolution" message slipped through the keyhole—and went viral. As her distant relative and, I like to believe, kindred spirit, I can't help but wonder: Could I start a revolution? Do I have, ahem, what it takes?

My last stop is Querétaro's regional museum and, within it, the library. I pause when I am handed the exact text I've been searching for; I know it marks the end of my quest. From my pocket I pull out my grandfather's handwritten family tree. I open the book. I locate the genealogical diagram and search for familiar names. I trace the names detailed in my grandfather's letter. I cross-reference with the book. Domínguez-Domínguez. They start to match.

But then they don't.

Something isn't right. I check both again—three, four, five times. The two lists don't line up. Our family names don't match any offspring of Josefa's grandchildren. Then I notice a blurb about her fifth son, Miguel (our alleged link). He moved to southern Mexico (our Domínguez relatives lived there too), but there is little documentation of his life beyond that. He married but had no marriage license, no children. Then I read in Spanish: "One family claims to be related, but have been proven to be imposters."

Outside, the marimba music stops. A shadow sweeps across the room. I realize I am not who I think I am. I have not descended from

a famous revolutionary. The *sangre* of Mexico's great heroine does not dance in my veins. My nonrevolutionary blood starts to boil.

Imposters. My family's connection to history is, well, fiction. Or is it? There is always the question of illegitimate children. After Hidalgo was executed, a battalion "escorted" Josefa to Mexico City. Legend has it she spat in the face of each soldier. Josefa was imprisoned for eight years. Was there a secret 15th child born during that time? Did her son Miguel have undocumented offspring?

Does it matter?

On my last night in Querétaro I stumble on a little Oaxacan-style restaurant, *María y su Bici*. Featured here are 12 flavors of mole—that intensely rich, velvety smooth, infinitely complex Mexican secret sauce. After I beg, the waiter lets me sample them all. People merrily share tables, jokes, and tequila. Such simple joy, such decadent mole. Such decent humanity. I could fight a revolution for this.

Two musicians start to play campesino tunes that make my heart ache, and I decide I will adopt Josefa Ortiz de Domínguez, La Corregidora, as my insurgent granny. I think my grandfather would approve. My inner Latino might not come from Josefa's DNA, but it still jumps when a mariachi wails.

Colorado-based **PETER MCBRIDE** is a writer, photographer, and filmmaker. He loves Mexico's *mañana* attitude and sometimes dreams in Spanish, though he is still working on pronouncing "La Corregidora" correctly.

THE INSIDER

Mexico's Independence Route

MEXICO'S Ruta de la Independencia connects the country's revolutionary hot spots—Querétaro, San Miguel de Allende, Dolores Hidalgo, and Guanajuato—culturally rich colonial cities that launched the independence revolt. Today these picturesque towns offer art, music, and Day of the Dead festivities.

WHEN TO GO

Visit the first week of November when the locals celebrate the Day of the Dead (Día de los Muertos), evoking the memories of the deceased at cemeteries with stories, music, and perhaps a swig of tequila. As they do at Halloween, kids dress as skeletons and collect candy—skulls made of sugar. **San Miguel de Allende**

boasts a four-day festival with a public art installation of large skulls along the streets and throughout the graveyards, as well as cemetery tours. **Guanajuato** comes to life with street performers and giant sawdust and sand murals decorating worn cobblestoned streets.

For the morbidly curious, Guanajuato features a museum

with more than a hundred naturally mummified bodies in climate-controlled plastic cases. All were exhumed between 1865 and 1989 following a government-required grave tax. (If the deceased had no family to pay, the body was not reburied.)

WHERE TO EAT

La Posadita in San Miguel de Allende has rooftop tables and views of the *parroquia* (central church). The menu features traditional dishes, made-to-order guacamole, and a variety of margaritas (try the one with tamarind). On weekends, the kitchen prepares *posole*, a Mexican stew made with chicken, pork, hominy, and red chilies. In Querétaro, the family-owned **María y su Bici** serves Oaxacan food, including a dozen different *mole* dishes. At the bar, the mesal-based cocktails are topped with crunchy grasshoppers.

WHERE TO STAY

La Casa de la Marquesa in Querétaro offers vaulted ceilings, a winding marble staircase, and live classical music in the lounge that evokes a 19th-century, colonial feel. From \$140. In San Miguel de Allende, **Casa de la Cuesta** sits above town with views of the imposing cathedral and the arid landscape in the distance. Colorful guest rooms feature local folk art. Along with tours of the area, the inn will arrange for classes in ceramics or Mexican cooking. From \$165, including breakfast.

WHAT TO READ

Like Water for Chocolate, by Laura Esquivel, is a recipe-filled love story set during the Mexican Revolution. *Mummies of Guanajuato* was written by science fiction writer Ray Bradbury after his chilling visit to the mummy catacombs.

ATLAS

Central Mexico



In Dolores Hidalgo, shaved ice comes in flavors like cactus leaf, tequila, and avocado.

Families build elaborate Day of the Dead altars in their homes and adorn them with chocolate coffins, papier-mâché skeletons, and photos of the deceased.

Mexico has 68 indigenous languages. Only about 6 percent of the population can speak any of them.

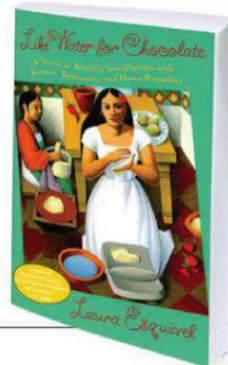


PHOTO TIP

DAY OF THE DEAD

Make sure you're in Mexico on November 1-2, advises Peter McBride. "People come out onto the streets painted like skeletons. You'll be easily dazzled; want to take a photo of everything, and risk getting a good shot of nothing, so focus on one subject at a time. I spotted this girl looking at me through a car window; I liked her expression and the reflection of the clouds."

Travel
Intelligence
2014

THE PERFECT LAYOVER

SHOULD YOU STAY (AT THE GATE)
OR GO (TO TOWN)? NAVIGATING 12 WORLD
AIRPORTS LIKE AN INSIDER
PLUS: STRATEGIES, SECRETS, AND SURPRISES

BY MARGARET LOFTUS





COULD YOUR NEXT LAYOVER be the highlight of your trip? At more and more airports, a long layover can open a window into local culture—whether you choose to venture into the city or simply roam the terminals. When time is of the essence, we suggest a surgical-strike approach. We've picked a dozen popular cities to fly through, recommended whether to stay put or explore, and outlined ideas to maximize your stopover, rather than merely endure it. *(We've designed these itineraries for layovers of six or more hours; depending on the lines and city, you may need to allow extra time to negotiate passport control.)*



Inside John F. Kennedy Airport, tapas standout Piquillo offers a shot of New York cool.

NEW YORK CITY

STAY

Not unlike the Big Apple itself, John F. Kennedy Airport is a patchwork of the fabulous and the prosaic. Hungry fliers who land in JetBlue's terminal 5 are in luck: Deep Blue Sushi, Re:Vive Wine Bar, and tapas winner Piquillo far outshine the food court options. Delta has kicked it up a notch in its new terminal 4, with restaurants from star Manhattan chefs like Marcus Samuelsson's Uptown Brasserie and Danny Meyer's Shake Shack—without the line snaking through Madison Square Park. If you're not a Delta Sky Club member, \$50 will buy you a respite at the lounge, fresh air on the rooftop observation deck included. Or hit 10 Minute Manicure (terminals 3 and 8) for a \$15 nail treatment (add a \$5 foot massage). Shoppers who waded through

the standard mall shops find such enticements as the Metropolitan Museum of Art Store and Japanese home cult favorite Muji To Go (both terminal 5). American Airlines treats lucky summer travelers to live Broadway teasers (terminal 8). Note that cruising between terminals may require passing through security.

Gotham or bust? With Manhattan an hour and a half away on public transit and city taxi fare pushing \$100 round-trip, Queens is your best bet. Take the JFK Air Train to Jamaica station, switching to the subway at Sutphin Boulevard, where the E train toward the World Trade Center whisks you to 71st Avenue in Forest Hills. For a perfectly charred, thin-crust pie, look no farther than Nick's Pizza on Ascan Avenue, and save room for cannoli (cash only). Nearby is a clutch of indie shops, like Blue Elephant for uptown children's wear and Soleil for home goods.

DUBAI

STAY

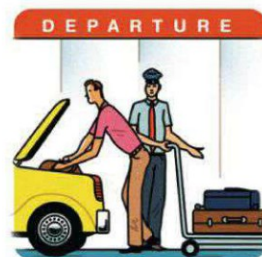
The busiest airport of the United Arab Emirates has become synonymous with glitzy shopping, matching the city it serves. Here's an opportunity to pick up that Rolex watch or Bulgari handbag, or at least gawk at the jet-setters in the duty-free luxury emporium (terminal 2). Looking for something a little less pricey? Zidan carries kitschy souvenirs galore, including a T-shirt emblazoned with "Dubai, the city that never sleeps" in LED (\$34) and a crystalline replica of the city's superlative-topping skyscraper Burj Khalifa (\$13). Once you tire of people-watching—or the airport's free Wi-Fi—collect yourself at one of two palm-shaded Zen Gardens on either end of concourse B (terminal 3); nap in a Snoozecube (terminal 1); or swim a few laps at the pool in the Dubai International Hotel (concourse C, terminals 1 and 3), where the spa and health club are open to nonguests (\$8 an hour).

Up for a deeper dive into Dubai? Cab it (\$7) to the Al Fahidi Historic District in Bur Dubai, which harks back to the city's origins as a pearling village with traditional wind towers, a textile souk, and outdoor cafés offering *shisha* pipes. Fair warning: The airport is notorious for its lengthy passport control lines (midnight is peak arrival time), so plan accordingly.

LONDON

GO

At Heathrow, stash bags in storage available in each terminal (\$12 for up to 24 hours). The Heathrow Express zooms you in 20 minutes to Paddington



Take the Easy Way Out

Industry insider George Hobica divulges five secrets to hassle-free flying.

GET PREAPPROVED At some U.S. airports, enrollees of the Transportation Security Administration's PreCheck program (\$85 for five years) can leave on shoes and jackets and keep laptops and liquids stowed on domestic flights. Global Entry (\$100 for five years) adds fast-track immigration and customs at many U.S. entry points.

SHIP, DON'T SCHLEP For short trips, or when you're packing heavy, shipping may be cheaper. Plus, tracking and insurance are better, and you avoid the lines. No suitcase required; a sturdy box will suffice.

GO PREMIUM United's fees for priority lines, for instance, start at \$9. Business and first-class fares often include this perk, but you can get it by paying for extra legroom on airlines like JetBlue.

GO PLASTIC United, Delta, and American offer credit cards with pre-boarding. The first year is often free.

CHECK IT CURBSIDE If you must check bags, use the uniformed skycaps at departures. Lines are usually shorter; just remember to tip a few dollars a bag.



The
MARKET PORTER

TRADITIONAL
ALES

PARK STREET
LONDON BOROUGH OF SOUTHWARK SE1

Blooming
Bankside

A WARM WELCOME

BAR MEALS
Available

THE
MARKET PORTER
BAR MEALS
Available
FUNCTION ROOM
available for
hire
WELCOME

THE
MARKET PORTER
BAR MEALS
Available
FUNCTION ROOM
available for
hire
WELCOME
RESERVATIONS
TEL 020 7407 2400

Mind the gap: Borough Market buskers are a Tube transfer away from Heathrow Airport.

Station (\$53 round-trip), where you can catch the Tube's Circle line to Blackfriars. Stretch your legs past the iconic dome of St. Paul's Cathedral, across the Millennium Bridge, and over to Borough Market, the city's oldest produce vendor cum fancy food purveyor. Get lost among Londoners shopping for their farmhouse cheddar and pork pies; Fish! Restaurant delivers a classic fish-and-chips fix in an atmospheric setting. Back toward the Thames, the free Tate Modern is home to Mark Rothko's somber Seagram murals and a slate of special exhibitions (priced separately), including a Paul Klee retrospective through March 2014. Time permitting, the London Eye is worth a spin (reduce your wait by booking tickets online; \$28). From Embankment station, the Bakerloo line goes to Paddington.

Can't resist Heathrow's famed miles of retail? Head to Harrods (terminals 1, 3, 4, 5) for a classic British experience and a tin of Harrods tea. Dine at celebrity Gordon Ramsay's Plane Food (terminal 5) for braised lamb neck with mash and gremolata, or order a "picnic" of smoked Scottish salmon to go.

SINGAPORE

STAY Shake off jet lag at Changi's butterfly garden (terminal 3, departure transit lounge, level 2), where a thousand tropical lepidoptera—including 30 species native to Singapore and Malaysia—flit

around 100 carnivorous and insectivorous pitcher plants. More local flora, including Dendrobium Changi Airport—a delicate yellow hybrid named for the airport—brighten the orchid garden (terminal 2, transit mall, level 2). Once refreshed, head to the Xperience Zone (terminal 2, transit mall, level 2), an entertainment and gaming area, or take a dip in the Balinese-style swimming pool (\$14; departure transit lounge east, level 3). Kids can let loose down the four-story slide (terminal 3, arrivals hall), then try their hand at a wood-blocking station (terminals 1-3), where they can rub their own geometric patterns from Southeast Asian cultures, like the Peranakan. Prima Taste serves Singaporean signature dishes such as chili crab and laksa, a spicy noodle soup (terminal 2).

Have several hours to spare? Passengers with five hours or longer can join a free city tour. The two-hour Heritage Tour hits the highlights—the Colonial District, Little India or Chinatown, and Gardens by the Bay. An evening version swings by the Bugis Village night market and Raffles Hotel. Register one hour in advance (transit mall north, level 2).

SEOUL

STAY Bamboo, plum blossoms, orchids, and chrysanthemums are known as the four gracious plants of Korea. Stroll Incheon's garden dedicated to these blooming



Find Inner Peace

Escaping an airport's cacophony is getting easier—and even cheaper.

ZEN OUT Last year San Francisco opened a yoga room (terminal 2), painted in a calming blue with low lighting and wood floors, available for self-directed yoga on provided mats. So far, Burlington, Vermont, (second floor) and Dallas-Fort Worth (terminal D) have followed suit.

NAP TIME More airports are introducing private spaces for R & R. Inspired by first-class airline cabins, Yotel offers a bed, table, Wi-Fi, TV, and bathroom with shower (from \$43 for four hours) at London Heathrow (terminal 4) and Gatwick (south terminal) and Amsterdam Schiphol (near pier D). Munich has podlike NapCabs—beds, desks, and TVs (terminal 2; from \$40 for three hours). Dubai's Snoozecubes rent for \$18 an hour. Minute Suites at Atlanta Hartsfield-Jackson (concourse B) and Philadelphia (terminal A-B) have a bed and workstation (\$34 an hour). Dallas-Fort Worth debuted a roomier version with a shower (terminal D).

SLEEP IT OFF Airport hotels often offer day rates, such as the Fairmont Vancouver (from \$99, with health club and pool access). —M.L.



Treat Yourself

One needn't attain elite flier status to access the cushy world of the airline lounge—from free snacks and drinks to comfy furniture and solicitous staff.



CARD CHECK Some premium credit cards grant lounge access; American Express Platinum opens doors at VIP clubs with American Airlines, Delta, and US Airways.

GET PRIORITY PASS An annual fee buys access to more than 600 lounges in some 300 cities worldwide. Rates range from \$99 a year, plus \$27 a visit, to a flat \$399 a year.

JOIN UP If you often fly on the same airline, spring for membership (generally costing around \$400 to \$500). You can pay your dues with frequent-flier miles. Delta, for example, charges 70,000 miles.

BUY A DAY PASS United, American, Delta, US Airways, and others sell one-time passes to their domestic lounges (\$50). LoungePass.com dispenses passes (from \$20) to some 200 lounges worldwide, including London Heathrow.

GO PUBLIC A few U.S. airports, including Baltimore-Washington and Cleveland, have started offering their own day lounges with showers and Wi-Fi. —M.L.



Seoul's Incheon Airport provides a parade of South Korean culture—sometimes literally.

beauties—one of seven themed oases in the center of the passenger terminal (east and west wings, B1). Then partake in some national pastimes: Take a spin around the skating rink (Transportation Center; skate rental \$3.50) à la Olympic gold medalist Kim Yu-Na, or refine your golf swing at the golf club (international business area; greens fees from \$45). Local foods range from abalone porridge—a Korean bowl of comfort—at Bonjuk (1F, near exit 12), to *bibimbap*, a savory hodgepodge of rice, vegetables, chili paste, and fried egg at Bon Bibimbap (1F, near exit 12). Next it's on to the Traditional Korean Cultural Experience Zone (near gate 24, east wing, and gate 31, level 3), where faculty from the Cultural Heritage Foundation teach passengers how to craft pencil cases, fans, and "lucky bags." Stroll "Cultural Street" for a look at classic architecture, including a tiled roof (*giwa*) and pavilion (*jeongja*), and live performances of Korean chamber music (passenger terminal, 4F).

Searching for the soul of Seoul? High-speed rail link AREX delivers you to Seoul Station in 45 minutes; take subway line 1 to Jongno 3-ga, then transfer to line 3 to Anguk. Stroll Bukchon Hanok Village, a remnant of the Joseon dynasty (1392-1910), famous for its restored collection of Korean wooden homes plus galleries, boutiques, and cafés.

SAN FRANCISCO

GO Leave your bags at the airport travel agency (international terminal; \$12-30 a day). Then hop on the BART (near boarding area G) for a 32-minute train ride to Embarcadero Station (\$8.25). From here it's a five-minute walk to the historic Ferry Building Marketplace—a paean to the Bay Area's artisanal foods (Acme Bread Company, Blue Bottle Coffee). Free tours are given at noon on Tuesdays and Saturdays during the farmers market. Any day, try El Porteno's empanadas, or linger at Charles Phan's lauded Vietnamese restaurant, the Slanted Door. Walk it off along the Embarcadero, taking in the Bay Bridge view and maybe a harbor seal sighting. Then jump on a cable car (\$6) at California and Drumm Streets to Stockton, the gateway to Chinatown. Meander the side streets off Grant Avenue, peeking in at the Golden Gate Fortune Cookie Factory (bonus: free samples) on Ross Alley. Back on the main drag, pick up barbecue pork buns and egg tarts at Golden Gate Bakery for the next leg of your trip. Catch the BART at Montgomery Street for an easy ride back (32 minutes; \$8.25).

Too jet-lagged for San Francisco's hills?

The city shares its cultural riches gateside, from rotating photography shows (terminal 1, B3 and B5; terminal 3, F11) to an aquarium with blue poison dart frogs, clown anemonefish, and more (terminal 1).

SYDNEY

GO Stash your carry-on at Smarte Carte (\$10 for up to eight hours; terminal 1, arrivals level, south end). Then catch the Airport Link (terminal 1, north end) for the 20-minute ride to Circular Quay (\$33 round-trip). Here's where to snap those classic photos of the Harbor Bridge and Opera House as you wait to board the Manly Fast Ferry for the boho burb of Manly Beach (\$18 round-trip), the birthplace of Australian surfing culture. Buzzing cafés line the wharf; for some Aussie sustenance, try the beef pie and house-brewed stout at 4 Pines Brewing Company. Soak up the sea air on a beach walk, or duck into the nearby Mr & Mrs Smith to peruse cool housewares, some by Oz designers. Hop on the ferry for the return trip, stopping for a look at the Aboriginal art collection, including hunting bags and fish traps, at the newly expanded Museum of Contemporary Art Australia, a two-minute walk from Circular Quay.

No time to hang ten? Tuck into bacon hash or truffle creamed eggs at Danks Street



Go Gourmet

Conditioned by overpriced, tasteless meals, fliers have come to expect little from airport food, especially in the U.S. But in recent years, celebrated city chefs have started bringing regional favorites to a captive, and often famished, audience. Pack your appetite when flying through these cities:

SAN FRANCISCO Sit down to sushi at Ebisu (terminal G), or grab a BLT with avocado on sourdough to go at the venerable Klein's Deli (terminals 1, 3).

DENVER Dig in to farm-to-table fare like Colorado lamb sliders at Justin Cucci's new outpost of Root Down (concourse C).

NEW YORK CITY Foodie havens have been perking up JFK (see page 81) and La Guardia, where terminal D passengers are spoiled for choice: pizza at bread guru Jim Lahey's Crust, burgers and milkshakes from Pat La Frieda (the famous New York butcher), duck confit at Taste of Bisoux.

CHICAGO Load up at the tomatillo guacamole bar at legendary chef Rick Bayless's Tortas Frontera (O'Hare terminals 1, 3, 5).

ATLANTA Salmon hot pot and pork belly sliders are top orders at plush One Flew South (concourse E), fusing Asian and southern influences. —M.L.



A SURVEY OF
THE AVIATION
INDUSTRY
PROCLAIMED
2012 THE SAFEST
YEAR ON
RECORD FOR
JET-SETTING—
THAT'S 3 BILLION
OR SO PEOPLE
ON 37.5 MILLION
FLIGHTS.

Depot, a popular locavore restaurant (terminal 1). Then dream up your next trip at the Lonely Planet store (terminal 1, after customs), the Australian guidebook brand's brick-and-mortar debut.

MUNICH

STAY Aviation buffs will want to hightail it to terminal 2 (level 3) to pilot a Boeing 737NG across the Alps on the iPilot flight simulator (from \$78), the latest craze in Germany. Then head to Munich Airport Center, a glass-domed hub that connects the airport's two terminals (note that you'll have to pass through security again when reentering). Kick the tires of the latest Audi models at the German car maker's showroom; stock up on gummy bears at national grocer Edeka; and if you're traveling the last several weeks of the year, visit the ice-skating rink surrounded by 400-plus Christmas trees and shop the Christmas market, with 50 stands hawking handicrafts as well as *weisswursts*, gingerbread, and mulled wine. Wind down with pilsner and

schnitzel at the in-house brewery Airbrau (tour/tasting: \$11).

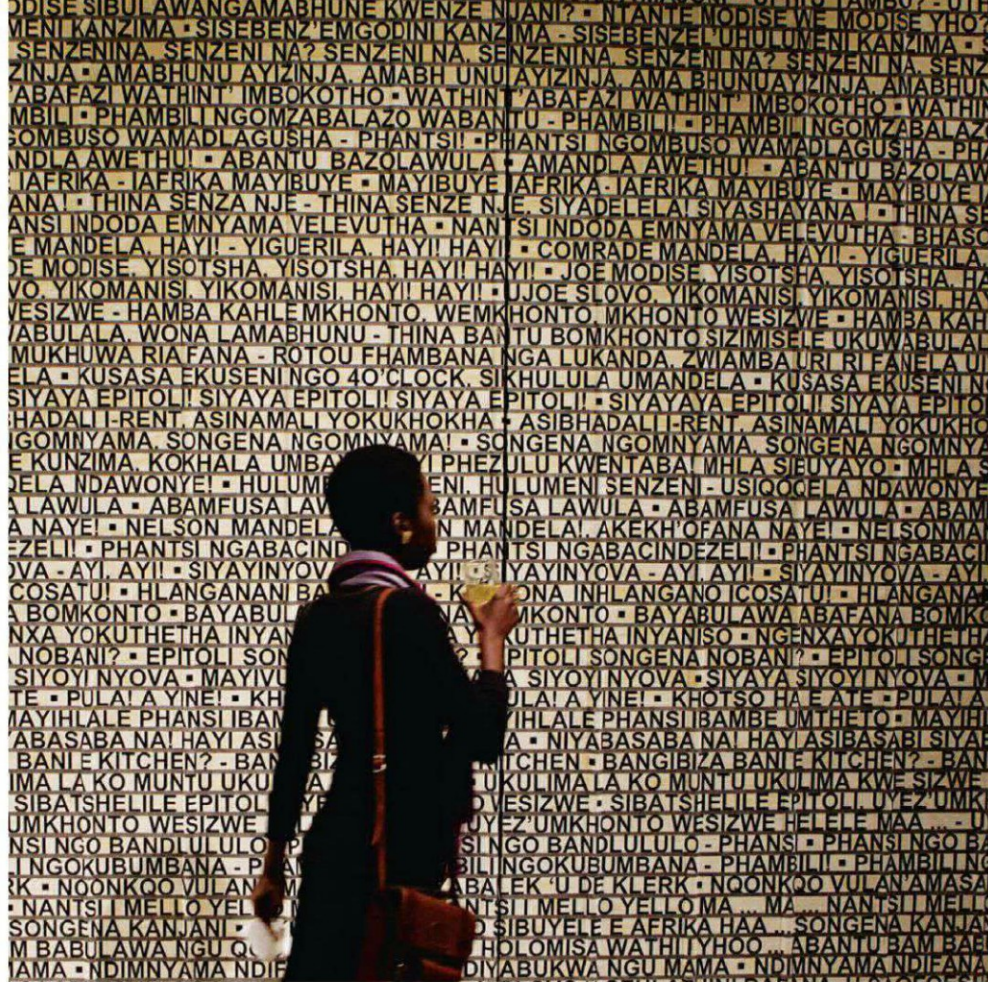
Mad for Munich? Catch the S-Bahn S8 rail link for a 40-minute ride to the central square, Marienplatz. A quick walk away is the open-air Viktualienmarkt, where you can feast Bavarian-style on *obatzda* (soft, spiced cheese), pretzels, and a seasonal brew at the *biergarten*. Those carbs fuel a climb up the 300-plus-step spire of 12th-century St. Peter's Church (on a clear day, you might spot the Alps).

JOHANNESBURG

GO Africa's first high-speed urban rail system serves O. R. Tambo. Leave your belongings at the Lock-Up Luggage shop (\$5 an item; terminal A), and board the Gautrain for the 30-minute trip (\$15)—with a quick transfer to the red line at Sandton Station—to Park Station in the cultural hub of Braamfontein. Narina Trogon's menu is sourced locally; the fish cakes and curry with almond honey naan are favorites. About three blocks away, near the Nelson



Manly Beach is a world apart—or a train and ferry ride—from Sydney Airport. Opposite: taking in Johannesburg's art scene



Mandela Bridge, is the free Wits Art Museum. Opened in a sleek new building last year, the museum showcases African art traditional and contemporary, including Willem Boshoff's "The Purple Shall Govern" (above) with anti-apartheid song lyrics in indigenous languages. Retrace your steps or catch a cab to the airport.

Extra luggage space to fill? In terminal A, Out of Africa and Indaba Lifestyle stock handicrafts, such as carved wooden masks and beaded place mats. Shongololo Lounge has Wi-Fi, workstations, showers, and South African wines; open to all passengers (terminal A, mezzanine; \$40 for four hours).

HONG KONG

GO Head to terminal 2, level 3, to ditch your bags (\$10 an hour). Then zip 24 minutes to Hong Kong Station on the Airport Express (\$13); follow one of the tunnels to Central Station. There grab a taxi to Victoria Peak (\$4) and take the tram (\$10 round-trip) to the top, where one of the world's most dizzying skylines (and photo backdrops) awaits. Five blocks east on Wellington Street, Lin Heung Tea House has been serving dim sum for at least 80 years; don't miss the steamed sausage rolls and *shumai* (pork dumplings). Now you're

fortified for some serious antiques, or at least window-shopping, along Hollywood Road. Work your way from Man Mo Temple, where the alleyways are teeming with vendors peddling trinkets (think Mao alarm clocks), to the galleries of fine furniture closer to Wyndham Street. From here it's a ten-minute walk to the pier to catch the Star Ferry for the under-ten-minute ride across Victoria Harbour (less than a dollar)—a Hong Kong must. Grab a cab from the other side of the harbor to Kowloon Station (\$6) for the Airport Express (\$11.50).

Tee time more your speed than teatime? Hong Kongers have been crazy about golf ever since the Brits brought it here, even building a nine-hole course at the airport that's fully lit at night (near terminal 2). For a more textbook cultural immersion, check out the exhibitions in terminal 1, including "Glimpses of Chinese Medicine." Get a street-stand taste at Tian Xia Dumplings (terminal 2).

AMSTERDAM

GO Lose the luggage at Schiphol's lockers (arrivals hall 3 and between halls 1 and 2; lower level; from \$8 for up to a day). In 15 minutes or less, trains whisk you to Amsterdam Centraal (\$8 round-trip).



Know These Six Rules

1 If you're bumped from a flight, refuse travel vouchers. You're entitled to a cash payment on the spot of up to four times the ticket value, \$1,300 max.

2 Even if your luggage is delayed (not lost), you should receive compensation (not a toothbrush). Maximum on a domestic itinerary is \$3,300 (roughly \$1,700 internationally).

3 You have the right to reserve an airplane ticket and put it on hold at that price for 24 hours, without payment, when booking directly.

4 If a flight from or within the European Union is delayed or canceled, you have additional rights—hotel, meals, cash—if it was within the airline's "reasonable control."

5 If your flight is canceled or severely delayed (two hours or more is typical), most airlines will allow you to opt for a full refund instead of flying. As airline schedules are not guaranteed, a refund is sometimes your best—or only—recourse.

6 In the event of a cancellation or delay, some airlines will reroute you on another carrier. Even if they don't do so automatically, it never hurts to make a request. —George Hobica



Don't Worry, Be Appy

Flight attendant Heather Poole—aka blogger and best-selling author (*Cruising Attitude*)—shares smart-phone tools for flying high.

AFRAID TO FLY? MyRadar is a lifesaver. Red, blue, yellow, green ... watch the weather light up your screen. Users can see exactly when, where, how long, and how severely turbulence will happen. On one flight, the captain had instructed the crew to take our jump seats. Five minutes later, a passenger in the last row was using the app and turned around to say, "You can get up now." Two seconds later the captain called to say the same.

NO PLACE TO STAY? HotelTonight offers last-minute deals in a dozen countries. Get \$25 credits with your first booking, for each friend who signs up, and when friends make their first bookings. At noon daily, hotels are listed by cities and type (like hip, basic, luxe)—quick and easy.

DESPERATE FOR COFFEE? Gate Guru gives airport-goers an inside edge, outlining food, shopping, services, reviews, ratings, and maps. Find out if your flight is delayed (and for how long), which gate it's departing from, and where to get the closest latte. There's also a link to last-minute car rental deals.



Burning incense at Hong Kong's Man Mo Temple

At the station, rent two wheels at MacBike (from \$10 for two hours)—it's the Amsterdam way to explore. Pedal along the Keizersgracht ("emperor's canal") to the Van Gogh Museum (\$20). Beeline to the Dutch Postimpressionist's best-known works, such as "The Bedroom," getting special treatment in an anniversary exhibit through January. Next follow the Prinsengracht ("prince's canal") to Café t'Smalle, on the site of a onetime distillery, in the hip Jordaan district. Grab a table on the canalside terrace to sample some Gouda or apple pie. Then wander the nearby streets packed with alluring shops and galleries, such as minimalist-cool designer boutique Like This. Cycle back to Amsterdam Centraal for the return ride to Schiphol.

Prefer moving walkways to spinning wheels? Tour the airport's own Rijksmuseum annex (Holland Boulevard, beyond passport control), which rotates works from the mother museum, like a display of portraits and more from the 17th through 19th centuries. Sample a few local delicacies—raw herring, anyone?—at Dutch Kitchen (Holland Boulevard), and pick up some *stroopwafel* caramel cookies to go.

LIMA

GO Leaving Jorge Chávez International Airport requires taking a taxi. If you're up for the adventure, stash your bags at the left luggage counter (domestic arrivals; \$1.40 an hour; cash only). Join the taxi line outside the international arrivals area; ask to be dropped at Larcomar, a shopping complex built into the cliffs of the Miraflores district (\$18; 13 miles, 35 minutes without delays). Walk west along the Malecón, a string of parks overlooking the Pacific that's dotted with surfers as well as statues by famous Peruvian artists. Not far past Víctor Delfín's Gaudí-esque lovers (they're hard to miss), watch paragliders catch air from the cliffs—or spring for a 10-minute tandem spin (find a kiosk in block 2 of the Malecón). Nearby, Avenida La Mar deals in seviche, Peru's national dish; order the sea bass and octopus with chili at famed La Mar.

Nervous about cabbing it with broken Spanish? Peru Plaza (main foyer) sells alpaca clothing and handicrafts. Feast like a Peruvian on empanadas, seviche, and *suspiro*—meringue-crowned pudding—at Manacaru (international departures).

Contributing editor **MARGARET LOFTUS** estimates that she has passed through at least 80 of the world's airports.



Fly Like a Pro

Three frequent fliers reveal their air rituals.

BEST FLYING TIP

Heather Poole (see "Don't Worry, Be Appy," opposite): I wear headphones in case I end up sitting next to someone who likes to talk. I don't even turn on the music. **Patrick Smith**, pilot and author of *Cockpit Confidential*: My secret weapon against loud airport TVs has long been a little TV-be-gone device, which snaps onto a key chain and turns off TVs it's aimed at (alas, many public TVs now shield against such tools).

Bob Albert, founder and CEO of flight review site

Routehappy.com:

People say not to drink because it dehydrates you. I say, of course I'll have a glass of wine; it makes me feel good.

CARRY-ON ESSENTIAL

Poole: Cold or allergy medicine to fend off blocked ears.

Smith: I bring an old pair of socks to wear over the ones I'm wearing while on the plane, since I try to get up and walk around periodically.

Albert: Hotel-size moisturizer for hands and face. I use it a few times in-flight and walk off the plane feeling normal.

FAVORITE FLYING APP

Poole: FAA Wait—one

tap shows which airports are experiencing delays (and why), and how long those delays are averaging. I get more accurate information using this app than I do relying on the gate agent.

Smith: A white noise app helps me sleep through loud talkers and other distractions.

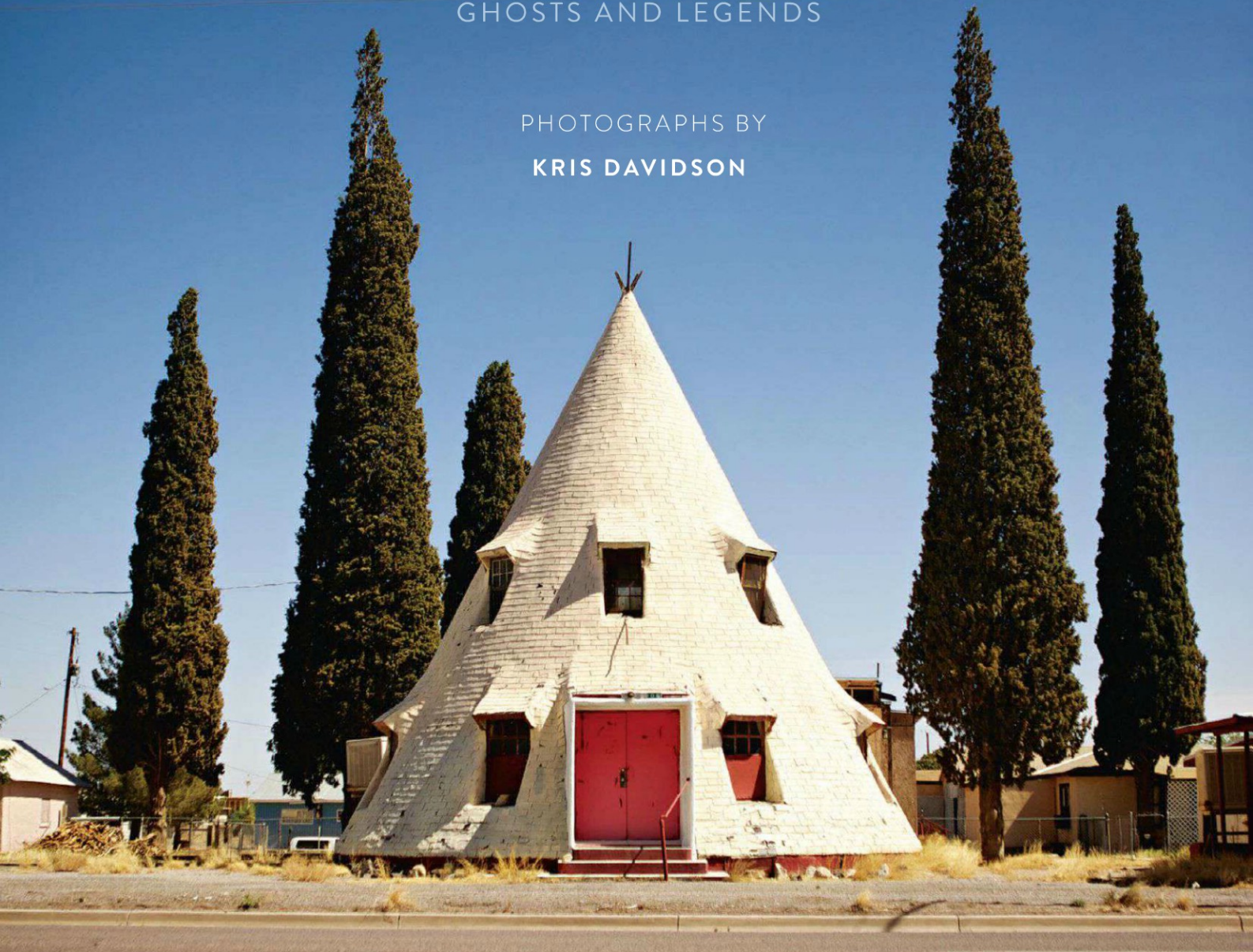
Albert: Passbook stores digital boarding passes. It changed my life. —M.L.



RANGE ROVER

IN SOUTHEASTERN
ARIZONA, **APRIL ORCUTT**
IS ON AND OFF THE GRID
IN SEARCH OF WILD WEST
GHOSTS AND LEGENDS

PHOTOGRAPHS BY
KRIS DAVIDSON





Drayson Harris and his herding dogs make the rounds at his Rough Mountain Ranch. A tepee in stucco (opposite) stands out in Bowie, Arizona.

“ I ’ V E B E E N I N L O V E W I T H

the American West since I was two years old,” says Burt Webster, his beard a weathered shade of gray. “I have a photograph of me at age three holding a Gene Autry guitar.” I take a photo of him now on a stool by a dirt-lined street. These days he looks like a 19th-century undertaker, in a brocade vest and black-and-white ascot, but with an anachronistic flair: aviator sunglasses. Webster goes on to recount how he hitchhiked here from Long Island in 1987—like so many misfits before him, taking refuge north of the Mule Mountains in southeastern Arizona. That’s where I meet him, in the town with the wildest of Wild West reputations, Tombstone.

A dozen other men dressed as cowpunchers (leather vests, chaps, Stetsons) strut the boardwalks fronting saloons the likes of which catered to silver miners and cattlemen 130 years ago. Webster sells tickets for the “Gunfight at the O.K. Corral.” The daily restaging of this infamous 30-second shoot-out happens a half block from the lot where in 1881 Virgil, Morgan, and Wyatt Earp plus Doc Holliday got into a gunfight with three young cowboys, who ended up dead.

There’s no blaze of gunfire chasing me to the back roads of Arizona’s Cochise County, where southeastern Arizona meets New and old Mexico, and the wind blows hard through bizarre rock hoodoos and swirls dry-lake sand into dust devils. “Sky island” mountains adrift in seas of desert grassland have long

provided cover for all manner of outliers, from Johnny Ringo to Geronimo. Cougars and even rare ocelots and jaguars prowl out of sight; hummingbirds flit among desert wildflowers.

Like those winged migrants, I too have traveled nearly a thousand miles to get here. I’m on a quest to discover the secret of this alluring place that harbored steely warriors but also propels delicate hummingbirds across harsh desert.

Webster is a persuasive salesman, but a staged shoot-’em-up isn’t exactly what I have in mind, so I duck into Big Nose Kate’s Saloon for what I hope will be a quiet lunch. No dice. A duo belts out a country-and-western sound track while a clutch of men in cowboy hats shout over one another at the bar. Red curtains with gold fringe frame the windows, and American flags, wagon wheels, cattle skulls, and a bawdy painting or two cover the walls. “People like heroes and clear lines between good guys and bad guys, like in old Western movies,” says Steve Goldstein, owner of Kate’s. “That’s why people like Tombstone.”

I’m seeking a retreat with more nuance than a spaghetti Western, so it’s clear I’ll need to veer off the tourist track. As I head east out of Tombstone, the byway undulates through the golden mesquite and creosote hills, the Dragoon Mountains on the horizon. A few cattle amble along. I pull into Gleeson, a town of a thousand in its glory days of turquoise and copper mining. It’s the first truly deserted town along the Ghost Town Trail.



Triangle T Ranch’s saloon harks back to the days of swinging doors (above). The Chiricahuas define Cochise County’s horizon (opposite).



Outliving Gleeson's residents are its tall tales, with one particularly hard-to-swallow bit of trivia claiming that Tiffany & Co. operated a turquoise mine here. All I find is a small cemetery, a jail turned community center (for what community, I couldn't say), and a bleakness that suffuses these few scattered adobe remnants. My own restless spirit urges me to move along.

The drive weaves among more mesquite-dotted hills. The abandoned town of Courtland is so well hidden, I miss it entirely. Or maybe I'm distracted by the views west to the Dragoons and east nearly 40 miles to the snowcapped Chiricahuas. When I enter Pearce, I count five refurbished wooden buildings—two homes and three stores—but no people. The Old Store's door is wide-open, so I peruse the merchandise: used dining chairs, period lanterns, and rusted household implements. There goes my fantasy of uncovering an overlooked nugget from the nearby gold mine.

Across the street at Old Pearce Pottery, which looks like an attic filled with shelves of ceramic dishware, I encounter the town's only palpable sign of life: owner and potter Patricia Burris carefully wrapping up a quail-shaped teabag holder. In this town cloaked in numbing silence, her chipperness is disarming—and a relief.

Continuing my drive, I enter the Dragoons through the narrow canyon of Cochise Stronghold, where Chief Cochise and his band of the Chiricahua Apache hid from the military in the 1860s. Vistas from these granite spires gave Apache sentries an advantage: They could spot anyone approaching from far away. For nine years Cochise and his people evaded the cavalry here.

THE NEXT MORNING I hike the trail twisting into the limestone gorges and around the granite spires of the canyon with local guide Randy Redhawk, an affable mountain man with shoulder-length red hair and a russet beard. Redhawk studied ancestral ceremonies with the Chiricahua Apache, sweat-lodge rituals with the Lakota, and traditions with a Diné (Navajo) medicine man.

"When I first entered Cochise Stronghold," Redhawk tells me, "I knew I was home." On that day 20 years ago, a vision quest called him to change his last name to Redhawk and to spend all four seasons deep in these mountains. "That realization was one of the most profound experiences of my life," he says. For 12 months in a cave refuge in the Dragoons, he subsisted on rice and beans as well as foraged edibles—mesquite pods, acorns, prickly pear cactus, piñon pine nuts. "I was in heaven," he says, sharing his story with such warmth and conviction I'm convinced, at least for the moment, that living off cactus in a cave is perfectly normal. Now Redhawk lives in a

solar-powered, wood-and-glass hogan he built by hand. When he tells me about the time he came face-to-face with a mountain lion, he speaks so evenly I imagine both man and beast politely shrugged and turned back their own way.

We follow the trail deeper into the canyon, the rugged rock walls giving way to smoother boulders stacked one upon another that Redhawk calls "rock people." To me they look like stern giants guarding the stronghold's caverns and arroyos, one of which is said to contain the hidden remains of Chief Cochise.

I CROSS SULPHUR SPRINGS VALLEY and drive up another sky island, the Chiricahua Mountains. As I ascend Bonita Canyon Drive in Chiricahua National Monument, more and more volcanic pillars and balanced rhyolite boulders line the side canyons.

I see in them noble faces, gentlemen wearing gray tweed hats, and gigantic stacks of peach-colored flapjacks. The Apache named this the "Land of Standing-Up Rocks." A bald eagle soars overhead. My pulse quickens: A jaguar or ocelot could lurk behind any boulder.

Bonita Canyon Drive ends at 6,870-foot Massai Point, called Yahdeshut, or "point of rocks," by the Apache. From here I look down on hundreds of hoodoos—fantastically shaped rock pillars, each 10 to 20 feet tall, filling a swatch of Rhyolite Canyon. This point's been renamed for Big Foot Massai, one of the last warriors of the Chiricahua Apache, who was chased here and disappeared into the maze of stone pillars. Some say they feel his spirit in the wind.

Looking north I feel the presence of another formidable Apache. I know that the outcropping called Cochise Head is made of rhyolite, but all I can see is Chief Cochise

himself, resting in his hideout. Sunset shades the rocks a vivid vermilion. At every turn I encounter blushing faces in stone and glowing rock people discussing the day's happenings. I shake myself out of this reverie and drive on.

I HAD HOPED TO CROSS the Chiricahuas to get to Cave Creek Canyon, on the east side, by taking Pinery Canyon Road a quick 25 miles. Alas, the ranger at Chiricahua National Monument tells me snow and mud block the dirt road, so instead I must drive 129 miles around the range. No matter. I'm in good spirits, an ardent believer in a detour's promise of discovery.

As I head south through the broad valley between the Chiricahua and Mule Mountains, dots in the sky swirl in a kaleidoscope of smoke. I pull over. The swirls are thousands of sandhill cranes, resounding with a trumpeting *garoo ooo oo*. Low golden foothills lead to the scrub-strewn gray Pedregosas.

(Continued on page 110)



Make their day: Reenactors walk through Tombstone.



THE RIGHT PLACE AT THE RIGHT TIME

NATIONAL
GEOGRAPHIC

FOUR SEASONS of TRAVEL

400 OF THE WORLD'S BEST DESTINATIONS FOR
WINTER, SPRING, SUMMER, AND FALL



With Recollections by Alec Baldwin, Lisa Ling, Christopher Buckley, and More

Discover the world's most sublime getaways during their prime times. In *Four Seasons of Travel*, National Geographic's leading travel experts and photographers unveil hundreds of extraordinary destinations at their most inviting moments—bringing you the best trips around the globe by season.

You'll find **fall's** most fabulous foliage, Oktoberfests, and haunts for a frightful Halloween; **winter's** greatest hot drinks, Christmas lights, and New Year's Eve celebrations; **spring's** finest flowers, gardens, and vineyards; and **summer's** best sunsets, outdoor concerts, and ice cream. See why Alec Baldwin loves London in winter, Christopher Buckley escapes to Maine in summer, and Lisa Ling celebrates spring at Austin's SXSW Festival. Experienced travelers know that when it comes to travel, timing is everything.

Andrew Evans, National Geographic's popular "Digital Nomad," wrote the foreword and an essay in *Four Seasons of Travel*, indulging us with his vivid recollections and wanderer's insights. Visit him at nationalgeographic.com/digitalnomad and on Twitter @WheresAndrew.



AVAILABLE WHEREVER BOOKS ARE SOLD

and at nationalgeographic.com/books



Like us on Facebook: Nat Geo Books



Follow us on Twitter: @NatGeoBooks



UNITED



A STAR ALLIANCE MEMBER 

eco-skies[®] • friendly

Committed to creating a more sustainable future. fly the friendly skies[™]

united.com/eco-skies

TRAVELERS OF THE YEAR

ORDINARY FOLKS WHOSE PASSION, VISION, AND MISSION
HAVE MADE THEM EXTRAORDINARY. GET INSPIRED

BY GEORGE W. STONE

Laura Preston
and John Ellis
in Oregon City,
page 105

HOW CAN YOU TRAVEL WITH PASSION AND PURPOSE?

Here are the stories of people who took on the world with energy and industry, curiosity and courage, alacrity and derring-do. These Travelers of the Year started out on a trip and ended up on a lifelong journey of discovery. Our second annual list salutes these globe-trotters—and everyone else who turns a quick getaway into a mission.

ALISON WRIGHT

CHANGE AGENT

A disaster is the catalyst for transformation

“I’m always striving to find compassion in the face of chaos,” says photojournalist Alison Wright. Her mantra was pushed to the max following a deadly bus accident on a remote jungle road in Laos. “Our bus swerved on a mountain road and was sheared in half by a logging truck. Those around me were killed, but I was pulled off the burning bus. It was humbling to realize that at that moment it didn’t matter how many credit cards I had.”

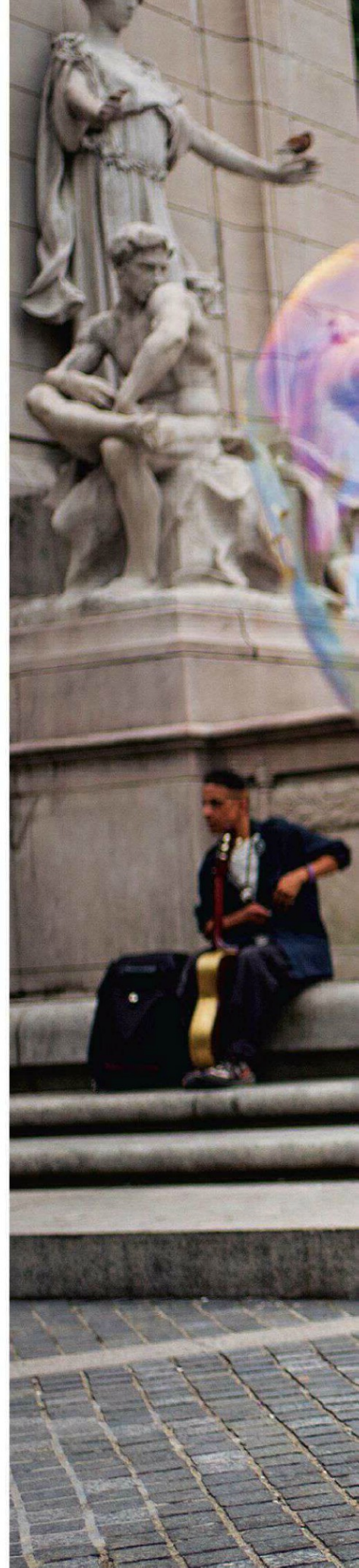
Wright survived, thanks to villagers who never left her side, doctors on two continents, and 30 surgeries, but her brush with mortality brought an epiphany. “Until I dipped my toe into the other side, I had never truly fathomed how connected we actually are,” she says. “The accident brought new empathy to my work. I realized that making a photo

was not enough. I needed to do more.”

Three years after the tragedy in Laos, she returned to that life-changing village with five doctors and \$10,000 worth of medical supplies. It was her first foray as founder of the Faces of Hope Fund (www.facesofhope.org).

“It’s important to show solutions as well as problems,” says 50-year-old Wright, who is based in New York City but spends most of the year on the road. Her foundation has supplied tents to Haiti after the 2010 earthquake, sent girls to school in India, funded children’s health programs in the Middle East, fueled a mobile medical unit for Burmese refugees in Thailand, and supported girls endangered by sex trafficking in Nepal. One thing she never forgets: “I’m alive today because of the kindness of strangers.”

ROBERT KAPLAN



Alison Wright
in New York City



SETH MCBRIDE AND KELLY SCHWAN

FREEDOM RIDERS

From paralysis to Patagonia on a bike

Not all journeys begin with a single step. Some start with the spin of a wheel. The yearlong, 10,000-mile mission of Seth McBride and Kelly Schwan is more than a hand-cycle/bicycle ride from Portland, Oregon, to Patagonia. It's a chance to prove that travel can be a transformative experience for everyone, regardless of physical ability.

"Most of the world isn't set up for people who use wheelchairs," says 30-year-old McBride, a quadriplegic since 2001. "But I've found there are ways around—or over—just about every obstacle."

When the Long Road South (www.longroadsouth.com) ends in September 2014, McBride plans to be the first person with quadriplegia to complete a Pan-American cycle tour. But the merits of the journey extend beyond the scorecard. "I don't think it's possible to do a long bike tour without having a traveler's mind-set," says McBride. "It was the love of travel more than a desire to do something epic that inspired us."

The pair met in Beijing, where Schwan, an occupational therapist, volunteered for Team U.S.A. during the 2008 Paralympic Games. McBride's

wheelchair rugby team brought home gold, and Schwan found her ideal travel companion. They've since explored New Zealand, Italy, Vietnam, and Thailand and spent a month biking around Ireland—places not known for accessibility. Schwan carries McBride piggyback up narrow staircases and wherever else his wheelchair won't go.

Averaging 35 miles a day, the bikers meet with disability rights organizations while blogging their way south. In a surprise move before departing, McBride proposed to Schwan. They'll tie the knot when they return to Portland.

Kelly Schwan and
Seth McBride
on Sauvie Island,
Oregon



A full-page photograph of Shannon O'Donnell, a woman with long reddish-brown hair, smiling and leaning against the massive, moss-covered trunk of a large tree. She is wearing a black t-shirt and blue jeans, and a camera is visible in her hand. The tree's roots are thick and gnarled, with some aerial roots hanging down. The background is dark and out of focus.

Shannon O'Donnell in
St. Petersburg, Florida

SHANNON O'DONNELL
CONNECTOR

Helping voluntourists do the right thing

“Wanting to help is the easy part,” says Shannon O'Donnell about the altruistic aspiration that hits many travelers to developing lands. “It’s a wonderful motivation, but the who, what, where, and how of providing assistance really matter. Not every solution is right for the people you want to help.”

While traveling, volunteering, and blogging (www.alittleadrift.com), the 29-year-old studied ethical ways for

travelers to help and published her tips in *The Volunteer Traveler's Handbook*.

“One of the refrains I hear most is that it’s hard to sort through the heaps of options,” she says. O'Donnell launched Grassroots Volunteering (grassrootsvolunteering.org), a database of free and low-cost volunteering opportunities and sustainable tourism enterprises.

Working with students and volunteers, O'Donnell researches each organization and business in her growing

list. It’s a labor of love—and a slow one at that. But as her site grows, so do the opportunities and their impact. “More travelers would do good if it were easier to do good,” she says. Her next step: develop a mobile app that surfaces responsible enterprises nearby.

“Travel has the power to transform your life,” says O'Donnell, who will spend the next year volunteering in Kenya. “With a little planning, it can also positively transform the places we visit.”

KATHERINE CONNOR

THE WHISPERER

Saving the elephants, one at a time

When Katherine Connor left England on a nine-month adventure in Asia, she had no idea that a chance encounter would change her forever. “I knew there was more to life—and more to me—than working Monday to Friday and getting drunk every weekend,” says Connor, who quit her job, sold her house, and dismissed her fiancé in 2002. As in *Eat, Pray, Love*, romance and enlightenment awaited her—with big differences.

Romance blossomed when she came nose-to-trunk with a baby elephant, and enlightenment continues to develop over the course of muddy and buggy 18-hour days in northern Thailand as the founder of Boon Lott’s Elephant Sanctuary (www.blesele.org). The nonprofit is committed to the rescue, recovery, and retirement of abused Asian elephants.

“I always tell people to travel with your heart, because it will lead down some interesting paths,” she says. “That’s what I did, and now I’m sitting here on 535 acres of forested land I’ve protected, surrounded by 13 elephants I’ve saved,

and more than 50 other animals I’ve rescued.”

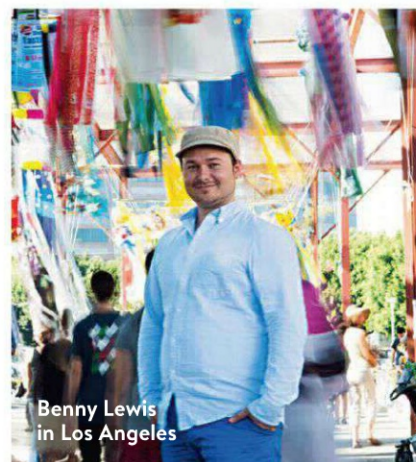
For the past decade Connor, now 32, has formed relationships with elephants that reveal just how much we share with our wild brethren. “I love their emotional intelligence, their ability to forgive, their passion for family, and their loyalty.”

While Connor’s mission is straightforward, her task takes on pachydermic proportions. The goal of Boon Lott’s Elephant Sanctuary (named in honor of the baby tusker Connor initially cared for) is to purchase elephants from negligent or overburdened owners and secure hundreds of acres of forested land as a habitat. It’s a costly endeavor and one with a share of critics, who counter that buying abused elephants sustains a dangerous underworld economy. But Connor is undaunted. “Not one owner has used the funds given to him, by us, to purchase another elephant,” she notes.

“There’s an education out there that we can’t get from sitting behind a desk—and travel is central to this,” says Connor. “We have to challenge ourselves.”



Katherine Connor
in Thailand



Benny Lewis
in Los Angeles

BENNY LEWIS

COMMUNICATOR

Speaking in tongues to connect with the world

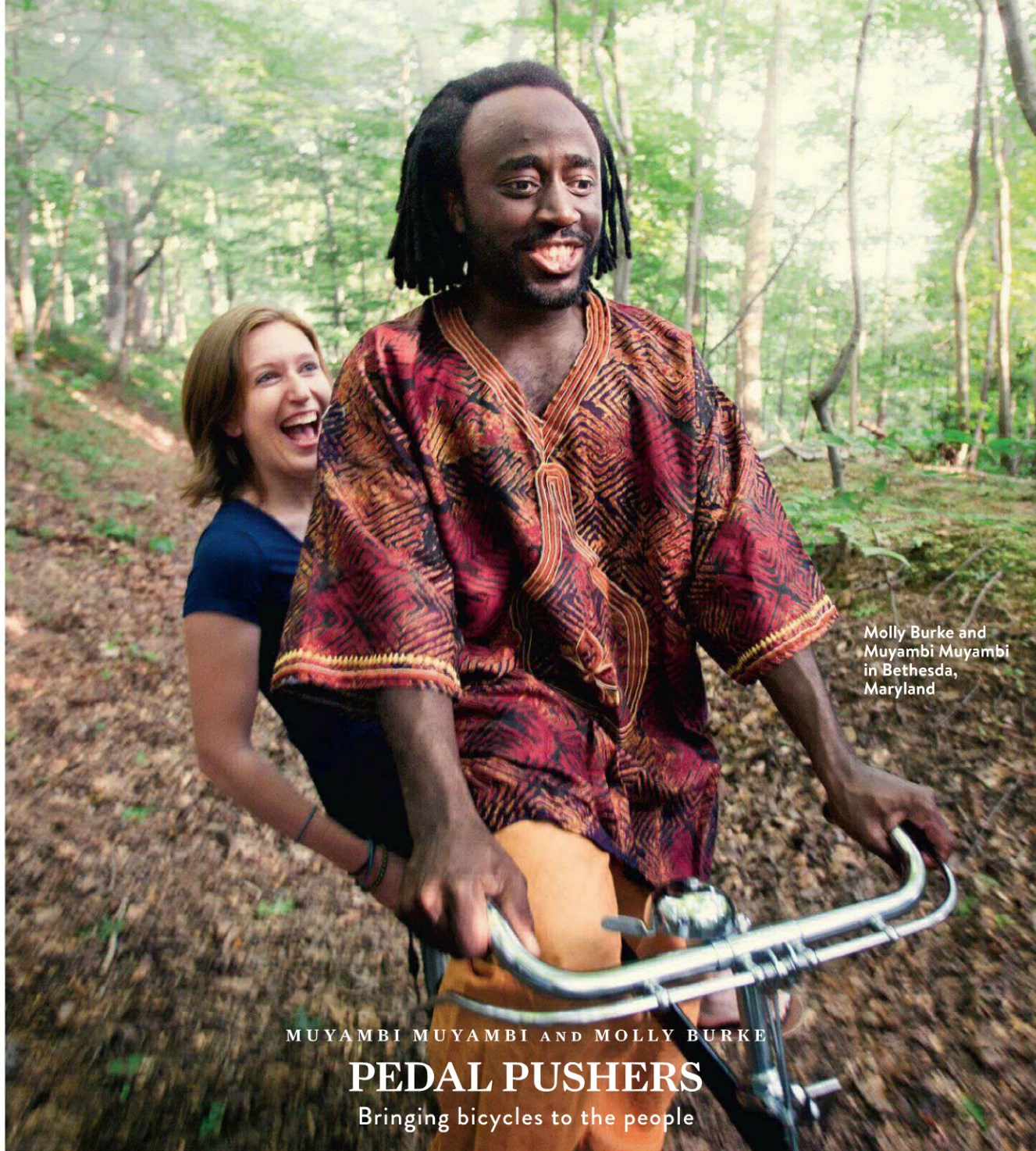
Benny Lewis has some advice: “Learn the local language.” And he can say it in Portuguese, German, Mandarin, Italian, Esperanto, French, Dutch, Spanish, and at least a dozen other tongues.

Lewis is a self-described “language hacker.” The 31-year-old globe-trotter from Ireland has spent the past decade on a mission to prove that languages can be learned quickly (www.fluentin3months.com). And he’s turned his discoveries into lessons, travel tips, and a \$97 crash course online.

Ten years ago, Lewis spoke only English. But constant travel, along with a buoyant attitude, has unmasked the polyglot within. “I don’t have any special abilities,” he says. “When I learn, I’m hesitant, and when I speak, I sweat. But language is merely a means to communicate with other human beings. So I encourage people to make mistakes. It’s about trying.”

Lewis’s secret is simple: “I avoid English so that I have no choice but to learn my target language. It’s sink or swim. Because of this, I’ve had some incredible experiences. By putting in some intense effort over a few months, you can reach a stage where you get to know the locals, so that you can live in countries rather than merely visit them.”

PEGGY DYER (CONNOR), JESSICA SAMPLE (LEWIS)



Molly Burke and
Muyambi Muyambi
in Bethesda,
Maryland

MUYAMBI MUYAMBI AND MOLLY BURKE

PEDAL PUSHERS

Bringing bicycles to the people

Where most people see a bike, Muyambi Muyambi and Molly Burke see potential. Their organization, Bicycles Against Poverty (bicyclesagainstpoverty.org), uses a microfinance model to distribute bikes in rural Uganda, turning what would be a three-hour walk into a swift spin to health clinics, markets, and schools.

"I'm from southern Uganda, but grew up traveling often to the north, an area deeply affected by war," says 24-year-old

Muyambi. "Traveling showed me how people lived, and it revealed their struggles." Muyambi found a way to make a difference while studying at Pennsylvania's Bucknell University, where he met Burke. Together, they developed their nonprofit, which distributes bikes to low-income entrepreneurs who make monthly payments of about \$3 to cover half the price of a bike. The organization, which has issued more than 660 bikes so far, then provides

workshops in financial management.

While looking to expand their program, the cyclophiles raise funds through their annual 3,200-mile bike tour across the U.S. It's not easy—Muyambi works as a civil engineer in Washington, D.C., and Burke draws no salary from the organization. Says Muyambi, "It's amazing to feel you're contributing to the people you love, the country you love, and the world you love—because they are all connected."

KIRA, PETER, XAVER, AND FELIX CARROLL

MODERN FAMILY

An alternative approach to raising kids

Pick up any parenting book and you're unlikely to find a chapter titled "How to Spend a Year in a Truck With Your Kids in Africa." But that's just what the Carroll family did with their boys, eight-year-old Xaver and five-year-old Felix. Earlier this year, Kira, a pediatrician, and Peter, a photographer, and the boys left Alice, Australia, for a yearlong drive through southern and eastern Africa, where they stuffed their lives into a truck, washed in mud buckets, and slept in tents, listening to lions, hyenas, and the occasional baboon. Oh my.

What seems like a case study of questionable parenting to some is, in fact, the adventure of a lifetime for the Carroll clan. "The boys have been experiencing

vast landscapes of profound beauty, close encounters with wild animals, and life-changing friendships with children from African villages," says 46-year-old Peter. "At their young ages, they are nonjudgmental sponges."

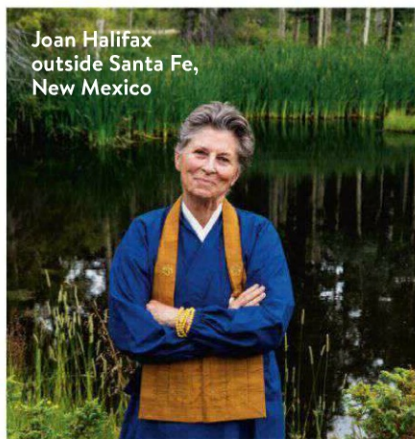
The dusty roads from South Africa to Namibia, Botswana, Zambia, Tanzania, and Uganda were full of unexpected challenges. Simple problems, like warding off insects, became icky trials. Homeschooling the kids in the absence of an actual home was a tricky routine. But volunteering has been a rewarding high point of the Carroll family's expedition. In Uganda, the clan spent four weeks planting mango trees and laying bricks while living with a host family. "It's difficult to put into words the true

value of this for the boys, because I'm sure it will continue to influence them well beyond the here and now," says Peter. As for the boys, they've learned valuable lessons. "Play with the local kids and climb trees," Xaver says, but "don't park or camp under marula trees because elephants love them and can push your car away." Felix also offers a bit of practical advice: "In Botswana, don't go off by yourself. The animals might get hungry and hunt you," he says, adding that African travel is hard, "but fun enough to not want to go home yet."

Even the parents have learned a few lessons. "Trust your children," says Peter. "They will open doors, bring unspeakable joy, and teach us oldies what we have forgotten."



Kira, Felix, and Xaver
Carroll, photographed in
Namibia by Peter Carroll



JOAN HALIFAX

HEALER

A medical mission in the Himalaya

In 1981, when Joan Halifax trekked high in the Everest region of Nepal, she saw a lethally low level of healthcare. Within years of that visit, the socially engaged Buddhist and hospice caregiver launched Nomads Clinic (nomadsclinic.org), an annual medical pilgrimage by volunteer clinicians to the Himalayan region. Halifax, now 71, describes the 2013 expedition as a “walking village” comprising healthcare workers, other volunteers, and locals. The medical mission attended to broken bones, severe burns, lacerations, and a range of internal ailments. A mobile eye clinic gave away glasses, acupuncturists eased pain, and physicians dewormed kids. Along the way, the group trained Tibetan and Nepali medical practitioners in the care of isolated mountain communities, donated shoes and clothing, and provided clinics geared to girls, women, and seniors. The Nomads Clinic offers all services free of charge.

“Travel is an opportunity to be on a path of discovery,” says Halifax. “I think the reason our volunteers return again and again is to be reminded of their basic humanity and the joy of giving care.”

ON THE
WEBSITE

Learn more about our Travelers of the Year and vote for your favorite at travel.nationalgeographic.com.

JOHN ELLIS AND LAURA PRESTON

NEW PIONEERS

Crowdsourcing the American road trip

There are some travel itches that only social media can scratch. That's what John Ellis and Laura Preston decided over beers in New York City. Hammered by urbanity and afflicted by a desire to ditch work and hit the road, yet grounded by a puny budget, the young couple latched upon a novel notion: What if they mashed up their day jobs as Web developers with their nightly dreams of seeing new places—and fueled their wanderlust by crowdsourcing ideas from the online realm?

Following that eureka moment, the couple traded in their life savings for an old Airstream trailer and hitched it to their truck, and the Democratic Travelers (www.thedemocratictravelers.com) were born. “We didn't have the money to spend a year abroad, and we really wanted to explore the country we'd grown up in,” says Ellis. “We created a mobile office, so that we can work and

travel at the same time. And we figured, since the Internet simplifies interaction and collaboration, we'd allow others to tell us where to go.”

So far, the two (along with dog Bulleit, recently adopted from a Dallas shelter) have traveled 215 days to 15 states while completing 101—and counting—travel suggestions. They've had more than a few relationship-challenging moments. “You're stuck in an aluminum tube with no ventilation, and it could be 105 degrees in Las Vegas,” says Ellis. Both have become capable mechanics. While their Airstream may look space-age, “I can't imagine a spaceship would break down as often,” Ellis jokes.

They spend stretches of their journey at national park campsites, when their trailer turns into an office with a view. “Our goal is to inspire others to see as much of their world, country, state, or city as they possibly can,” says Preston.



TRACEY FRILEY

TICKET MASTER

Giving girls a passport to the world



Tracey Friley, with new passport holder Jazmyne Woffard-Jones, in Oakland, California

A passport is the ultimate ticket to ride, the key to unlocking the world and engaging with new ideas. But securing one can be a hurdle. Little more than a third of Americans have passports—compare that with 67 percent of Canadians who hold one—and it's not just the price (\$135 for adults, \$105 for minors) that holds would-be travelers back but also the uncertainty of how to travel. This challenge is even more pronounced in poor urban areas.

Travel blogger Tracey Friley decided to do something about it. She launched Passport Party Project (*passportpartyproject.org*), a grassroots initiative to provide underserved girls the tools they need to obtain their first passports. When the program's first phase wrapped up this summer, 100 girls had received passports and six young travelers made their debut international journey to Belize. Funded by Expedia.com, the program proved such a success that Friley is busy plotting her next steps.

"To struggling families, international travel is a luxury, an unattainable goal," says Friley. "So passports aren't a priority because they don't feel they can travel internationally anyway. But I think travel should be available to everyone, particularly children. The sooner they explore, the better for the world."

The Oakland-based Friley caught the travel bug early, and her youthful journeys made a lasting impact. "Travel is important for kids because they get a chance to see for themselves that the world is bigger than their neighborhood, their state, or their country," says Friley. "I want kids to know that the world's borders are meant to be crossed, that it's cool and interesting to meet people from other countries and cultures, and that they themselves are cool and interesting, too."

Editor at Large **GEORGE W. STONE**, based in Southeast Asia, is always looking for tales of passionate travelers. Send them to gstone@ngs.org.

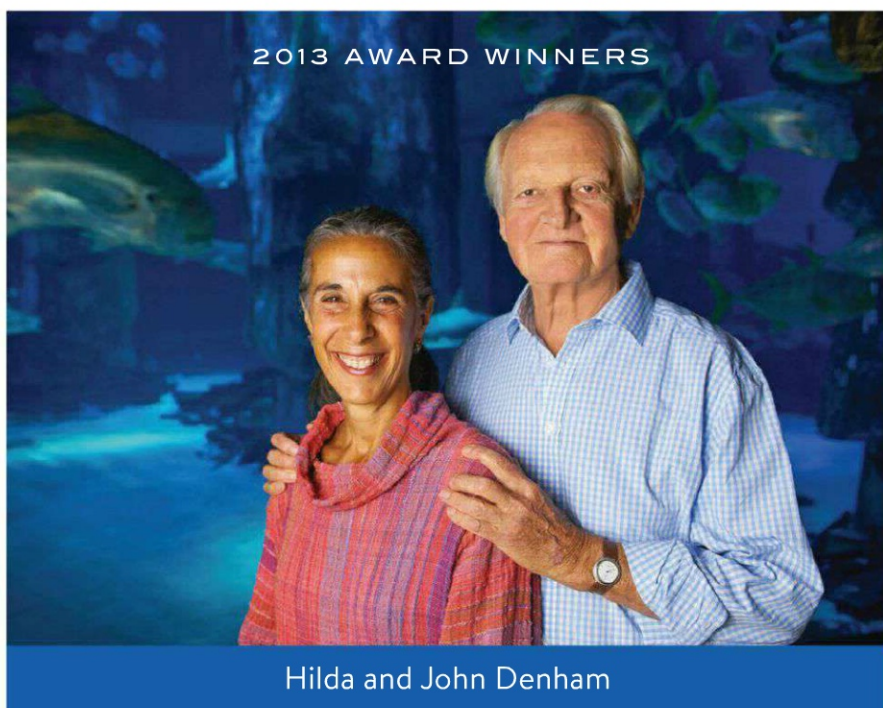
TRICIA CRONIN

TOGETHER FOR A SUSTAINABLE FUTURE

Introducing the United Airlines Sustainable Travel Leadership Award Winners

United Airlines is proud to partner with National Geographic in creating the Sustainable Travel Leadership Award. Our award winners were selected based on their leadership and dedication to the principles of ecotourism—environmental protection, conservation, and education; local community enrichment and empowerment; and eco-conscious visitor behavior. United understands the importance of protecting the cultural, environmental, economic, and aesthetic integrity of the destinations it serves and ensuring those destinations remain attractive places to live, work, and visit for generations.

In addition to United's involvement with the Sustainable Travel Leadership Network (STLN) and TravelWell initiative, this award is an extension of the company's efforts to encourage and promote destination stewardship. With more flights to Costa Rica than any other U.S. airline*, United is proud to recognize conservation efforts like the Denhams' helping ensure Costa Rica remains one of the prime ecotourism destinations in the world. Join us in celebrating these two travelers who put our passion for conservation in action through their own remarkable efforts. **Congratulations to our Sustainable Travel Leadership Award winners and this year's Travelers of the Year.**



Hilda and John Denham

John Denham has spent more than two decades protecting Costa Rica's turtles. When he first traveled there he saw leatherbacks on the edge of extinction on the Pacific Coast and green turtles endangered on the Caribbean coast. "Poachers roamed freely along the beaches, killing turtles and robbing eggs from nests," he recalls. With a commitment to conservation, this prompted John to take action.

In 1989, John bought 2,000 acres of coastal forest with a goal of protecting nearly four miles of turtle-nesting beach. When he established The Pacuare Nature Reserve (turtleprotection.org) nearly every turtle nest was pilfered by poachers and green turtles were being slaughtered. Today, 24-hour patrolling has reduced poaching to 2 percent and the forest is rich in wildlife, with over 30 mammal species and a bird list of 230.



Endangered leatherback turtle, Costa Rica.

John and his wife Hilda travel from London to Costa Rica to lobby for local support for sustainable policies and to engage local schools in educational missions. Staff biologists study the reserve's ecosystem, volunteers plant trees and join night patrols, and school groups bunk in rustic cabanas and count hatchlings as they race from their nests to the sea.

"The turtles' vulnerability and determination makes me want to protect them," says Hilda. While the Denhams see much work remaining to be done at the nature reserve, their conservation success story proves the power that every passionate traveler promises. The Denhams can claim victory for launching an innovative nature preserve that stands as a model for leatherback and green turtle protection on the Caribbean coast.



* Based on flown and scheduled flights for 2013.

Knock, knock.
Who's there?
Woo.
Woo who?

That's the sound of millions of people
saving money with GEICO.

GEICO®

geico.com | 1-800-947-AUTO (2886) | Local Office



FREE TRAVEL INFORMATION

A listing of advertisers who would like to offer you additional information about their products and services



Circle the number on the attached card and mail or fax to 888-847-6035

Travel the U.S.A.

(circle 500 or text TRDEC 500 to 41411)

1. **Alaska**
Beyond Your Dreams. Within Your Reach®. It's like nothing else on Earth. Get your FREE Official Alaska State Vacation Planner today!
2. **Montana**
Cloaked in snow from Glacier to Yellowstone National Park with 15 storied ski areas in between.
3. **Oregon's Washington County**
The gateway to Oregon Wine Country, enjoy miles of hiking and cycling trails, the Tualatin River, Hagg Lake, Tillamuck State Forest, and state parks.
4. **Scottsdale Convention & Visitors Bureau**
Scottsdale's sunny skies and dramatic Sonoran Desert backdrops create the perfect combo for al fresco dining year-round. Plan your getaway today.
5. **Texas Tourism**
Take a tour of Texas. From fair weather fun to friendly locals, we've got it all.
6. **Visit Tucson**
Free yourself in Tucson, a place that beckons you to explore without boundaries and to learn what it is to experience something genuine. 800-638-8350

Hot Spot Travel: Best of the West

(circle 135 or text TRDEC 135 to 41411)

7. **Bellingham Whatcom County Tourism, WA**
800-487-2032
8. **Juneau Convention & Visitors Bureau, AK**
888-581-2201
9. **Mammoth Lakes Tourism, CA** 888-466-2666
10. **Peppermill Resort Spa Casino, Reno, NV**
800-648-6992

Visit the Islands

(circle 501 or text TROCT 501 to 41411)

11. **Aruba Tourism Authority**
Aruba's white-sand beaches, cooling trade winds, and friendly people are just a few reasons why it's One happy island.

Travel the World

(circle 503 or text TRDEC 503 to 41411)

12. **Aurora Expeditions**
Small-ship cruises to Antarctica, Arctic, Scotland, Alaska & the Kimberley Coast. NEW! Small-group trekking adventures to Nepal, Bhutan & Patagonia.
13. **Mexico, Live It To Believe It!**
Mexico has a whole world of elegance and distinction that will make you feel like a king. Come to Mexico. Live it to believe it!
14. **South Africa**
Discover affordable in the adventure capital of the world.



Text TRDEC followed by the category # to 41411

Hotels & Resorts

(circle 504 or text TRDEC 504 to 41411)

15. **Tourism Whistler, BC, Canada**
Experience winter in Whistler. For more about planning your perfect Whistler getaway, call 800-Whistler.

Cruising

(circle 505 or text TRDEC 505 to 41411)

16. **Holland America Line**
Call 877-SAIL HAL to enter to win a Holland America Line Alaska Land+Sea Journey and receive your free Alaska vacation guide.

Traveler Getaways

(circle 507 or text TRDEC 507 to 41411)

17. **Active Adventures**
Offering a variety multi-activity adventures in New Zealand, Peru, Patagonia, Ecuador and the Galapagos Islands, and the Himalayas.
18. **Adventure Life**
Offering private journeys and small group tours that go beyond the ordinary. Transform your travels into what they should be—inspiring, authentic.
19. **Africa Adventure Company** 800-882-9453
20. **Anthony's Key Resort**
Roatan, Bay Island's best overall value from \$1079pp/dbl. Dive, snorkel, swim with dolphins, horseback ride, or hike in this Caribbean paradise. 800-227-3483.
21. **Asia Transpacific Journeys** 800-642-2742
22. **Borton Overseas**
Borton Overseas is a tour operator specializing in Africa, Scandinavia and small ship cruises, including Antarctica and Patagonia.
23. **Boundless Journeys**
Outstanding travel experiences for people with an adventurous spirit. Worldwide adventure tours, ranging from wilderness treks to cultural journeys.
24. **Costa Rica Experts** 800-827-9046
25. **Deeper Africa** 888-658-7102
26. **Lake George Area in New York's Adirondacks**
Four great seasons, one outstanding destination! Revel in the authentic and diverse! FREE 2013 Travel Guide!
27. **Mountain Lodges of Peru**
First class lodge-to-lodge trek along the Salkantay Inca Trail to Machu Picchu (7 days-6 nights Cusco to Cusco).
28. **Tara Tours** 800-327-0080
29. **The Wayfarers Walking Vacations Since 1984**
800-249-4620
30. **Wilderness Travel** 800-368-2794
31. **Wildland Adventures** 800-345-4453
32. **Zegrahm Expeditions**
Weaving together the world's most inspiring and remote destinations—on all seven continents—into unique, all-inclusive itineraries.



For instant access, visit us online at ngt-travelinfo.com



The
Professional's
Source



TOOLS FOR CREATION

420 9th Ave. at 34th St.
New York, NY 10001

212-502-6363

BandH.com

Range Rover

(Continued from page 94)

I pass the Geronimo Surrender Monument. Tumbleweeds blow across the road. Back toward the Chiricahuas the hamlet of Portal blips by. As I round a corner, Cave Creek Canyon opens wide with yellow cliffs flanking the road. Slabs of orange rock jut skyward over foothills mottled with pine, juniper, and oak trees. Caves pock the cliffs, which frame distant snowy peaks.

"OUR HOODOOS are more angular than those in Chiricahua National Monument," says Reed Peters in the library-like lobby of his Cave Creek Ranch lodge, outside Portal. His face is angular, too, and his local knowledge deep, imparting a sense that he forms part of this place. He's explaining how this region marks the overlap of plants and animals from the Rocky Mountains, the Sierra Madre, and the Sonoran and Chihuahuan Deserts. "This is why," he says, "the area has the greatest diversity of reptiles, bats, butterflies, and birds of any land on the continent." Some 165 bird species have been spotted at the ranch.

That richness has kept fellow guest Narca Moore-Craig, an accomplished artist who lives in Portal, busy for some 20 years. She's a diminutive outdoorswoman, fortified in hat and gloves

that block the sun. "One spring I saw several Chiricahua Apache coming out from the South Fork Trail carrying drums," she tells me as we chat near red hummingbird feeders shaped like saucers. "I asked what they were doing. They said they were drumming for their ancestors."

Late spring, she goes on, is also when bird-watchers flock to Cave Creek Canyon to search for elegant trogons, which fly north from Mexico and Central America and nest in cozy cavities here, like those in the twisting branches of the mottled sycamores lining the streambeds.

All the while she talks, I can't take my eyes off the hummingbirds darting around the feeders. Noticing my trance, Peters brags that 14 hummingbird species visit the Chiricahuas. "Some blue-throated hummingbirds, which are listed in bird books as migrants," he says, "have become year-round residents."

As I sit on a bench near the feeders, mesmerized by the acrobatic flights of these creatures, I can understand their decision to stay in this exquisite canyon. "You be careful," Peters says. "You might be lured to stay here, too."

APRIL ORCUTT, a lover of the open road, has owned four Volkswagen buses. **KRIS DAVIDSON** shot a Florida Keys drive for the December 2012/January 2013 issue.

THE INSIDER

Cochise County, Arizona

WHERE TO EAT

At 1880s-style **Big Nose Kate's Saloon** in Tombstone, menu items such as the Madame's meat-lover pizza pay naughty tribute to Kate, Doc Holliday's girlfriend and a local prostitute. **Margie's Corner Cafe**, near Pearce, feels like Margie's kitchen table (in a good way).

Portal Peak Lodge, Store & Cafe offers Mexican food, beer, hard lemonade, and books by locals.



A hummingbird at Cave Creek Ranch

WHERE TO STAY

Cochise Stronghold B&B has a casita, a ten-person yurt, and a secluded yurt for meditation. Breakfast means mesquite pancakes or chiles rellenos soufflé. Down the road from Johnny Ringo's grave, **Sunglow Ranch's** upscale casitas feature hand-painted murals of endemic wildlife like butterflies and geckos. Adventure options range from mountain biking to hot-tubbing. Knotty-pine and stone walls enhance the rustic appeal of **Cave Creek Ranch**, where rooms come equipped with kitchens, and maps and guidebooks fill the lobby.

WHEN TO GO

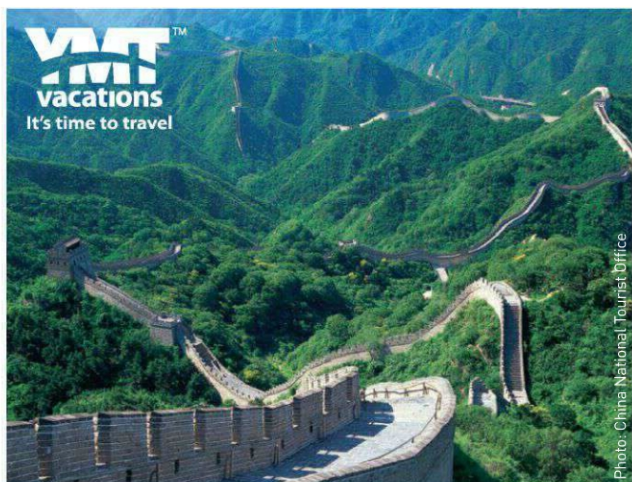
Visit in winter for sandhill cranes, late summer for hummingbirds, and spring for wildflowers. Pack for unpredictable weather conditions.

WHAT TO READ & WATCH

Birds of Southeastern Arizona, by Richard Cachor Taylor, is an innovative field guide that plots species by elevation. In the classic Western flick **Broken Arrow** (1950), Jimmy Stewart negotiates peace between settlers and the Apache. The movie is based on Elliott Arnold's novel **Blood Brother**, which was inspired by county history.


TRAVELER

GETAWAYS

THE ESSENTIAL GUIDE FOR PLANNING YOUR NEXT JOURNEY


Legendary China and Yangtze River Cruise

Thirteen-day adventure including: Beijing; Tiananmen Square; the Forbidden City; Summer Palace; and "Birdsnest" Olympic Stadium. Visit a section of The Great Wall of China at Mutianyu; Xi'an, home to the world-famous Terracotta Army; Chongqing, and see the giant pandas at the zoo; and Shanghai with a trip to the top of the Jin Mao tower.

Plus, enjoy a three-night Yangtze River Cruise. See the Three Gorges and its 1.5-mile-wide dam, plus three included shore excursions. Departs March-May 2014. From \$1799 per person, double occupancy. Plus \$299 tax/service/government fees. Airfare is extra.

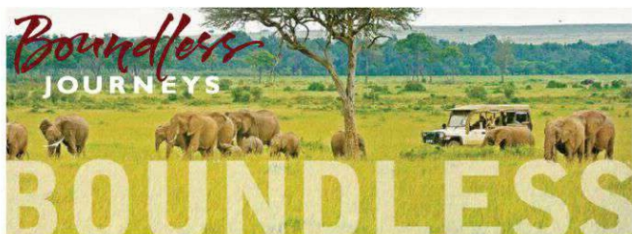
800.736.7300



Life-Changing Experiences, All-Inclusive Adventures

Zegrahm Expeditions weaves together the world's most inspiring and remote destinations—on seven continents—into one-of-a-kind itineraries. Accompanied by a team of experts from marine biologists to archaeologists, our 100-guest small-ship expeditions provide a comprehensive look at an entire region. Our overland adventures, accommodating between 12 and 24 travelers, offer an in-depth exploration of a single destination. In 2014, you could be immersing yourself in the local culture and underwater wonders of New Guinea; trekking to see mountain gorillas in their natural habitat in Uganda; and savoring Sicily's renowned food, wine, and architecture on a two-week adventure in the Mediterranean.

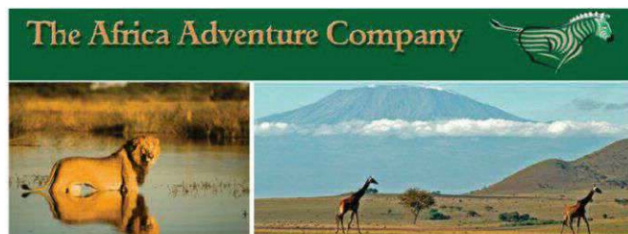
zegrahm.com 800.628.8747



The World's Great Adventures

Voted as a "World's Best" Tour Operator, our passion is to create outstanding travel experiences for people with an adventurous spirit. We offer worldwide adventure tours featuring experiences ranging from cultural walking journeys to wilderness treks to African safaris.

boundlessjourneys.com 800.941.8010



Picture-Perfect Photographic Safaris

Join one of our 2014 photographic group departures to Botswana, Tanzania, Uganda, or Zimbabwe! Or contact us for quality custom family safaris, honeymoon getaways, privately guided trips, and independent travel to Africa's Top Wildlife Countries.

Africa-Adventure.com 800.882.9453



Award Winning. Private Journeys. Expedition Voyages.

Travel should inspire, it should be authentic, and it should reflect your passion and personality. Providing this is the driving force at Adventure Life. Travel with us goes beyond the ordinary by connecting with local people who share their hospitality with us, by sometimes getting a little muddy to gain a new perspective, and by daring to make the journey to the world's most far-flung places.

You are the key to what we do at Adventure Life. Bring your personality to your adventure; build it into your travels. We're here to help you do just that and transform your travels into what they should be—inspiring, authentic, and completely you.

Adventure-Life.com 800.344.6118



Award-Winning Adventure Travel

A pioneer in adventure travel, GeoEx offers group and custom trips to the world's most astonishing places. GeoEx's award-winning staff is at the ready to handcraft a private journey especially for you, filled with personalized details, special-access visits, and imaginative touches that suit your individual wanderlust.

Wondering where to go in 2014? GeoEx answers with creative travel experiences in far-flung destinations, whether you're discovering them for the first time or reveling in new ways to explore more familiar locales.

geoex.com 888.217.0990

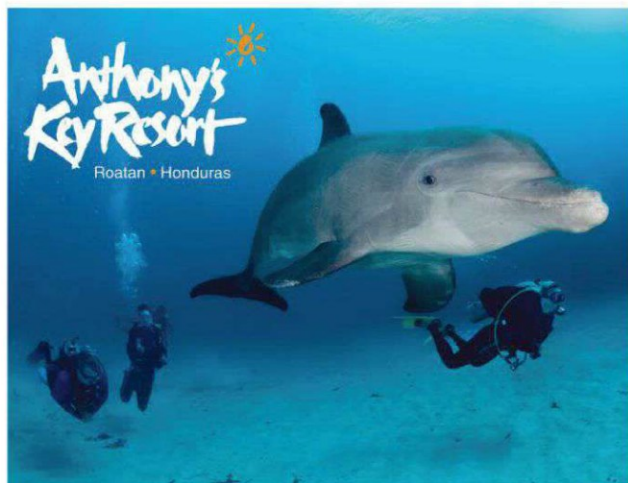


New Zealand's Ultimate Adventure

Active Adventures operates outstanding adventure vacations in New Zealand, sharing our favorite and most spectacular places, making all-inclusive, small-group adventure travel easy. We're New Zealand-based so we know the country like the back of our hands, making sure you experience a sense of challenge and achievement in an active and adventurous manner.

With seven different vacations around New Zealand to choose from, anywhere between eight and fourteen days in length, including our renowned Ultimate South Island Adventure "Rimu" trip, our team of local guides and expert trip leaders ensure our Kiwi hospitality stays legendary and personal, producing a trip of a lifetime every time.

activeadventures.com 800.661.9073



An Island Adventure Like No Other

On the island of Roatan just off Honduras's coast, Anthony's Key Resort is a tropical wonderland that thrills nature and adventure lovers alike. Pristine beaches and barrier reefs, hillside bungalows, and outdoor dining offer guests incredibly scenic views and a perfect disconnection from everyday life.

As a PADI Five Star facility, let our state-of-the-art fleet and knowledgeable crews transport you to unique drop-offs where you'll encounter coral, rays, and shipwrecks. Swim and snorkel with dolphins. Discover great hiking, sea kayaking, and horseback riding. Or simply enjoy the tranquility on a hammock under the palms. Book your stay now!

anthonyskey.com 800.227.3483



Four Great Seasons, One Outstanding Destination!

When the temperature starts to drop, lakes freeze, mountains get covered in snow, and a special excitement fills the frosty air. It's winter in the Lake George Area in New York's Adirondacks! Experience some of the best downhill skiing, miles of cross-country skiing and snowshoe trails, lakes for ice fishing, and hundreds of miles of groomed snowmobile trails, plus skating, snow tubing, winter events, and many more winter activities!

Get cozy in a rustic or romantic lodge, B&B, or cabin, or have family togetherness and enjoyment at a full-service resort or hotel. Not crazy about winter? Plenty of cultural activities and shopping options await those who need a cure for cabin fever!

VisitLakeGeorge.com 800.365.1050 X471



Catch of the Day

Explore the new Pensacola Beach Eco Trail and you just might see the remarkable Black Skimmer at work, hunting along the sparkling white beaches judged to be the best in the world. These unusual birds graciously share their playground with visitors. Birdwatchers can also spot a number of other species including plovers, pelicans, sanderlings, osprey, and more.

The Pensacola Beach Eco Trail is the perfect way to discover the extraordinary natural beauty of our island. Learn more at VisitPensacolaBeach.com/Eco-Trail.

VisitPensacolaBeach.com 800.635.4803



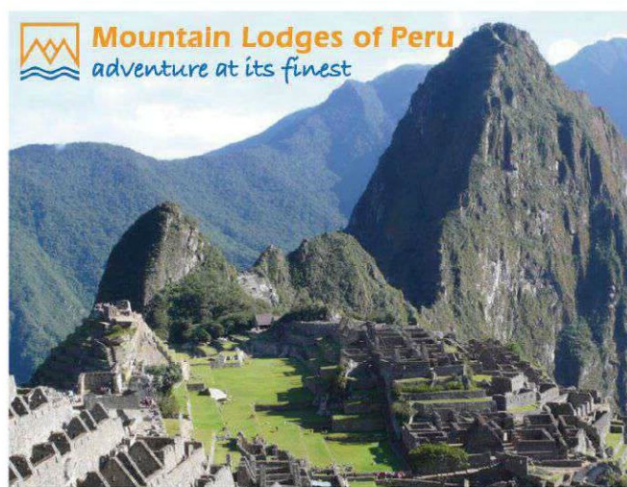
Experience an Adventure of a Lifetime

From the very start, Aurora Expeditions had a passion for adventure, exploring wild places, and sharing the experience with friends. More than two decades later, that pioneering spirit burns just as brightly, as does our preference for small-group, personal expeditions.

Join us on a voyage of a lifetime to some of the world's most remote and wild places including Antarctica, Spitsbergen, Greenland, Scotland, Alaska, Ecuador, Kimberley Coast, and Papua New Guinea.

BRAND NEW for 2014/15 are small-group trekking adventures to Nepal, Bhutan, and Patagonia. Order our brochure online now!

auroraexpeditions.com.au ngt@auroraexpeditions.com.au

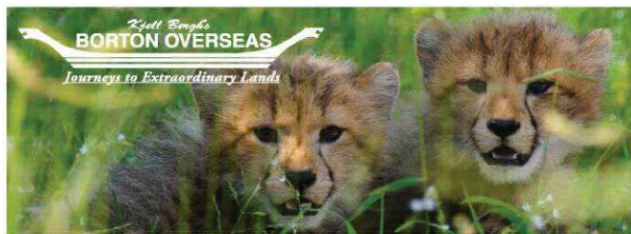


Experience Macchu Pichu Like Never Before

On this seven-day, fully guided adventure from the base of spectacular Mount Salkantay to Macchu Pichu, you'll trek through 15 biozones, traverse a mountain pass at 15,340 feet, see the convergence of three rivers, discover villages where locals maintain age-old traditions, and witness the majesty of Machu Picchu, the crown jewel of the Inca Empire.

Best of all, you'll travel from lodge to lodge along uncrowded trails in areas so remote that your only company may be a mighty condor. Your only task on this journey of a lifetime is to follow in the footsteps of the Inca. Reserve your space now.

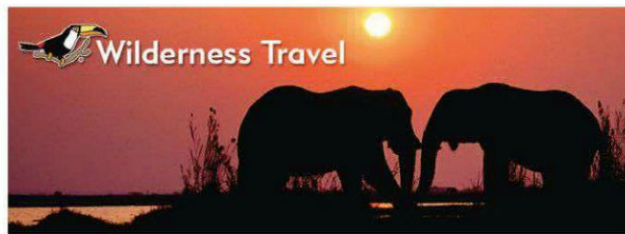
mountainlodgesofperu.com 877.491.5261



Traditional Tanzania Safari

Engage your inner explorer! Join this small group safari (maximum 10) for the perfect balance of experiences. Famous sights to off-the-grid, boutique lodges to seasonal camps, remote wilderness to traditional cultures. Monthly departures.

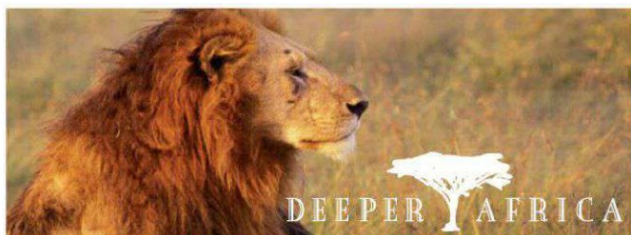
bortonoverseas.com 800.843.0602



Botswana—A Wildlife Wonder

Witness herds of elephants gathering along the Chobe River at sunset, see the famous stalking lions and spotted hyenas of Savute, savor the good life in private mobile camps, and at safari's end, experience the thundering majesty of Victoria Falls. Join us!

wildernesstravel.com 800.368.2794



Explore the Serengeti

No fences, no settlements, just a perennial migration of wildlife that stretches over a thousand miles in Tanzania and Kenya. The Serengeti remains the greatest wildlife show on the planet. Explore it with the best.

deeperafrica.com 888.658.7102



Amazon River Cruise

Experience the Amazon like never before—on an Amazon River Cruise with Tara Tours. From US\$1790 per person for seven nights, this package includes all excursions, local airfare, guides, and more.

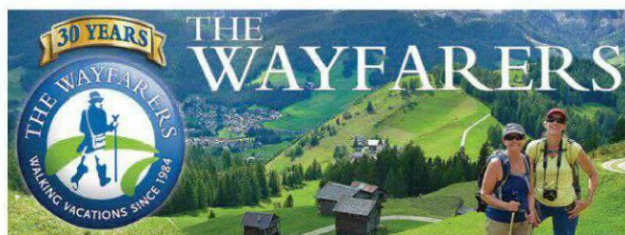
taratours.com 800.327.0080



Custom Costa Rica Adventures

With more than 25 years of experience, we make the difference between a good trip and a lifetime memory. Custom design your vacation to Costa Rica to include adventure, wildlife, and pristine beaches. Explore rainforests, jungles, and volcanoes.

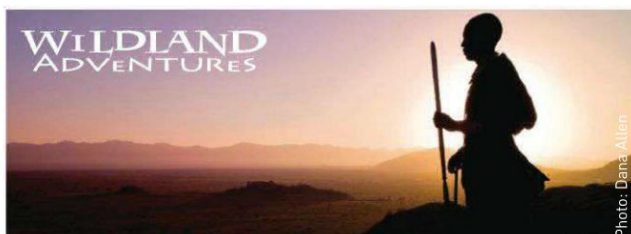
costaricaexperts.com 800.827.9046



Walking—The Ultimate in Slow Travel!

What makes a walking vacation—Wayfarers' style—so special? Fully inclusive, guided, small groups (12 on average). Private/custom trips a specialty. Destinations throughout the United Kingdom, Europe, and beyond. Order your free *Walk Away Guide* today!

thewayfarers.com/ngt/ 800.249.4620



Love Your Next Adventure

Join the adventure of life in faraway places. Feel a sense of belonging with native peoples in their world. Wildland Adventures has been leading the way in ecotourism by pioneering new approaches to more authentic travel without sacrificing style.

wildland.com/NG 800.345.4453

To request additional information from TRAVELER **GETAWAYS** advertisers, please visit **ngt-travelinfo.com**.

An experience your whole family
will be down with.

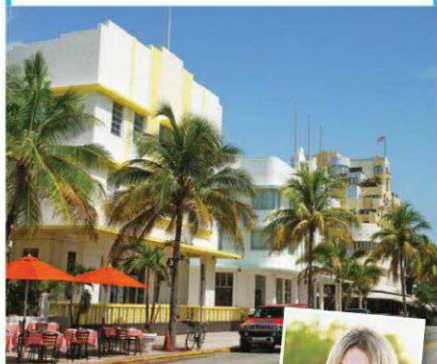


The Florida Keys
Marathon

With warm water, endless sunshine and stunning coral reefs, Marathon is a great place to spend a little down time. fla-keys.com/marathon 1.800.262.7284



CITY SCOOP



Follow
National Geographic's
Urban Insider



From great places to stay to one-of-a-kind experiences to tips from locals in the know, Annie Fitzsimmons, National Geographic's Urban Insider is your cosmopolitan culture connection to great cities worldwide. Follow her blog and twitter @anniefitz

intelligenttravel.
nationalgeographic.com



Sometimes the
world's best are
a flight away,
not a world away.



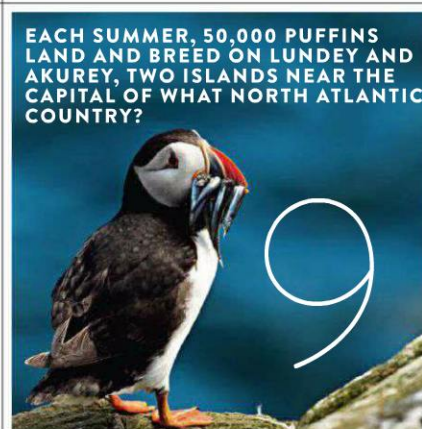
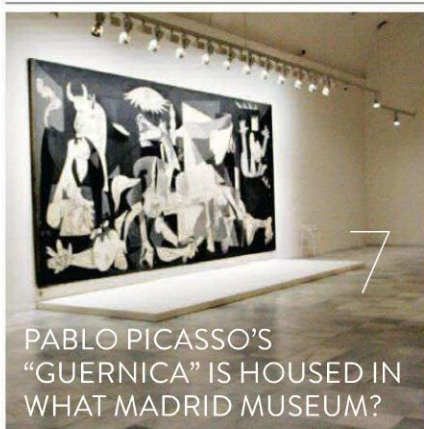
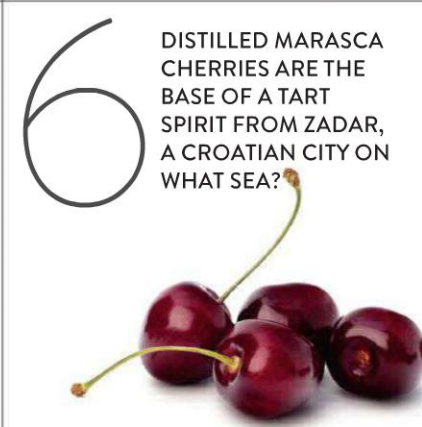
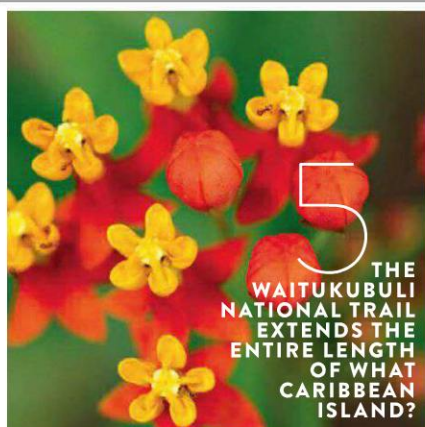
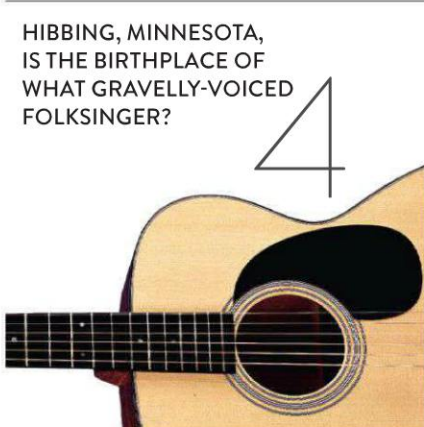
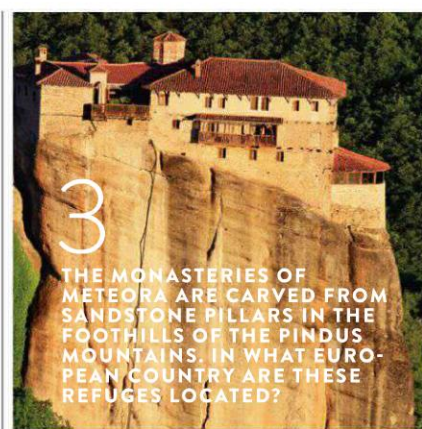
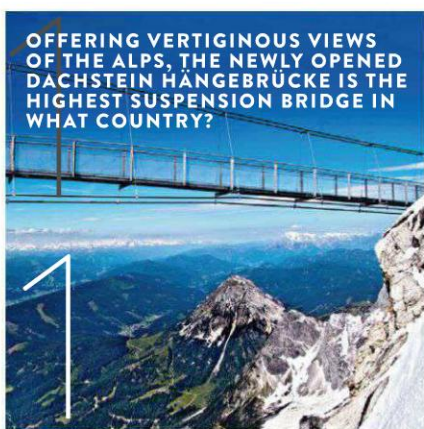
Aruba's pristine, white-sand beaches, recently named among the best in the world on TripAdvisor, are a non-stop flight from many major cities in North America. Book your escape today at aruba.com

© 2013 Aruba Tourism Authority

ARUBA
One happy
island

Test Your Travel IQ

By GEORGE W. STONE



ANSWERS 1. Austria 2. Japan 3. Greece 4. Bob Dylan 5. Dominica 6. Adriatic 7. Museo Nacional Centro de Arte Reina Sofía 8. Arizona 9. Iceland

PLANAI (BRIDGE), DE AGOSTINI/GETTY IMAGES (MASC), GEORGESCU GABRIEL/SHUTTERSTOCK (BUILDING), C. F. MARTIN & CO. (GUITAR), AURORA SHIRLEY/ALAMY (FLOWER), NATTIKA/SHUTTERSTOCK (CHERRIES), PAUL WHITE/AP IMAGES (PAINTING), ALAN ENGLISH (WIND BELL), MARK MEDCALF/SHUTTERSTOCK (PUFFIN)

Volume XXX, Number 7, National Geographic Traveler (ISSN 1047-0922) is published eight times a year (February, April, May, June, August, October, November, December) by the National Geographic Society, 1445 17th St. N.W., Washington, DC 20036. \$19.95 a year, \$4.99 a copy. Periodicals postage paid at Washington, D.C., and at additional mailing offices. POSTMASTER: Send address changes in U.S. to National Geographic Traveler, P.O. Box 378, Washington, DC 20047. Outside the U.S., send address changes to National Geographic Traveler, P.O. Box 447, Stamford, CT 06402. Payment in U.S. dollars only. We occasionally make our subscriber names available to companies whose products or services might be of interest to you. If you prefer not to be included, you may request that your name be removed from promotional lists by calling 1-800-NGS-UNITE (647-5463). To prevent your name from being made available to all direct mail companies, contact: Mail Preference Service, c/o Direct Marketing Association, P.O. Box 9008, Farmingdale, NY 11735-9008.

 SILVERSEA®

AN UNCHANGED WORLD

THAT CHANGES YOU.

INTRODUCING SILVER GALAPAGOS

Uncommon sights. Unrivaled excellence.
Experience a new species of adventure travel.

 SILVERSEA
EXPEDITIONS®

1-888-990-0917 | SILVERSEA.COM/SILVERGALAPAGOS

TRINIDAD **OR** TOBAGO?



Best-in-class highway fuel efficiency **and** 7-passenger seating.*

*And is better. The 2014 **EXPLORER**.*

Only Ford gives you EcoBoost® fuel economy and a whole lot more. ford.com



Go Further

*EPA-estimated rating of 20 city/28 hwy/23 combined mpg, available 2.0L FWD. Actual mileage will vary. Class is Large Utilities, Non-Hybrid vs. 2013 competitors.